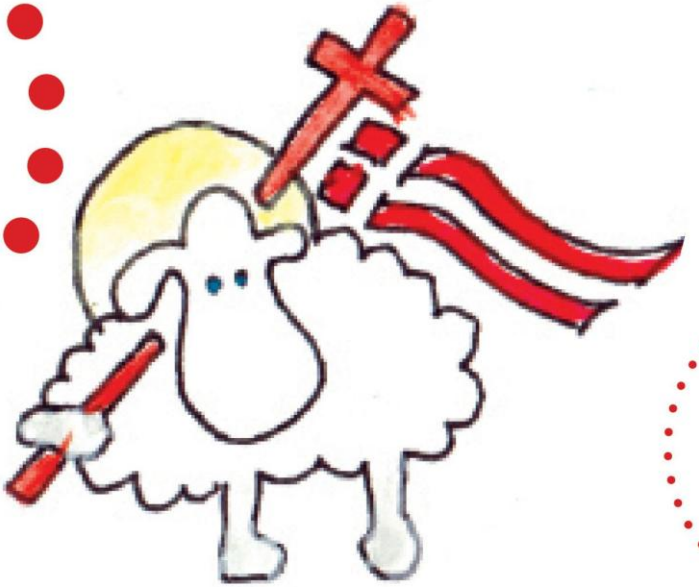
EST. 1928

FISH HOEK PRIMARY SCHOOL

It's all about our kids



Grade 1 Information Booklet

A Message from the Grade 1 Teachers

A very warm welcome to Fish Hoek Primary School. We trust that your special family will feel part of our school family in no time at all.

Fish Hoek Primary School is a very happy family school, happy children who love being at school on a daily basis, happy teachers who believe teaching is a calling and not simply a job and happy parents who know they are providing their children with a high quality, value-orientated approach to education.

We ask that you get involved with your child's school life by attending meetings, chatting to, and communicating with, your child's teacher and supporting your child in his/her activities.

Once again, a special welcome to our family. We look forward to watching your sons and daughters blossom into highly confident and successful young ladies and gentlemen, over the next seven years.

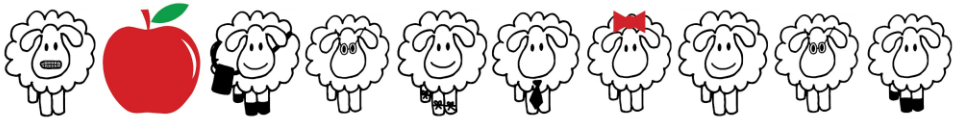
Best wishes,
Grade 1 Teachers

Ready, steady, go!

Please remember that your child is now preparing to embark on the first steps of a very important journey. Along the way, your child will meet many challenges. The coping skills needed to prosper and overcome these challenges will depend on a strong and secure partnership between home and school.

We hope your child will enjoy their time at Fish Hoek Primary School, and that we may work together to provide your child with the best possible start.

The Grade 1 teachers have produced this booklet to suggest ways in which you can help your child settle easily into school life. Like you we want your child to feel happy and confident about coming to school, for enjoyment and achievement go hand in hand.



We look forward to the beginning of a happy partnership!

The first week of 'Big' school

On the first day of 'big' school, please make your way to the Grade One garden before 08:00. Children play in the garden until the bell rings at the start of school.

Please do not prolong your farewells! It upsets you and your child. Settle your little one in their classroom and wave a cheery goodbye.

Parents are requested to fetch your child from the Grade R gate at 12:00 promptly, in the first week of school.

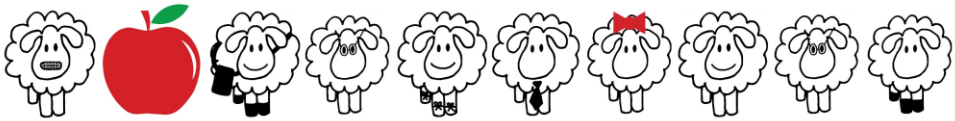
After the first week, school for Grade One starts at 08:00 and finishes at 13:20 from Mondays to Fridays. Please collect your child promptly from the Grade One garden. Any child not collected in time will be delivered to our Aftercare and a daily fee will be charged to your account.

The Aftercare is open daily until 18:00.

The School Day

The school bell rings at 08:00 signaling the start of the school day. All Grade One learners will play in the Grade One garden until 08:00. The learners then go into class where their teacher will meet them.

We expect the learners to be there, on time, to ensure each day may begin with an orderly routine. The day's tasks begin immediately. Children who arrive late will miss out on important information regarding the day's tasks. It can also be quite daunting for a child, who comes late to school, to have to walk alone into an established class of children at work - or a hall full of children, gathered for Assembly. Please be punctual each day.



