

PowerUP! Newsletter

North Missouri Center for Youth and Families, Inc

October 3, 2025

UPDATES

21st Century Community Learning Center Grant—Updates

A big part of our PowerUP! funding comes from the 21st Century grant. This grant allows us to provide quality afterschool educational and extended learning opportunities for students. Part of the grant process includes an evaluation of our program. This evaluation combines data, survey results, attendance, and several other items. Thank you to those who completed a survey last spring. The PowerUP! program once again received very high marks. If you have suggestions for family engagement or adult family member learning opportunities, please let us know.

As part of the grant, PowerUP! staff is required to attend specific conferences. We are excited to take a group to the MOSAC conference in November. Since so many staff will be gone, **we will be closed November 21.**

Lights On is an afterschool event to let the community know we are keeping the lights on for students after school and giving them a safe place to learn and socialize. **Please join us on October 28 from 4:15 – 6:00 pm.** You can follow your student around to the 5 rotations to see what type of activities students participate in while at PowerUP! A light supper will be served.

Join Remind:

Please make sure you have joined Remind. Remind is our messaging system that allows us to text parents important reminders about pick up or changes in routine. Join Remind: **Text -- @powerup181 to 81010.**

Morning Program:

Just a reminder that we have a before school program from 6:30 am -7:30 am for parents who have to be at work too early for school drop off. See Amanda about enrollment opportunities. **In order to drop your children off at PowerUP! at 6:30 am on full days you must be enrolled in the morning program. Drop off on full days begins at 7:30 am.**

Hiring!

If you know of anyone that would like to be a YPA, please have them go to nmcyf.org, and complete the application on the Join Our Team tab or email a resume and cover letter to director@nmcyf.org

School Year Program

Outlined below is a quick summary of what your child has been working on in each rotation activity.

Learning Center: Miss Denise and Miss Carla

In the Learning Center we have been doing homework with the students daily. Kindergarten works on bingo homework sheets, sight words and sounds and counting 1-20. First grade works on weekly homework packets doing their reading and math in their folders. They also are working on 1st quarter sight words, easy math facts and

Dates to Remember!

- October 23 – Early Dismissal for Chillicothe R II for Parent conferences – PowerUP! will be open
- October 24 – No school for Chillicothe R II – PowerUP! will be open
- October 28 – Lights On, 4:15 – 6:00 pm
- November 21 – **PowerUP! will be closed for the MOSAC conference**
- November 26 - No school for Chillicothe R II – PowerUP! will be open
- November 27, 28 – **PowerUP! will be closed for Thanksgiving**
- **Dec 24-26 – PowerUP! will be closed!**

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practicing their oral reading skills. Second grade reads 15 minutes daily and fills out their reading logs. Third grade has a weekly math worksheet with reading fluency practice on the back. They also read 20 minutes daily and their reading logs. Fourth and fifth graders do daily reading 20 minutes and reading logs. They also complete any other homework they might have from school. We do our best to keep up with each student and their classroom needs.

Art and PE: Miss Kaylynn

Art classes are continuing with a "Pete the Cat" lesson theme. They made Pete with his "4 Groovy Buttons," and used different techniques (watercolor, alcohol markers, watercolor pencil, and metallic colored pencils) to make his 'color changing shoes.' Classes also started the process of using alcohol markers to make miniature faux stained "glass" windows. To close out the month, art students are celebrating school spirit by making Homecoming posters for the parade on October 3rd.

P.E. classes have been outdoors, weather permitting, in our playground area. We have been making good use of our teeter-totters, slides, and sandboxes. Many games of tag, basketball, football, catch, and soccer have been played this month. Students also enjoyed bubbles, sidewalk chalk, and hula hoops.

Centers: Miss Kalee

This month in the Centers classroom, we explored a variety of engaging activities that challenged both our bodies and minds. We played *Kick the Can*, which encouraged teamwork, strategy, and movement while keeping everyone active and involved. In *On Target*, we practiced focus, coordination, and accuracy, working to improve our aim and precision through fun challenges. We also played *Communication Breakdown*, a game that required us to use our senses and collaborate effectively to reach a shared goal. Each activity pushed us to think, move, and work together, helping us build stronger problem-solving skills, cooperation, and confidence along the way.

STEM: Miss Amy

In STEM, we are still finishing our 3-D keychains on our amazing 3-D Printer. The students listened to the story called, "My Mouth is a Volcano" to understand how important it is not to interrupt teachers or classmates. The students observed two different ways to create a volcano eruption and discussed why the eruptions were different. Then the students had a challenge to take all of the toothpaste out of the tube and then put it back in the tube. The students realized that the challenge was impossible. They realized that you need to be careful with your words, because even though you can apologize the words still sting.

The students learned how to program Ozobots. They designed and created their own mazes. They learned how to make the Ozobots go fast, turn, and go through different mazes.

The students also designed and created tables out of different kinds of materials. Each group had to see whose table held the most tennis balls.

The older students were able to use our new cardboard tools. After listening to the story, "How to Catch a Unicorn," by Adam Wallace and Andy Elkerton, students designed a trap to catch a unicorn.

Community Learning Group: Miss Morgan

During the month of September, the students focused on developing the remaining four habits from *The 7 Habits of Highly Effective People*. These included Habit 4: **Think Win-Win**, Habit 5: **Seek First to Understand, Then to Be Understood**, Habit 6: **Synergize**, and Habit 7: **Sharpen the Saw**. Through various activities and discussions, they learned the importance of creating mutual respect in relationships, actively listening before responding, working collaboratively with others to achieve better results, and maintaining balance in their lives by taking care of their body, mind, heart, and spirit. These habits helped the students build stronger interpersonal skills and encouraged a more positive and productive classroom environment.

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