HSA Expense Items

List of Items covered under the Health Spending Account

Dental

- Any dental services: Exam, oral hygiene, x-rays, dental repairs, fillings, crowns, major restorative procedures, dentures, oral surgery. Expenses for purely cosmetic procedures are not eligible.
- Orthodontic work: Braces, Invisalign, retainers, and oral appliances. Expenses for purely cosmetic procedures are not eligible.

Procedures and Treatments

- Cosmetic surgery: Must be deemed necessary for medical or reconstructive purposes. Cosmetic procedures are not eligible.**
- Covid tests: Must be processed by a lab or pharmacy.
- Electrolysis: Only amounts paid to a licensed medical professional are eligible. Cosmetic procedures are not eligible.**
- Fertility-related medical treatments: Expenses for fertility assessment or treatment provided by a medical practitioner, public hospital, or licensed private hospital. This may include fertility procedures, diagnostic testing, and prescription medications related to fertility treatment.

Prescriptions and Medications

- Prescription medication: Any prescription medication dispensed through a licensed pharmacist. Over-the-counter medications are not eligible
- Medicinal cannabis (No recreational purchases)*
- Vaccines

Vision

- Prescription eyewear, sunglasses or contact lenses*
- Laser eye surgery
- Multiple allowable vision expenses
- Eye exams and procedures: Provided by an Optician, Optometrist, or Ophthalmologist

Procedures and Treatments

- Medical services provided outside of Canada: Amounts paid to a medical practitioner or hospital. Receipts must be translated into English, and the claim amount must be entered in Canadian Dollars.
- Tests: Laboratory tests, MRI, ultrasound, x-rays, etc.*
- Treatment centre : Required for a person addicted to drugs, alcohol or gambling.**

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Durable Equipment

- Air conditioner: $1,000 or 50% of the amount paid for the air conditioner, whichever is less, for a person with a severe chronic ailment, disease, or disorder.**
- Cane or walker*
- Any equipment or device deemed medically necessary and specifically prescribed for the treatment of a medical condition.**
- Assistive computer devices: For people who are blind, including braille displays, screen readers, input devices, and accessible keyboards.*
- Baby breathing monitor*
- Breast pump and accessories*
- Bathroom aids: Bath, shower, and toilet mobility aids*
- Compression stockings and support hose*
- CPAP: Continuous positive airway pressure devices and accessories*
- Diabetic supplies and devices: Sensors, lancets, test strips and monitors.
- Ergonomic work chair: For individuals with severe and prolonged physical impairment. This includes the cost of an ergonomic assessment performed by a registered professional.**
- Hearing aids: Hearing aids or personal assistive listening devices, including repairs and batteries.
- Heart monitoring devices: Including repairs and batteries
- Hospital bed: If required in home.*
- Incontinence supplies: Catheters, catheter trays, tubing, diapers, and disposable briefs.
- Ileostomy and colostomy supplies
- Lift (power operated): To lift a wheelchair into a vehicle or to access different areas of a building *
- Needles and syringes*
- Orthopaedic braces: Ankle, knee, back, wrist, etc.
- Orthopaedic shoes, boots, and inserts*
- Oxygen and equipment*
- Prosthetics: Artificial eye, limb, or breast prosthesis
- Renovation expenses: Specifically required for person with mobility impairment**
- TENS/Electrotherapy devices*
- Wheelchair, scooter or crutches
- Wigs*

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Professional Services

- Acupuncturist: (R.Ac.)
- Anesthesiologist
- Athletic therapist (must show professional registration number)
- Audiologist
- Chiropodist
- Chiropractor (DC)
- Dermatologist*
- Dietitian or Nutritionist (registered)
- Gynecologist Ob. Gyn
- Homeopath (registered)
- Kinesiologist
- Massage (must be provincially registered)
- Mental health professional: Registered Clinical Counsellor (RCC, CCC), Psychiatrist (C.Psych), Psychoanalyst, Psychologist (PsyD), Psychotherapist (RP), Social Worker (RSW, MFT)
- Midwife
- Multiple allowable professional services
- Naturopaths (ND)
- Neurologist
- Nurse (RN, LPN, NP)
- Occupational Therapist
- Orthopedist
- Osteopath (must be provincially or nationally licensed and registered)
- Pharmacist
- Physician (MD), Paediatrician, Podiatrist (DPM), Surgeon
- Physiotherapist (B. PhysT, B. ScPhysio, B. Physio, CPTA)
- Plastic Surgeon: non-cosmetic procedures only**
- Prosthetist
- Respiratory Therapist
- Speech Language Pathologist (SLP)
- Traditional Chinese Medicine Practitioner (TCM)

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Miscellaneous Allowable

- Ambulance services
- Doctor's note: Expenses paid toward forms, notes or paperwork completed by a doctor.
- Gluten-free products: the incremental cost of buying gluten-free food products (the cost of the gluten-free product minus the cost of similar products with gluten).**
- Health and dental insurance premiums: Amounts paid towards health, dental, or travel health premiums (e.g., Canada Life, Blue Cross, Sun Life). No critical illness, accidental death or dismemberment, life, or disability premiums.
- Home attendant care or care facility fees**
- Hospital bills: Expenses paid to a public or private hospital. Parking fees are not eligible.
- Medically necessary travel expenses 40-80 km: The cost of public transportation expenses (e.g., taxis, bus, or train) for medically required travel when a person needs to travel at least 40 km (one way), but less than 80 km, from their home to receive medical services. (Completed myHSA travel form required with submission)
- Medically necessary travel expenses (80 km or over): eligible expenses may include parking, meals, and accommodations. Completed myHSA Travel Form is required with your claim submission. For Travel form and eligible expenses follow **this link**

  For further clarification, contact **adjudicator@getmyhsa.com.**
- Private healthcare: The cost of membership fees, block fees, or access fees paid to a private medical clinic.
- School for persons with a mental or physical impairment: An appropriately qualified person, such as a medical practitioner or the head of the school, must certify in writing that the equipment, facilities, or staff specially provided by that school are needed because of the person's physical or mental impairment.
- Service animal: The cost of an animal specially trained to assist a person with a qualifying severe impairment.**

Remaining Balance After Insurance

- Attach providers Explanation of Benefit (EOB) this category is for expenses that were submitted to insurance first and you are now claiming the remaining out-of-pocket expense. Please include the Explanation of Benefits (EOB) from your insured plan.

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