

PowerUP! Newsletter

North Missouri Center for Youth and Families, Inc

March 6, 2026

UPDATES

21st Century Community Learning Center Grant—Updates

We are grateful for all the 21st Century Community Learning Center Grant allows us to offer. We are starting the process of writing the grant for the next 5 years. Part of the grant process is getting input from a variety of people so we will be getting parent and student input on ideas and suggestions. Part of our grant requires us to send out a survey developed by the state to parents, teachers, and district administrators and survey students. You should have received an email with a link for the family survey. If you have not completed the survey yet, [here is a link](#). We do not see these results, but the results are used for our annual evaluation by outside evaluator.

Thank you to all that could participate in our Recess Revival! I think everyone had fun.

The Missouri Subsidy system will be implementing a wait list starting in March if funds are not available. If you are on subsidy, please turn in your renewal when you get your notice so that you do not get put on the waitlist. [Here is a link](#) to information from DESE's Office of Childhood.

Invoices:

Invoices are now being emailed. **If you are not receiving the emails, please make sure we have a current email address.** These invoices will allow you to pay online, but you can also continue to pay with cash or checks.

Join Remind:

Please make sure you have joined Remind. Remind is our messaging system that allows us to text parents important reminders about pick up or changes in routine. Join Remind: Text -- @powerup181 to 81010.

Morning Program:

Just a reminder that we have a before school program from 6:30 am -7:30 am for parents who have to be at work too early for school drop off. See Amanda about enrollment opportunities. **In order to drop your children off at PowerUP! at 6:30 am on full days you must be enrolled in the morning program. Drop off on full days begins at 7:30 am.**

Hiring!

If you know of anyone that would like to be a YPA, please have them go to nmcyf.org, and complete the application on the Join Our Team tab or email a resume and cover letter to director@nmcyf.org

School Year Program

Outlined below is a quick summary of what your child has been working on in each rotation activity.

Learning Center: Miss Carla and Miss Amy

In the Learning Center, we have been working hard on completing homework, IReady lessons, and practicing reading and math skills. The students in the K/1 group have been working on tying their shoes and really making sure they

Dates to Remember!

- March 16, 17 – NO SCHOOL for Chillicothe Schools. PowerUP! will be open.
- April 2 – Chillicothe Schools early dismissal – PowerUP! will be open
- April 3 – NO SCHOOL for Chillicothe Schools. **POWERUP! WILL BE CLOSED!**
- April 6 – NO SCHOOL for Chillicothe Schools – PowerUP! will be open!
- May 15 – Last day of school, early dismissal – PowerUP! will be open.

PowerUP! Newsletter

North Missouri Center for Youth and Families, Inc

March 6, 2026

know their letters and sounds, making CVC words, and their listening skills. We have been playing sight word Bingo, Multiplication and Division Bingo.

Some of the groups were able to dig up old plants and weeds in the garden beds, since it was so nice outside. We are excited for Spring to get here so we can plant seeds to harvest our own food for snacks.

We enjoyed seeing all the parents participate with us with the Big Lego Blocks at After School Recess Revival. We loved how the parents helped their children create hearts that glowed, forts, and small animals.

Art and PE: Miss Kaylynn

Art students spent 2 weeks creating over 100 patriotic Valentine's Day cards for the local VFW. They colored, decorated, drew pictures, and wrote "Thank You" notes to veterans, showing their appreciation for the sacrifices of the brave men and women that served our country with honor. Students also made Love Bugs, constructing individual projects from hearts and other templates.

P.E. students took advantage of the beautiful weather we have been so lucky to have this month by playing outside in the sandboxes and on the equipment. They also played basketball, pool noodle hockey, football, soccer, and tag. Inside P.E. days consisted of musical dots, giant blocks, kinetic sand, brain breaks, gaga ball, and indoor basketball.

Centers: Miss Kalee

This month in the Centers classroom, we focused on social-emotional learning and ways to understand and express our feelings. Students created breathing sticks to practice calming strategies and help them remember to take slow, deep breaths when they feel upset or overwhelmed. We also made a feelings book, where students explored different emotions and talked about times they may feel happy, sad, excited, or frustrated.

Another activity the class really enjoyed was creating a thankful tree. Students shared things they are grateful for and added them to our tree, helping us practice appreciation and kindness toward others.

Of course, we also played one of our favorite games, Kitty in the Corner, which is always a big hit and helps students practice taking turns and working together. Whenever the weather allowed, we spent time outside enjoying fresh air and active play, which the students always look forward to.

It has been a great time learning about feelings, gratitude, and ways to take care of ourselves and others

STEM: Mr. Noah

Continuing from last month, the kids finished up their mini dinosaur unit, learning about their extinction and how we found out about them through fossils. We made a model showing the asteroid impact by throwing a marble into a tub of sand and looking at the crater and the shockwave following. Next, we learned about fossils and became archeologists by sifting through sand and finding dinosaur bones that the kids had to match up to the right dinosaur. Then, we spent a week playing with Rigamajigs to prepare for parent night.

After parent night, we moved to the Winter Olympics. Throughout the month, the kids would have the opportunity to watch multiple Winter Olympic sports and cheer on Team America. We took the time to learn more about curling and the science that goes into throwing the stone and brushing the ice to make the stone go farther. We also learned about bobsledding and fractions of seconds that differentiate first and second. The kids participated in their version of the Olympics through playing Sorry! Sliders for curling and racing against each other using marble runs for bobsledding.

PowerUP! Newsletter

North Missouri Center for Youth and Families, Inc

March 6, 2026

To round out the month, we took the time to learn about two Black scientist inventors for Black History Month. We learned about George Washington Carver and how he found multiple uses for peanuts, and Lonnie Johnson, the inventor of the Super Soaker. To think and act like inventors, the kids were tasked with finding different uses for materials like clothespins, forks, and foil sheets. They also planned and tried to create an invention of their own by using building materials or toys like Legos and magnet tiles.

June 24, 2024

Family activity ideas – put all devices away for 1 hour and look at pictures or tell stories, make a card or letter together for a neighbor or family member.

Contact information: Nancy Burtch, Director: director@nmcyf.org
Amanda Lee, Site Director: amanda@nmcyf.org
211 Locust Chillicothe, MO 64601 660-646-1352