

Meals on Wheels Lunch Menu Nov 2025

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Chicken Enchiladas Spanish Rice Refried Beans Rosy Applesauce	Beef Pot Roast Scalloped Potatoes Peas Mandarin Oranges	BBQ Chicken Oven Roasted Potatoes Green Beans Canned Pears Dinner Roll	Hamburger Steak w/ Onions Cheddar and Bacon Potatoes Cauliflower Pineapple Dinner Roll	Baked Flounder Chicken Philly Steak Sandwich Roasted Redskin Potatoes Carrots (A) Fresh Mango Dinner Roll
10	11	12	13	14
Orange Chicken Rice Pilaf Stir Fry Vegetables Vegetable Egg Roll Rosy Applesauce	Smothered Pork Chop Scalloped Potatoes Mixed Vegetables Mandarin Oranges Dinner Roll	Beef Cube Steak Oven Roasted Potatoes Green Bean Casserole Canned Pears Dinner Roll	Bacon-Wrapped Pork Cheddar and Bacon Potatoes Brussel Sprouts Pineapple Dinner Roll	Tilapia (or) Reuben Sandwich Roasted Red Potatoes Harvard Beets Fresh Mango Dinner Roll
17	18	19	20	21
Glazed Ham Balls Cheesy Hashbrown Casserole Harvard Beets Rosy Applesauce Dinner Roll	Swiss Steak Scalloped Potatoes Peas Mandarin Oranges Dinner Roll	Butterfly Shrimp Oven Roasted Potatoes Green Beans Canned Pears Dinner Roll	Beef Taco Salad (or) Refried Beans Spanish Rice Pineapple Cake	"PIZZA DAY" Cheesy Bread Stick Side Salad Fresh Mango Apple Crisp
24	25	26	27	28
BBQ Pork Ribs Cheesy Hashbrown Casserole Harvard Beets Rosy Applesauce Dinner Roll	Popcorn Shrimp Cocktail Sauce Scalloped Potatoes Peas Mandarin Oranges Dinner Roll	Hamburger Oven Roasted Potatoes Country Green Beans with Bacon & Onion Canned Pears Carrot Cake with Cream Cheese Frosting	Ham & Cheese Slider Cheddar and Bacon Potatoes Cauliflower Pineapple Blueberry Cobbler	Breaded Cod Philly Steak Sandwich on Hoagie Roasted Redskin Potatoes Carrots (A) Fresh Mango Dinner Roll

Important Information Regarding Lunch Orders

Please note the following guidelines for all lunch orders:

Pickup Time: All lunches are available for pickup at **11:30 AM**.

Included Soup of the Day: Each lunch order includes a bowl of the soup of the day

Included Dessert: Each lunch order includes a complimentary dessert.

Substitutions: Substitutions for meal components may need to occur based on availability of items listed.

Invoicing for Scheduled Meals: For meals that are pre-scheduled, invoices will be issued at the end of the month.

Payment for Single Meals: If ordering only one meal, payment is required at the time of pickup.