PowerUP! Newsletter

North Missouri Center for Youth and Families, Inc. September 9, 2026

UPDATES

21st Century Community Learning Center Grant—Updates

We can no longer accept tuition payments, but we can accept donations! Several traditional events such as a Christmas party, traditional Thanksgiving meal, swimming in the summer, and monthly birthday cupcakes are not allowable with new grant funds. These events may have to be altered or cancelled unless additional funding or donations become available. We will continue to search and apply for additional funding. If you, your companies, or organizations are looking for ways to donate, please keep us in mind.

Parent Education Night – One of our grant requirements is to have parent education nights so that the adult family members of our students get a chance to learn also. On **September 24**, we will have a presentation on insurance at 5:15 pm. How much is too much or too little? How do life circumstances determine what insurance you need? What are some optional, but helpful, insurance options? Insurance was one of the topics marked by parents on the parent surveys at family events last year.

Dates to Remember!

- September 18 – Chillicothe R II Early out – PowerUP! open
- September 21 – NO SCHOOL, Chillicothe R II – PowerUP! will be open
- September 24 – Parent education night on insurance
- October 22 – Early Out, Chillicothe R II – PowerUP! will be open
- October 23 – NO SCHOOL – PowerUP! will be open
- November 20 – PowerUP! CLOSED for training.

We can still continue to accept payment for June and past due accounts so all accounts will be expected to be paid in full or your child may be released from the program.

Those students currently in the early morning program will stay enrolled. If your circumstances have changed and you need the early morning program, please let us know. The early morning program will be capped at 16 students.

Join Remind:

Please make sure you have joined Remind. Remind is our messaging system that allows us to text parents important reminders about pick up or changes in routine. Join Remind: **Text -- @powerup181 to 81010**.

Morning Program:

Just a reminder that we have a before school program from 6:30 am -7:30 am for parents who have to be at work before school drop off. See Amanda about enrollment opportunities. **In order to drop your children off at PowerUP! at 6:30 am on full days you must be enrolled in the morning program. Drop off on full days for those not in the Before School program begins at 7:30 am.**

FULL DAYS!

For students to attend full days at PowerUP!, students must be dropped off **before 9:00 am**. This allows us to plan for groups, meals, etc. If you already have appointments scheduled that will make a student later than 9:00 am, please communicate these dates with us now. This policy will continue on full days during the school year.

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SIGNING IN AND OUT

ALL students need to be signed in for the morning program and **ALL** students need to be signed out in the evening. If you have someone picking up your student that is not an authorized user on the tablet then we need to have that person's name and phone and we can make them an account.

School Year Program

Outlined below is a quick summary of what your child has been working on in each rotation activity.

Learning Center/Gardening: Miss Carla and Miss Amy
The Kindergarten students have continued to learn and review the letters that we have learned this summer. They have practiced reading and writing each letter and have been matching lowercase letters with uppercase letters. In math, students have been counting numbers by 1s, 2s, and 5s. Students also learned about measurements using the garden beds. Listening and following directions are other skills that we have focused on with our students.

The students in first through sixth grade worked hard over the summer. They worked on CVC words, blending, and reading books. They also worked on becoming writers, learning how to collaborate with each other, and building reading stamina. Students worked on math facts during the summer by playing Bingo or Around the World. Ice cream in a bag was made to help students see and use measurements in recipes. Practicing solving world problems was another math skill students worked on over the summer.

The students will be learning about how to be safe on the buses to get to PowerUP!. We are excited to hear about each child's new teacher. We want everyone to have an amazing school year!

The Garden Group has finished collecting garden goods and has started back into the Learning Center. We are talking about bus safety and making new friends at school. We will check folders for sight words and reading logs, etc. We plan our tutoring around the weekly studies to help improve students' understanding.

Art: Miss Kaylynn
Art students began August with free drawing opportunities, wooden skill stick design challenges, mini maraca decoration, and guided drawing lessons. They also colored sun catchers and made beaded bracelets. Their first group Art challenge since returning to school was presented on the 27th. Each student received a piece of paper with two eyes in the center. They were sent to the coloring table and were told to complete the drawing, with no further instructions. Every student created a unique, individual creation, even though they started from the same place: just two eyes. Students reflected on their individual ideas, ways of thinking, creative processes, and style. We discussed how not getting the same answers doesn't make their result incorrect. Creativity and independent thought were praised, and we examined ideas for carrying these concepts throughout this school year. There are no mistakes in Art, only opportunities!

PE: Miss Kallie
Students enjoyed a variety of games in PE. Some of the favorite games were 4-square, soccer and basketball, and 9 Square in the Air. During PE students worked on taking turns, playing fairly, and listening. We are looking forward to cooler weather so students can enjoy more time outside!

Leaders in Play: Miss Alexis and Miss Dezeraye
In Leaders of Play we have been focusing on cooperation, team building, listening, and managing emotions. Students played games to get to know each other since we added new students. Games have included Kitty in the Corner, Balloon Trolley, Baby Backpack Bronco, and Salt and Pepper. Journaling has helped students think about their emotions and reactions. Students worked together to make Class Promises about behavior and treatment of others.

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STEM: Mr. Noah

To begin the month, the kids learned about the atmosphere and how it can affect our weather patterns. The kids did experiments that explained why we have our blue sky and yellow sun by diluting a tub of water with some milk to mimic our atmosphere. The kids also did a cloud in a jar experiment that let them add drops of food coloring to a shaving cream cloud until it could not hold anymore and started to dye the water underneath the cloud. The kids also experimented with tornados by creating their own using a bottle, water, dish soap, and glitter. They gave the bottles circular motion to create a vortex and make tornadoes. To finish out the summer program, we rounded it out by going to nature. This time, the kids had more time outside to enjoy nature and play with chalk. The kids also got to use modeling clay to make different things they could discover in nature. Once the kids started school, we went over our expectations and plans for the school year and took time to learn how to do some origami.

Family activity ideas – make up a story with your child switching back and forth after each sentence, use purchased or homemade play dough and help your child make different shapes or figures

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