



Cancer-Informed Audiological Rehabilitation

Supporting the Whole Person

Cancer treatment can affect hearing, balance, communication and listening ability in ways that extend well beyond the auditory system. Alongside hearing changes, fluctuating tinnitus and dizziness, many patients also experience fatigue, pain, peripheral neuropathy, changes in skin, hair and nutrition, and a shift in identity as they adapt to life during and after treatment. Together, these physical and emotional changes can increase listening effort, make communication more difficult, and reduce confidence in everyday interactions.

Drawing on more than 20 years of diagnostic and rehabilitative audiology, together with advanced academic scholarship in Cancer Sciences, education and gerontology, this integrated approach combines extensive audiological expertise with advanced knowledge of cancer biology, diagnostics, therapeutics, treatment-related toxicities, rehabilitation and patient education. The result is cancer-informed audiological rehabilitation that recognises hearing cannot be considered in isolation from the broader physical, emotional and functional effects of cancer and its treatment.

Communication & Fatigue Rehabilitation

Practical communication strategies that reduce listening effort and fatigue, helping patients remain connected with family, friends and healthcare professionals while conserving valuable physical and cognitive energy.

Tinnitus Assessment & Rehabilitation

Evidence-informed assessment and rehabilitation for tinnitus associated with cancer treatment, providing practical strategies to reduce distress, improve coping and support day-to-day function.

Individualised Rehabilitation Across the Lifespan

Individualised rehabilitation that recognises the differing needs of children, adults and older people, ensuring care is appropriate to each person's stage of life, cancer treatment and functional goals.

Cancer-Informed Audiological Rehabilitation

Rehabilitation extends beyond the assessment and management of hearing loss alone. By recognising how cancer, its treatments and their broader effects influence communication, participation and everyday function, rehabilitation can be individualised to support meaningful outcomes throughout treatment, recovery and survivorship.

Family-Centred Care

Professional counselling, rehabilitation and education extend beyond the individual patient. **Patients, partners, carers and children** may each require information, counselling and communication support as they adapt to the challenges of cancer. This family-centred approach recognises that cancer affects the whole circle of care, helping to strengthen communication, reduce stress and support the wellbeing of all those affected.

Eligible patients may access these specialised cancer-informed audiological rehabilitation, counselling and education services under the Chronic Condition Management (CCM) framework, enabling Medicare rebates where referral criteria are met.