Do not be surprised if your child comes home feeling tired, starting school is an exhausting business. Make sure your child has a meal, a nice bath, a cuddle and a story before getting a good night's rest. Bedtime should be early, certainly no later than 20:00, **even** on Sundays!

Library Bags

Your child will receive their own book bag, as a part of their stationery pack, at the beginning of the year.

Please ensure it comes to school on Library Day.

Your child will not be allowed to take out library books unless they have their library bag at school.

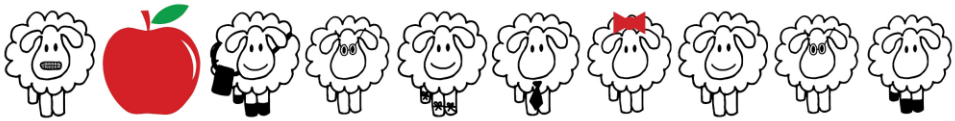
Stationery

You have already paid for your child's stationery.
This will be safely stored, and made use of, at school. If you are planning to order packs of name labels, please note only order for clothing and not stationery. Please keep an HB pencil and some colour pencils at home for homework.

School Uniform

Please ensure your child has the correct uniform. It is imperative that all items are **clearly** marked with your child's name.
Your child must have a hat which is a compulsory part of their daily uniform. It will be kept at school to be worn at break and sport. It will be enforced on a 'No hat, No play' policy.

School Uniform shop:
We are the official suppliers of our school & sports uniforms, available at the Uniform Shop, on our premises.



Hair: Tied back with white or black accessories. Boys must have their hair short and neat.

Jewellery: Only gold or silver stud earrings or sleepers are allowed.

The FHPS Phys Ed uniform is the formal uniform for Grades 1, 2 & 3 throughout the year.

BOY'S UNIFORM:

- FHPS black fleece
- Black shorts with the FHPS badge
- FHPS tracksuit pants
- Black phys ed top with the FHPS badge
- Short white socks and white takkies
- FHPS standard rain jacket or FHPS long length rain jacket
- FHPS red sun hat - NO HAT NO PLAY (to be worn during school and sports times)

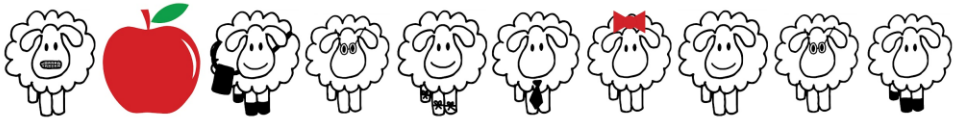
GIRL'S UNIFORM:

- FHPS black fleece
- Black skort with the FHPS badge
- FHPS tracksuit pants
- Black phys ed top with the FHPS badge
- Short white socks and white takkies
- FHPS standard rain jacket or FHPS long length rain jacket
- FHPS red sun hat - NO HAT NO PLAY (to be worn during school and sports times)

Sports Uniform

(Additional uniform to be brought to school in a kit bag on the required days)

- mini cricket - FHPS cricket whites with FHPS long black socks
- rugby - FHPS rugby jersey, Foundation Phase play barefoot
- hockey - FHPS Black shorts/skort, FHPS sports vest (WITH OR WITHOUT SLEEVE),



FHPS long black socks & takkies

- swimming - FHPS costume and swimming cap

Breakfast

Very important: ALL children must eat something for breakfast. This avoids tantrums early in the day.

Lunch

Each child must please bring a healthy packed lunch to school every day. If your little one enjoys yoghurt, make sure it is packed carefully with a spoon. Please make sure their lunchbox is marked with your child's name and class clearly visible.

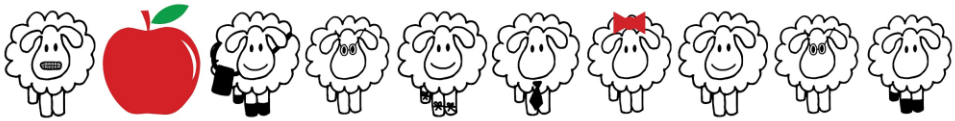
No Grade Ones are allowed to make use of the tuckshop. Older siblings may not buy for them, as this would be unfair on the others.

Please do **not** send any of the following: sweets, chips, fizzy drinks or cool drinks, energy drinks or any water or juice in glass bottles.

Registers and absentees

The school is obliged to keep very detailed registers, with reasons noted for every absence. If your child is unwell, please keep them at home and telephone or send a message to school. Medication of any kind may not be given unless really necessary. In these circumstances, the class teacher will require a doctor's note giving clear instructions of the administration of the medicine concerned.

