



*Time to Untangle*  
CLINICAL PSYCHOLOGY

## Where do I meet Jacinta for my appointment?

- 1) Add your appointment(s) to your calendar system.
- 2) Fill in the intake form / service agreement.
- 3) Double check the time and date for your next appointment. If you are meeting online from a state other than QLD, please account for any time differences.

### 4) Appointment on **Monday or Tuesday**?

These are **always online**. You will receive a link to join Jacinta on her telehealth portal in your appointment confirmation email.

Lost the link? No worries! Links are boring anyway. Call Admin (see bottom of flyer) or email Jacinta at [jacinta@timetountangle.com.au](mailto:jacinta@timetountangle.com.au) for another one.

### Appointment on **Wednesday or Thursday**?

Jacinta works from a rooms in Maroochydore on these days and prefers to save the spots for **face-to-face** sessions. If you can only do telehealth, or need to change from face-to-face to telehealth for any reason - no problem! Same as above - find the link in the appointment confirmation email. And please let Jacinta or admin know of any last-minute swapsies.

### 5) Where do I go for my face-to-face session?

**"River Suites"** Clinical Psychology and Mental Health Services. We share the beautiful space with "Sunshine Coast Couple's Counselling Clinic".

**Address:** Level 1, 235 Bradman Ave, Maroochydore.

**Parking:** Look out for the building with vertical timber panelling at the front.

Drive under the sign that says "Planet Place" and you will find 5 x car spots reserved for us.

If there are no spots left out the back, you can try parking on Denna Street or in the parking lot at "Trader's Place" and walk towards the river and on to Bradman Ave to find us (about 5 minutes walk).

### 6) Anything else to know?

There is no on-site reception at the River Suites. Just take a seat and Jacinta will collect you at the time of your appointment. There is one bathroom in the clinic - feel free to use! You're welcome to bring fidget / sensory / comfort items, beverages etc. Jacinta also has a range of fidget toys you can use.

**Admin - 07 5356 9344**