#### DISHES AND THEIR ALLERGEN CONTENT Sun & Salt

**Evening Menu** 

# ✓ = Contains allergen

MC = May contain traces/not suitable for.....

FOOD					Do.	upin	Milk		MUSTARD			TISAM ON		Boor
	Celery	Cereals containin g gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustar d	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide (Sulphites)
Olives / Pickles														
Garlic Hummus & Zhoug												✓		✓
Whipped Feta, Honey							<b>√</b>							
Harissa Hummus												✓		✓
Beetroot & Mint Yoghurt							<b>√</b>							✓
Charcuterie plate														
Homemade Pita		1												
Zhoug Potatoes														
Baked Feta							<b>√</b>					<b>✓</b>		✓
Date	03/10/25			Reviewed by: Jess Hartley (owner)							Food Standards Agency food.gov.uk			nformation at

### DISHES AND THEIR ALLERGEN CONTENT Sun & Salt

### ✓ = Contains allergen

MC = May contain traces/not suitable for.....

FOOD						Lupin	Milk		MUSTARD			WSAM.		Boer
	Celery	Cereals containin g gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustar d	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide (Sulphites)
Anchovies					<b>√</b>									
Creamy butterbeans & courgettes							<b>√</b>							
Sea Sisters Smoked Trout		1			✓									
Glazed Aubergine												<b>√</b>		✓
Charred broccoli & feta							<b>√</b>					✓		
Roasted chicken thighs & pepper sauce							<b>✓</b>							
Roast Lamb & herby sauce							<b>\</b>					<b>√</b>		
Pork loin, nduja butter							<b>√</b>		1					
Date:	03/10/25			Reviewed	by: Je	Jess Hartley (owner)					Food Standards Agency food.gov.uk  You can find this template, including more information at www.food.gov.uk/allergy			

# ✓ = Contains allergen

MC = May contain traces/not suitable for.....

FOOD							Lupin	Milk		MUSTARD			SESAM		Boor
	Celery	Cereals containin g gluten	Crustaceans	Eggs	Fisl	h	Lupin	Milk	Mollusc	Mustar d	Nuts	Peanuts	Sesame seeds	Soya	Sulphur Dioxide (Sulphites)
Padron Peppers															
Fennel & Tomato Panzanella salad	1	1													
					•										
Date:	03/10/25			Reviewed by: Jess Hartley (owner)						Fo Sta Ag foo	Food Standards Agency food.gov.uk /allergy				