If, however, your child suffers from a condition such as diabetes or asthma which requires regular medication, please discuss this with the class teacher so that proper arrangements



can be made.

Message books

Each child will be given a Message Book on the first day of the term. Please complete the relevant information pages in the front pages of the book.

This book is used as a means of communication between teachers and parents. Each week you receive a homework sheet telling you what we are learning about and what you can do with your child at home.

Interviews

Should you wish to see your child's teacher please write a message in their Message Book to arrange a suitable time. This will ensure an immediate reply.

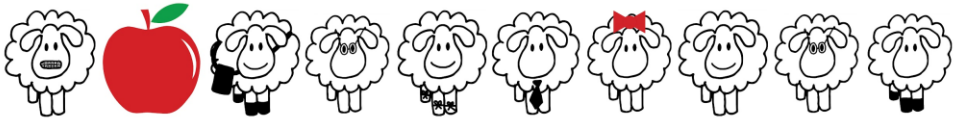
Please remember that teachers need their lunch breaks. They attend staff meetings before school and are seldom free immediately after the children have gone home. Unless the matter is urgent, please do not request impromptu interviews before or after school.

All Grade One parents will be invited to a meeting early in the First Term.

All parents are expected to attend.

Birthdays

Children are allowed to wear civvies on their birthday. If the day falls on a weekend, they may wear civvies on the Friday prior, or the following Monday. Instead of sending treats such as cupcakes, sweets and chips to school, we would like the birthday child to donate a story book, of their choice and interest, to the class library for the class to enjoy all year round. This story book will be read by the teacher to the class and a special donation note with your child's name and birth date will be pasted in the front of the story book.



Possessions

No toys or valuable belongings may be brought to school!
Should your child lose anything at school, please let us know, in order to help us keep a lookout for their missing item. Reclaiming named articles from the school Lost Property basket is a simple operation, which may save you the cost of purchasing a replacement. All lost property items can be found in baskets outside the Computer Room. Please make sure you label all of your child's clothing clearly, even their shoes!

Extra Mural Activities

All our children are expected to participate in at least one afternoon activity per term.

Summer activities:

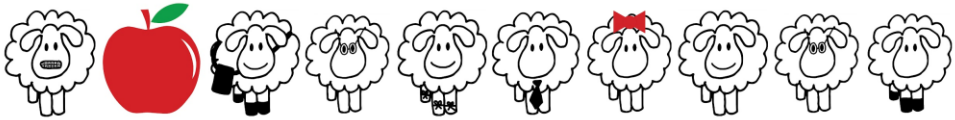
- Swimming
- Mini Tennis
- Mini Cricket
- Summer Netball
- Splash Polo
- Arts and crafts

Winter activities:

- Tag rugby
- Netball
- Hockey
- Cross Country
- Chess
- Arts and crafts

Please refer to your extra mural timetable for times and days to which each sport is allocated. The extra mural timetable will be issued at the beginning of the school year.

Any queries can be directed to the Sports Office, email sport@fishhoekprimary.co.za



Private Extra Mural activities
The following activities have been organized as optional extras:

Modern dancing
Sarah Cookney on 082 674 2139

Gymnastics
Dorothy, Fish Hoek Gym on 083 461 9199

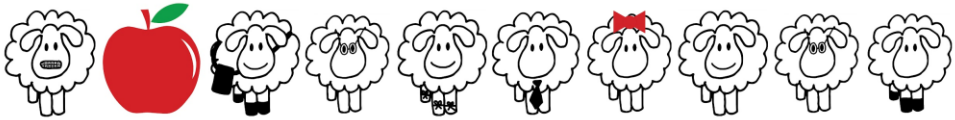
Judo
Sensei Frank on 082 768 3911

Any other extra-mural activities will be listed on the sport timetable that you will receive at the start of the term.

School contact and payment details
Tel: 021 782 6113
Email: reception@fishhoekprimary.co.za

Internet banking details:
Bank: ABSA **Branch code:** 632005
Account number: 4083920809
TYPE OF ACCOUNT: Current

Please email a copy of your deposit slip or proof of payment to:
finance@fishhoekprimary.co.za



Remember

Every child is different.

They look different,

behave differently,

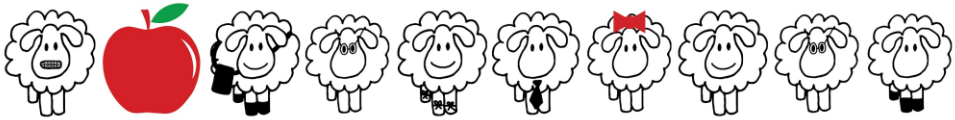
develop at different time and

in different ways.

For their own sake, don't compare

them with other children.

We are pleased to have your family

With us as a part of our school family

And we want to be a happy family.