



Envisioning Enquiry: What to Expect

The **Envisioning Enquiry** is a dedicated space to step out of the "daily grind" and look at the big picture. This isn't just a planning meeting; it's a creative, high-energy deep dive into what is possible.

The Goal

By the end of this session, we will have transitioned from a **diffused sense of 'what's next'** to a **vivid, resonant landscape** of the path ahead. Our shared purpose is to identify the **'True North'**—that internal compass point that informs exactly what needs to happen next.

Example of How the Session Flows

We typically follow a three-act structure to ensure we cover both the dream and the reality:

1. **The Horizon Expansion:** We **broaden the landscape** to notice what is already there and what is waiting to emerge. This is an invitation to explore without restriction. Ask **'What if?'** to open up new territory, rather than **'How?'**, which often narrows the view too soon.
2. **Values Alignment:** We resonance check the vision. Does this goal actually resonate with who you are, or is it something you feel you *should* want?
3. **The Reality Bridge:** We bring the vision back to earth. We identify the very first milestones required to start moving toward that future today.

Shared Stewardship *(The roles in the outcome)*

FEATURE	THE COACH <i>(steward of the space)</i>	THE CLIENT <i>(steward of the vision)</i>
PERSPECTIVE	Offering a "balcony view" to spot emerging themes	Engaging with radical curiosity and authenticity.
FOCUS	Holding the container for "what might be."	Honouring the wisdom of your own experience.
PROCESS	Navigating the flow and rhythm of the enquiry.	Anchoring the session in what matters most.





Preparing for the Session

To get the most out of our time, I recommend a few small steps beforehand:

- **Find a "Quiet Zone":** Ensure you are in a space where you won't be interrupted and feel comfortable speaking freely.
- **The 5-Minute Buffer:** Give yourself five minutes of silence before we start to clear your head of your "to-do" list.
- **Bring an Open Mind:** You don't need a plan—you just need a willingness to explore.

"The best way to predict the future is to create it."

This session is the first step in that creation process. Come ready to be challenged, inspired, and perhaps a little surprised by what you discover.

Investment in Your Transformation

The "Envisioning Enquiry" is a dedicated 90-minute space devoted to exploring the landscape of your goals and identify the next steps that will support your journey. Choosing to invest in **Envisioning Enquiry** is a commitment to your vitality and future self. To honour the momentum you are building, and to create a dedicate space, the following investment applies:

Professional Fees

Service	Investment (excl. Vat)
Envisioning Enquiry – 90-Minute Session	€ 300.00
Applicable vat (23%)	€ 69.00
Total investment	€ 369.00

Terms of Engagement

- **Payment:** To secure your placement, full payment is required prior to our session.
- **VAT:** Value Added Tax is charged at the prevailing rate for ROI-based clients. If you are a business client based in Ireland or internationally, please provide your VAT registration details for appropriate invoicing.
- **The Safe Harbour Guarantee:** Your investment covers a dedicated – 90 Minute session, resources, and interim support, ensuring you have protected space to explore your options without distraction.

