



Mama's Mulligan Huevos Rancheros- hand pressed masa shells, black beans, two sunny side up eggs, topped with our ranchero sauce and queso fresco crumble. \$16

The Starter Burrito- eggs, tots, black beans, cheese in a Sonora style tortilla - choice of bacon, ham, homemade chorizo, grilled veggies. \$14+ \$4 for asada steak. Served with tortilla chips, spiced aioli, and salsa fresca.

Penmar Green AVO Toast- smashed avocado, rainbow cherry tomato, pickled red onion, microgreens, shaved radish with EVOO drizzle on multigrain bread – fruit on side. \$14

Breakfast Sandwedge- fried egg, cheddar, lettuce, tomato on a plain bagel, onion bagel, or croissant choice of bacon or ham, with mayo & spiced aioli. \$13

1962 Steak & Eggs- grilled hanger steak, two eggs your way, fingerling potatoes tossed with rosemary, shallots, peppers, & rustic toast. \$19+ \$3 swap toast for two pancakes

BREAKFAST ALL DAY

Beach Bagel- plain or onion bagel with Philly cream cheese or butter & jam. \$7

Ain't No Duff Oatmeal- walnuts, coconut flakes, whipped butter & honey, served with multigrain or sourdough toast & jam. \$10+ \$2 for fresh berries (not available after 3pm)

Triple Bogey Buttermilk Pancakes- stack of three fluffy pancakes. \$11 make 'em blueberry for \$2!
(pancakes not available after 3pm)

Bank Shot Banana Pancakes- light & fluffy pancakes packed with fresh bananas, topped with banana chantilly cream. \$13 (not available after 3pm)

Brioche French Toast- four thick cut triangles topped with powdered sugar. \$14

Best Ball Fruit Bowl- berries & seasonal fruit drizzled with honey & sprinkled with chia, flax, & alpiste seeds. \$10

Yogurt Par-fait- Greek yogurt, seasonal fresh fruit, topped with super seeds and homemade granola. \$11

Classic Egg Plate- two eggs, bacon or ham, thick cut toast, savory fingerling potatoes. \$15 + \$2 for fruit +\$3 swap toast for two pancakes.

Ace. Bagel. Lox. Lighthouse Bay Smoked Salmon, Philly cream cheese, red onion, capers, tomato, lemon. \$16

Chorizo Breakfast Burger & Tater Tots- house ground beef and pork chorizo patty, over easy egg, aioli, Oaxaca cheese, brioche bun. \$16

Omelettes \$18 Includes toast AND choice of rosemary potatoes, fruit, or side house salad

California: bacon, jack cheese, scallions, topped with house avocado aioli

Denver: ham, peppers, onion, cheddar and jack cheese

Veggie: asparagus, cauliflower, butternut squash, zucchini

Green Chilaquiles- house salsa verde smothered chips, queso fresco, cotija cheese, red onion and cilantro, black beans, two eggs your way. \$14 add barbacoa, chile verde, bacon, chorizo, or ham +\$4

Breakfast Tacos- over easy eggs, bean spread & cheese
choice: bacon, ham, house chorizo, carnitas, barbacoa, or veggies. add steak for +\$4
choice: GF corn or flour tortillas. \$12

ADD TO ANY OF THE ABOVE: bacon \$4 - ham \$5

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GOOD FOR THE HEART

- House Salad- mesclun greens and arugula blend, cucumber, tomato, balsamic & EVOO drizzle . \$11
- Wedge- iceberg wedge, chopped bacon, rainbow cherry tomatoes, chives, blue cheese crumbles, ranch. \$13
- Caesar- chopped romaine hearts, cherry tomatoes, shaved parm, toasted pepitas, Caesar dressing. \$12
- Citrus Salad- mesclun greens, arugula, market citrus, Persian cucumber, cherry tomato, pickled sweet red onion, snap peas, citrus vinaigrette. \$12
- Cali-Mex Grain Bowl- quinoa-wild rice, beans, veggies, ranchero sauce, avo, pickled onion, queso. \$12
- Cali-Citrus Bowl- quinoa-wild rice, arugula, snow peas, citrus, veggies, pickled onion, avo, citrus-vin. \$15
- Add PROTEIN: + \$6 shrimp or lox, +4 grilled achiote chicken breast or asada steak*

STARTERS

- Teca Flyer Wings- twice fried, cali-citrus glaze topped with chopped peanuts and scallions. \$12
- Peruvian Style Ceviche Tostadas- citrus cured tilapia with cucumber, carrots, yams, sliced red onion, jalapeno, and avocado. \$15
- Three Iron Meatballs- three pork & beef blend meatballs in our Penmar marinara sauce served with toasted Italian bread. \$13
- Chip(s) & Salsa. \$9 / with Guac. \$12
- Bavarian Style Pretzel- fresh out of the oven, served with Dijon, yellow, or whole grain mustard. \$10
- Foursome Nachos- tortilla chips baked with queso & black beans, drizzled with avocado crema & homemade sour cream, topped with pickled jalapeños & pico de gallo. \$15+ \$3 for Guac.
+\$4 for asada steak, carnitas, or grilled achiote chicken
- GF Calamari- crispy calamari & shishito peppers served with aji Amarillo dip on the side. \$16
- Shishito Peppers – blistered shishito peppers served with aji Amarillo dip! \$10



