

Level 7

Tsukahara/Yurchenko = 2.2

Tsukahara/Yurchenko Piked = 2.4

Tsukahara/Yurchenko Stretched = 3.2

Handspring Front = 2.4

Handspring Front Piked = 3.2, Piked 1/2 = 3.6

Handspring Front Stretched = 4.0, Stretched 1/2 or 1/1 = 4.2

Yamishita = HSP D value

No Multiple Flip

No Twisting Yurchenko

_____ SV _____
(minus) Ex & ND _____
Score _____

Vault _____ SV _____

_____ SV _____
(minus) Ex & ND _____
Score _____

Vault _____ SV _____

_____ SV _____
(minus) Ex & ND _____
Score _____

Vault _____ SV _____

_____ SV _____
(minus) Ex & ND _____
Score _____

Vault _____ SV _____

_____ SV _____
(minus) Ex & ND _____
Score _____

Vault _____ SV _____

_____ SV _____
(minus) Ex & ND _____
Score _____

Vault _____ SV _____

_____ SV _____
(minus) Ex & ND _____
Score _____

Vault _____ SV _____

_____ SV _____
(minus) Ex & ND _____
Score _____

Vault _____ SV _____

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Tsukahara/Yurchenko Piked = 2.4

Tsukahara/Yurchenko Stretched = 3.2

Handspring Front = 2.4

Handspring Front Piked = 3.2, Piked 1/2 = 3.6

Handspring Front Stretched = 4.0, Stretched 1/2 or 1/1 = 4.2

Yamishita = HSP D value

No Multiple Flip

No Twisting Yurchenko

_____ SV _____
(minus) Ex & ND _____
Score _____

Vault _____ SV _____

_____ SV _____
(minus) Ex & ND _____
Score _____

Vault _____ SV _____

_____ SV _____
(minus) Ex & ND _____
Score _____

Vault _____ SV _____

_____ SV _____
(minus) Ex & ND _____
Score _____

Vault _____ SV _____

_____ SV _____
(minus) Ex & ND _____
Score _____

Vault _____ SV _____

_____ SV _____
(minus) Ex & ND _____
Score _____

Vault _____ SV _____

_____ SV _____
(minus) Ex & ND _____
Score _____

Vault _____ SV _____

_____ SV _____
(minus) Ex & ND _____
Score _____

Vault _____ SV _____