

ARUNDEL ROAD, GREENSLEEVES, 4 MILL ROAD and THE
HIVE Newsletter Summer 2021



Welcome to our Summer Newsletter. If you have any suggestions for items or any news stories that you would like to see in the next edition then please let me know.

Although lockdown is easing Coronavirus (Covid-19) continues to be part of our lives so we must all remember that washing our hands is the easiest ways to protect yourself and others from illness.



News from Arundel Rd

Both residents and staff have been thoroughly enjoying walks to the local parks and seafront. We have also been fortunate to have been having picnics in the garden.



With lockdown easing many of our residents have embraced the chance of returning to the shops for their personal shopping items.



Last weekend staff arranged a BBQ in the garden. This event always brings great excitement to the house.

We have also been growing tomatoes and Russell could not wait to eat them.



News from Greensleeves

Lots of the residents attended the recent screening of 'Beyond the Disco - The Documentary' at Cineworld recently. They really enjoyed going out for the evening.



Greensleeves have had a very successful year growing runner beans and Rosslyn helped to pick them for dinner. Wow they look incredible.



News from 4 Mill Road

Residents have been enjoying getting out and about more and are trying to do more exercise.

Piers went on a bike ride along the seafront.



Christina has been to the Cinema to see Jungle Cruise - she loves going to the cinema.



Rosie and Piers attended the Official Opening of 'Eastbourne Snapshot 2020' and Rosie wrote a speech. Karen and Rosie have both returned to their voluntary work placements at PDSA and Lesley has gained a placement working voluntarily at Age Concern and is really enjoying working as part of a team.

Kelly invited Lesley and Karen for her birthday day out on a trip to Hastings for the day.



Several residents have been going swimming on Sundays, at The Blue Lagoon in Hampden Park, where they hire the pool to themselves. There is usually also a trip to the pub at the weekends too.



News from The Hive

As part of our nature and wildlife workshop Dom brought in a few of his pet Chinese oak silk moths. One afternoon Kate brought in her pet and good friend Millie.

As part of my nature and wildlife workshop I brought in a few of my pet Chinese oak silk moths. These giant moths are native to China and recently emerged from their cocoons. People had a great time handling and learning about them, especially Natalie!



Below are some of the many photos taken during our weekly trips to Polegate Equestrian Centre for routine horse grooming workshops. We always have a brilliant time at the stables, feeding and grooming these brilliant animals.





A couple of photos taken in Gildridge Park. We headed out on a beautiful sunny day and saw many plants and animals. Some of the highlights were the local squirrel population, dragonflies, tadpoles and butterflies. Max was busy on the hunt for a wild pig, while David was enjoying the scenic views. After exploring the park we stopped for a well earned ice cream and a drink.



Events

We held a fantastic opening party for the "Eastbourne Snapshot 2020" art exhibition proudly launched by Eastbourne Mencap service users.

THANK YOU, THANK YOU, THANK YOU FOR ALL YOUR SUPPORT





UPCOMING BIRTHDAYS

JILL 21st August

NICKI 03rd September