LUNCH/DINNER ALL DAY

Penmar Dog- Famous 100% all beef LA street dog with your choice of one or all: grilled onions & peppers, our kraut, ketchup, mustard, mayo, pickled jalapeños, relish, and bacon. \$10

Penmar Double Patty Beef Burger- two smashed griddled patties, stacked with layers of shredded iceberg lettuce, tomato, pickles, mustard grilled onions, American cheese & our spiced aioli spread. \$10 + \$4 single plant-based impossible patty, + \$2 bacon, avocado

BLT- bacon, iceberg lettuce, tomato, and mayo spread on sourdough toast. \$10 + \$2 avocado.

Quesadilla- flour tortilla, cheddar-jack blend, served with homemade salsa fresca on the side. \$11 + \$3 guacamole, + \$4 asada steak, chicken, or carnitas

Twice Fried Chicken Sandwich- juicy fried chicken, smothered in our citrus glaze, and fried again, stacked on a brioche bun with our homemade ranch, pickles, and iceberg lettuce. \$14 ***contains peanuts***

Two Tacos- choice of GF corn or flour tortillas served with tortilla chips, salsa fresca, and mama's salsa

CHOOSE:

grilled achiote chicken breast, pico de gallo, guacamole \$12

pork carnitas, pico de gallo, guacamole \$12

veggies and black bean spread \$12

grilled shrimp with lettuce, pico de gallo, aji Amarillo sauce, and avocado crema \$14

asada steak, pico de gallo, guacamole \$14

Hangover Soup- seafood soup served with ajillo rice & tortillas. \$19

Stuffed Grilled Cheese- golden toasted organic sourdough, melted cheddar & jack cheese, grilled tomato and onion, and a spread of our guacamole. \$13 + \$2 ham OR plain grilled cheese. \$10

Burrito Par Four- rice, black beans, cheddar-jack cheese, and pico de gallo packed in a Sonora style flour tortilla with a choice of grilled achiote chicken breast, pork carnitas, or grilled veggies, served with tortilla chips, salsa fresca and mama's salsa. \$15 + \$2 asada steak or shrimp

Meatball Sandie- our meatballs & marinara stuffed and baked into Lonzo's Italian roll with melty mozzarella, topped with fresh basil. \$15

Chicken Clubber- grilled achiote chicken breast, bacon slices, iceberg lettuce, tomato, pickled red onion, and a spread of our spiced aioli loaded on Lonzo's Italian roll. \$15

Kids Beef Burger- single beef patty, ketchup, mustard, pickles, American cheese. \$8 + \$2 bacon, avocado, +\$4 plant-based impossible patty

ADD TO ANY OF THE ABOVE: +\$3 Pinwheel fries or side house salad

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DESSERT

Mama's Key Lime Pie - graham cracker crust \$8

Fudge Brownie Sundae – whipped cream, vanilla ice cream, chocolate sauce \$10

Banana Whip - topped with vanilla wafer cookies and seasonal berry sauce \$8

Ice Cream Sammy's on Chocolate Chip Cookies OR Oatmeal Raisin \$12 (serves 2-4)

Fresh Baked Cookies, Chocolate Chip, Snickerdoodle, Birthday Cookie, Oatmeal Raisin, Double Chocolate Chip, White Chocolate Toffee Walnut \$3

NON-ALCOHOLIC BEVERAGES

FIZZY

Coke \$3
Sprite \$3
Coke Zero \$3
Ginger Ale \$3
Mexican Coke \$4
20oz. Diet Coke \$4
Topo Chico \$4
Shirley Temple \$4

EVERYTHING ELSE

Bottled Water \$3
Milk \$3
Cranberry Juice \$3
House made Cucumber-Pineapple Agua Fresca \$4
House made Watermelon Agua Fresca \$4
Orange Juice SM \$4 LG \$5
Grapefruit Juice SM \$4 LG \$5
Gatorade \$4
Chocolate Milk \$4
Iced Tea \$4 (refills \$0) Arnold Palmer \$4.50 (refills \$1)
Lemonade \$5 (refills \$2)
Virgin Michelada \$5 Virgin Bloody Mary \$6

HOT BAR

Locally Roasted by Amigo Roasters!

Hot Tea \$2 (mint, chamomile, earl grey, green)	Cappuccino \$4.25
Drip Coffee – regular and decaf \$3	Latte \$4.50
Espresso – regular and decaf \$3	Mocha \$4.50
Americano \$3.50	Hot Chocolate \$4.50
Iced Coffee \$3.75	Chai Latte \$4.50
Cortado \$4	Cold Brew \$5
Macchiato \$4	“Dirty” Chai Latte \$6
Flat White \$4.25	Red Eye \$6

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