

PowerUP! Newsletter

North Missouri Center for Youth and Families, Inc

July 3, 2025

UPDATES

21st Century Community Learning Center Grant—Updates

A big part of our PowerUP! funding comes from the 21st Century grant. This grant allows us to provide quality afterschool educational and extended learning opportunities for students. The funding for the 21st Century grant's funding is in jeopardy. Please let your voice be heard by contacting Representative Sam Graves and Senators Eric Schmitt and Josh Hawley. If you have not called or sent a postcard or letter, please do so! We still have postcards left and will supply postcard stamps! If this funding is removed, PowerUP! will have to completely change how we operate.

Join Remind:

Please make sure you have joined Remind. Remind is our messaging system that allows us to text parents important reminders about pick up or changes in routine. Join Remind: **Text -- @powerup181 to 81010.**

Morning Program:

Just a reminder that we have a before school program from 6:30 am -7:30 am for parents who have to be at work too early for school drop off. See Amanda about enrollment opportunities. **In order to drop your children off at PowerUP! at 6:30 am on full days you must be enrolled in the morning program. Drop off on full days begins at 7:30 am.**

Hiring!

If you know of anyone that would like to be a YPA, please have them go to nmcyf.org, and complete the application on the Join Our Team tab or email a resume and cover letter to director@nmcyf.org

School Year Program

Outlined below is a quick summary of what your child has been working on in each rotation activity.

Learning Center: Miss Denise

In the Learning Center we combined both groups, gardening and learning, to maintain and transplant plants in the garden. Lessons were done pertaining to garden curriculum to educate the students on where their food comes from. Daily watering and weeding were done by the children. The garden has grown and blossomed tremendously, and we are anxiously waiting for vegetables to appear. Always feel free to reach out to me if you have any academic concerns about your child. (denise@nmcyf.org)

Art and PE: Miss Kaylynn

All summer, Art students will be participating in "Bug Club." We are learning insect body parts, and constructing different bugs out of all kinds of materials. This month, we focused on insect symmetry, made dragonflies out of popsicle sticks and tulle, made soft yarn bugs, and created ants with paper spirals. We also built bugs out of paper body parts, made butterflies, and finished a firefly craft.

Dates to Remember!

- July 4 – **POWERUP! WILL BE CLOSED**
- July 29 – Back to School Bonanza – Calvary Baptist Church
- August 11-15 – **POWERUP! WILL BE CLOSED**
- August 19 – First Day of School For Chillicothe R-II

PowerUP! Newsletter

North Missouri Center for Youth and Families, Inc

July 3, 2025

In P.E., we have been enjoying our playground, and especially our new shade. We played in sandboxes, played many games of tag, and played football, basketball, and soccer. When we had to be inside, we participated in brain break activities, duck duck goose, and giant Legos. We are excited about water activities in our playground to close out the month.

Centers: Miss Kalee

In June, our Centers classroom focused on creativity, movement, and emotional well-being. One of the key activities was the **Island of Safe Places**, where students designed their own imaginary islands that represented safety, comfort, and calm. This activity encouraged self-expression and mindfulness, allowing students to think about what makes them feel secure and happy. We also explored **Pathways**, a movement-based center that involved following different patterns and obstacle courses to improve coordination, balance, and focus. It was a great way to keep our bodies active while practicing important motor skills. Additionally, we spent time learning and playing **pickle ball and badminton**, which helped students develop hand-eye coordination, teamwork, and sportsmanship. These games brought lots of energy and excitement to the classroom while promoting healthy physical activity.

STEM: Miss Amy

In STEM, the students in K-1 have learned about the ocean, how fish breathe, and how to use processing skills to explore the ocean. They completed an experiment to understand why the ocean is salty. They made an ocean in a bottle. This group also learned about volcanoes. We described what happens when a volcano erupts and students used science process skills to create a volcano model. They learned about water and why it is so important and explored the water cycle. These students also learned about the importance of recycling, described decomposition, and used process skills to discover the effects of pollution on our planet.

The students in grades 2-6 have learned about density. They did multiple experiments that demonstrated how liquids have different densities. They learned about buoyancy and Archimedes' Principle. These students learned about the different careers in science and used the Scientific Method to do some experiments. This group also learned about the Ecology and the Ecosystem. They created a plant terrarium and used recycling items to design and create robots. Additional topics included friction and resistance.

Summer School was over on Wednesday, so in the morning they kicked off their Space Unit. They made rockets and planet bead bracelets. Then in the afternoon, they started their Circuit Unit. We were able to receive a STEM Grant, so we purchased circuit kits, Space Rovers, robots, Legos, and Gecko Marble Runs that go on our board. We are so excited to use the Engineering Design Process with our new hands-on materials.

Community Learning Group: Miss Morgan

To kick off our summer in the Social Emotional Group, we focused on building healthy habits for our minds and emotions. We practiced impulse control through games and activities that helped us slow down and think before we act. Each Wednesday, we spent time journaling to explore our feelings and track our personal growth. On Fidget Fridays, we reflected on our week and used fidgets to help relieve stress in a calm and fun way. We also shared positive memories, talked about our personal safe places, and created a Gratitude Heart to remind ourselves of what we're thankful for. It was a meaningful way to start the summer with connection, reflection, and support.

Contact information: Nancy Burtch, Director: director@nmcyf.org
Amanda Lee, Site Coordinator: amanda@nmcyf.org
211 Locust Chillicothe, MO 64601 660-646-1352