

MOCO Dad Cafe

with certified facilitator Alexis Thomason

Wednesday
July 17th, 2024
at 6pm

At Rockville Memorial Library
Held in Meeting Room 1

- Whether you identify as machismo, metro, mocha, mindful, mighty, melodramatic or simply magnificent in your #dadication...
- All Fathers and Father-Figures are welcome! No part left out, bring ALL of yourself to this safe Dad space!
- This month's dialogue is about how to be more present and mindful in your parenting. #Dadication.

For more info call: 202-656-5616
or Email: ceo@noblemaat.com



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