

Whitney Pfohl Stovall

Integral Play
4985 Lower Roswell Rd,
Marietta, GA 30068
integralplay.stovall@gmail.com

EDUCATION

2026	National Institute for Digital Health and Wellness Certified Level 1 Provider	Austin, Texas
2020-2022	International Association for Spelling as Communication Certified S2C Practitioner	Herndon, Virginia GPA: 4.0
2019	Lesley University Certificate in Expressive Arts Therapy	Boston, Massachusetts GPA: 4.0
2016-2018	Georgia State University Masters' of Science: Clinical Mental Health Counseling	Atlanta, Georgia GPA: 4.02
2013-2016	University of Georgia Bachelor of Science: Psychology	Athens, Georgia GPA: 3.94

LICENSES AND CERTIFICATIONS

2026	Certified Digital Health and Wellness Provider Level 1	National Institute for Digital Health and Wellness
2026	Registered Play Therapist™ Credential Number: T7400	Association for Play Therapy
2022	Licensed Professional Counselor License Number: LPC012679	Georgia Board of Professional Counselors
2018	Nationally Certified Counselor Certification Number: 1094817	National Board of Certified Counselors
2022	Registered Spelling to Communicate Practitioner	International Association for Spelling as Communication

PRESENTATIONS

2020	Building Motor Control through Innovative Play Approaches Innovations Conference
2019	Play Without Borders Star Institute
2019	Play Without Borders Hirsch Parent Lunch N' Learn
2017	Moral Injury International Counseling Conference at Botswana University
2017	Collaborative Book Drive for South Africa ACA Poster Presentation

PUBLICATIONS

(In Process) Hightower, J., Hill, M., Shannonhouse, L., **Pfohl, W.**, Understanding Mattering as a Protective Factor in College Students through the Lens of the Interpersonal Theory of Suicide.

PROFESSIONAL COUNSELING EXPERIENCE

2024- Present	Integral Play, LLC Marietta, Georgia Owner and Founder of Integral Play Therapy
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- Provide neuro-affirming, play-based child counseling services that aim to meet the needs of the whole child, including social-emotional, sensory, motor, and communication needs
 - Offer parent coaching and parent support groups
 - Offer social skills and other needed connection opportunities for child clients
- 2021-2023 **Young Minds Psychiatry**
Marietta, Georgia
- On site child therapist for both neurodivergent and neurotypical children 10 years and younger
 - Create treatment plans and goals for each client, as well as provide psychoeducation, tools, resources, referrals, and strategies for those individuals within each child's support system (i.e. caregivers, teachers, coaches, etc.)
 - Plan play-based individual and group sessions, aimed at building tools, strategies, and techniques that work towards client goals
 - Provide documentation that details each client's individual plan and treatment goals
- 2017-2021 **Floortime/Play Therapist**
Hirsch Academy
- Conduct individual and group play therapy sessions that meet the needs of each student, including: collaborative play, psychoeducation regarding expression and communication, mindfulness, social/emotional problem-solving, reflective thinking, coping strategies, and building healthy peer relationships
 - Provide support in the classrooms, fitness classes, and recreational activities by using observation to identify triggers and instances that might result in dysregulated states, and then implement interventions where necessary
 - Receive weekly on-site supervision by an expert DIR/Floortime trained counselors as well as faculty supervision to improve upon my skills as a clinician
 - Provide detailed session goals, treatment plans, and support during in-person and online sessions
 - Write the monthly Specialist Newsletter that is sent out to all parents to inform them of what their children are doing in each class, and organize staff events as a member and the Treasurer of Sunshine Committee
- 2011-2012 **PE for Children Receiving Occupational Therapy for Sensory Integration Issues (PEOTSI) Camp**
Atlanta, GA
- Worked as a counselor with children ages 5-13, supported motor skills, learning, and development through immersive activities such as biking and fishing
 - Fostered social interactions and the development of positive social skills through group activities

RESEARCH EXPERIENCE

- 2016-2018 **Suicide and Traumatology Research Team**
Georgia State University
- Create literature reviews and research proposals to be sent to the IRB
 - This research aims to tease out the differences between protective factors to suicide to fill the current gaps that exist in the literature surrounding suicide in college populations
 - The goals of our studies aim to shed light on aspects of suicidality that can be utilized in clinical applications
- 2015-2016 **Personality Studies Lab**
The University of Georgia
- Ran participants and maintained contact with them on a weekly basis
 - Attended weekly meetings to discuss related psychological studies, lab progress, and results
 - Conducted experiments surrounding aggressive behavior

TRAININGS AND CERTIFICATIONS

- 2018 **Stewards of Children Training Certification**
Atlanta, GA
- Gained expert advice and practical guidance for preventing child sexual abuse
 - Learned about making choices, taking risks, and supporting others in terms of preventing/intervening with abuse

- Learned strategies, steps, and options available when dealing with a client suffering from abuse
- 2018 **DIR/Floortime 101 Training**
Atlanta, GA
- Learned about common features of autism and other challenges of relating and communication
 - Identified the key features of relationship-based approaches
 - Explore 6 Functional Emotional Developmental Capacities (FEDCs) in the DIR model and potential challenges that children face at each capacity
- 2016 **ASIST Training Certification**
Georgia State University
- Learned how to recognize when someone may have thoughts of suicide and how to work with them to create a plan that will support their immediate safety
 - Learned the key elements of an effective suicide safety plan and the actions required to implement it

PROFESSIONAL MEMBERSHIPS

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| 2026- | Licensed Professional Counselors Association of Georgia |
| 2026- | Association for Play Therapy |
| 2026- | Georgia Association for Play Therapy |
| 2021- | International Association for Spelling to Communicate |
| 2018- | National Board of Certified Counselors |

HONORS AND AWARDS

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| 2018 | Chi Sigma Iota Outstanding Entry Level Student Award |
| 2017 | Holy Innocents' Episcopal School Athletic Wall of Fame Inductee |
| 2015 | Who's Who Among College Students Award |
| 2015 | National Society of Collegiate Scholars |
| 2015 | UGA Speaker's Bureau Nominee |
| 2013-2015 | UGA Dean's List |

ACTIVITIES & INTERESTS

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| 2018-2020 | Publisher of Specialist Newsletter; Hirsch Academy |
| 2018-2019 | Sunshine Committee Treasurer; Hirsch Academy |
| 2017-2018 | ACA Membership |
| 2017 | Botswana Clinical Immersion and Clinical Outreach Trip |
| 2016-2017 | President-Elect; Student Affiliate Organization of Licensed Professional Counselors Association |
| 2016-2017 | Secretary and Awards Committee chair; Chi Sigma Iota |
| 2013 -2016 | UGA Cheerleading |
| 2013-2016 | Alpha Delta Pi Sorority |
| 2015-2016 | Psi Chi International Honor Society in Psychology |
| 2013 | Action Ministries GED Tutor |