

The John Jones 1 Mile Dash					
Position	First Name	Last Name	Team Name	Age	Time
1	Lasantha	Lhalakandage		36	00:04:32
2	Sarah Louise	Cumber	Halifax Harriers & AC	51	00:05:16
3	Robert	Sparks		46	00:05:53
4	Sol	Clark		7	00:06:16
5	Geoff	Cumber	Halifax Harriers & AC	75	00:06:59
6	Susan	Greenwood	Sowerby Bridge Snails Running Club	52	00:09:56