

**2015 North Zone TISCA Swimming and Diving Invitational  
November 20-21, 2015**

**Meet Host:** Lewisville ISD/ Marcus HS, Lewisville HS, Flower Mound HS

**Meet Site:** LISD Aquatic Center West  
1750 Duncan Lane  
Lewisville, Texas 75067  
214-222-6940

- Indoor 75 meter pool divided into two 25 yard pools and a diving well with an additional 4 Lane warm up pool.
- Locker rooms and showers
- Coaches' and officials hospitality
- Fully automated Colorado timing system
- Ample seating for competitors and spectators
- Meet Manager computer program will be used to conduct the meet

**Schedule:**

**Friday, Nov 20, 2015**

Swimming warm-up 10:00 AM

(Warm up will be divided as soon as entries are received)

Coaches Meeting 11:30 AM

Swimming Prelims 11:45 AM

*Men's and Women's preliminary competition will be run simultaneously using both ends of the pool. There will be a 10-minute break after the 50 Free.*

**Diving Boys Event: Required DD 12.3**

**(Warm –up will start 30 minutes after the completion of the Swim prelims; approximate time 3pm / 5 start**

**Saturday – November 21<sup>st</sup>, 2015**

**Girls Diving Event: Required DD 12.0**

**Diving warm-up 7:30am**

**Diving Prelims/Finals 9:30  
am**

*All divers must be entered in Hytek & All diving sheets must be entered through [cleanentries.com](http://cleanentries.com)  
And faxed to 2146261657.*

*Cleanentries will open Oct. 25<sup>th</sup> and the deadline is Nov. 9<sup>th</sup>*

*All judges will be certified. Please contact Sherry McGuire if you would like to judge.*

*Changes are to be emailed to [mcguires@lisd.net](mailto:mcguires@lisd.net) or [kldavis@lubbockch13.com](mailto:kldavis@lubbockch13.com)*

**Swimming Finals**

Swimming warm-up 11:30PM

Swimming Finals 1:00 PM

*Finals will be held in the west end of the pool . The east end may be used for warm-up and warm down. There will be a 15 minute break after the 50 Free and a 10 minute break after the 100 Breast.*

**Rules:** 2015-2016 National Federation Rules will apply. Suit rule will be in affect.

**TEAM SEATING:** Athletes are encouraged to bring chairs.

**Team Eligibility:** Each school entered must have a coach or designated sponsor, who is a current member of the TISCA Coaches Association. Membership applications may be found at [www.tisca.org](http://www.tisca.org). Send membership applications and check with your meet entries if you are not a member.

**Scoring:**

Place: 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16

Points: 20 17 16 15 14 13 12 11 9 7 6 5 4 3 2 1

Relays DOUBLE

**Entry Limit:** Each Swimmer may enter a maximum of four events. No more than two may be individual events. **Relay entries are limited to two per relay event. Relay entries must be entered with a time. Relay entries with no times will not be entered in the meet.** There is no limit to the entries in the individual events, as long as the time standard has been reached in the last calendar year. **PLEASE put USA ID # with your athlete entries if the want to have their times go into SWIMS.**

**Entry Fee: MUST BE ON HYTEK PROGRAM**

**\$15.00 per Athlete/\$15 per Relay. (Relay only swimmers do not pay)**

**Entry Forms: When sending entries on Hy-tek(include divers) teams must e-mail a HARD COPY IN WORD FORMAT of the names and entry fees.**

**Admin. must have a hard copy. USA ID Numbers must be included. Relay swimmers names must be listed. This is for comparison of entries.**

**Fees must accompany entries or received prior to competition!!**

**Please send these to your accountants EARLY!!!**

**DEADLINE:**

**ENTRY DEADLINE 5:00 PM, TUESDAY, NOV. 12<sup>TH</sup>**

**Diving Deadline on cleanentries is Nov. 9th**

Entries and fees may be sent to:

**Shannon Gillespy**

**6101 Long Prairie Rd, ste. 744-210**

**Flower Mound, TX 75028**

**[gillespys@lisd.net](mailto:gillespys@lisd.net)**

**FEES MUST ACCOMPANY ENTRY OR BE HAND DELIVERED**

**(send your entry requests early to your ISD's.)**

Checks should be made payable to: **Flower Mound Swim/Dive Booster Club**

**Meet Director:** Dan Snow, Shannon Gillespy, Tom Gargan

**FMHS, MHS, LHS**

**214-222-6046**

1750 Duncan Lane  
Lewisville, TX 75067

[danrsnow@yahoo.com](mailto:danrsnow@yahoo.com), [gillespys@lisd.net](mailto:gillespys@lisd.net), [gargant@lisd.net](mailto:gargant@lisd.net)

**Admission:** \$5.00 per adult/\$3.00 per student

**Heat Sheet:** \$5.00

**T-Shirts will be on sale:** \$20.00

### 2015 NORTH ZONE TISCA TIME STANDARDS

| <b>GIRLS</b> |                  | <b>BOYS</b> |
|--------------|------------------|-------------|
| 2:04.00      | 200 MEDLEY RELAY | 1:50.00     |
| 2:05.50      | 200 FREESTYLE    | 1:54.00     |
| 2:23.75      | 200 IND. MED     | 2:08.00     |
| 26.50        | 50 FREESTYLE     | 23.50       |
| <b>12.0</b>  | <b>DIVING</b>    | <b>12.3</b> |
| 1:05.00      | 100 BUTTERFLY    | 57.50       |
| 58.50        | 100 FREESTYLE    | 52.50       |
| 5:40.00      | 500 FREESTYLE    | 5:12.00     |
| 1:56.50      | 200 FREE RELAY   | 1:38.50     |
| 1:05.50      | 100 BACKSTROKE   | 1:00.00     |
| 1:15.50      | 100 BREASTSTROKE | 1:07.50     |
| 4:00.00      | 400 FREE RELAY   | 3:43.00     |

**Each team is limited to two (2) relays per relay event. Please adhere to the time Standards.**

**Complete dive sheets must be submitted to: [Cleanentries.com](http://Cleanentries.com) by the entry deadline(Clean entries will open Oct. 25 and close on November 7 at midnight**

Rule-section 3 art.5. Fax to 972-214-626-1657.

Questions contact Sherry McGuire @ [mcguires@lisd.net](mailto:mcguires@lisd.net)

**Coaches when entering divers, Section 8 art. 3 rules apply. Please adhere to the DD requirements.**