



Code of Ethics

Trust is the most vital component of our work together. To protect the integrity of your journey, I operate under the IAPRC Code of Ethics. These principles serve as our pledge to you: they ensure that you are treated with unwavering respect, that your privacy is held sacred, and that our focus remains entirely on your well-being and success. This ethical commitment is the 'Safe Harbour' in which your transformation can unfold.

1. Professional Conduct & Integrity

I will maintain the highest standards of professional conduct. This includes being truthful about my qualifications, expertise, and certifications. I will conduct myself in a manner that reflects positively on the recovery coaching profession and avoids any conflict of interest.

2. Confidentiality & Privacy

I am committed to protecting your privacy. All information shared during our sessions will remain strictly confidential, except where disclosure is required by law (such as a threat of harm to self or others or illegal acts). I will obtain your written consent before releasing any information to third parties.

3. Respect & Inclusion

I will treat every client with dignity, regardless of their background, lifestyle, or recovery path. My coaching practice is built on a foundation of inclusivity, and I will remain sensitive to the diverse experiences and cultural identities of those I serve.

4. Clear Boundaries & Professional Relationship

I will establish and maintain clear, appropriate boundaries. This ensures our relationship remains focused on your progress. I will not engage in any personal or business relationships outside of our coaching agreement that could impair my professional judgment or exploit the coaching relationship.

5. Client Autonomy & Empowerment

I recognize that you are the ultimate authority in your own life and recovery. My role is to support your choices and foster your self-determination, rather than imposing my own beliefs or specific pathways upon you.





6. Conflict of Interest

I will immediately disclose any potential conflict of interest and will withdraw from the coaching relationship if a conflict arises that could compromise my objectivity or your progress. Your best interests are always the priority.

7. Continuous Professional Development

I am committed to my own ongoing education and growth. I stay current with the latest evidence-based practices in recovery and life coaching to ensure I am providing you with the highest quality of support and expertise.

8. Professional Responsibility to the Profession

I will act in accordance with the laws of my jurisdiction and the ethical standards of the coaching community. If I believe a client's needs fall outside my scope of practice (such as a need for clinical therapy or medical intervention), I will provide the appropriate referrals to ensure your safety and well-being.

