



2024 TENNESSEE Men's State Championships

Knoxville, Tennessee

Hosted by: GymTek Academy

GymTek Academy
5331 Western Avenue
Knoxville, TN 37921

Competition Schedule

Admission is cash only. We do not accept checks and cannot take credit cards.

CASH ONLY: ADULTS - \$20.00 per day CHILDREN - \$15.00 per day (Under 5 is FREE)

Friday, March 8th, 2023

State Coaches Meeting AFTER WORKOUT at 8:00pm

Open Workout Level 6-10 ONLY		Technical Sequence Evaluation	
Start Time	4:00pm	Start Time	5:00pm
End Time	8:00pm	End Time	8:00pm

Saturday, March 9th, 2023

Session #1: Level 3/4 (D1 and D2)		Session #2: Level 5 / 6 / 7 (D1 and D2)	
General Stretch	9:00am	General Stretch	1:45pm
Competition	9:30am	Competition	2:05pm
Awards	12:35am	Awards	4:40pm
		Session #3: Level 8 / 9 / 10 (D1 and D2)	
		General Stretch	5:00pm
		Competition	5:30pm
		Awards	8:00pm

Senior Presentations and Awards to Follow Session #3

Regional Qualifiers must commit and sign up for Regional Championships immediately following their Awards Ceremonies at the Registration Desk.

Regional Registration to be handled by the coaching staff, or a Gym Representative.

Regional Entry Fees to be paid with a single business check, payable to Tennessee Men's Gymnastics.