

## lunch 12pm - 3pm

Please let us know of ANY dietary requirements or allergies before ordering  
Ask us about gluten free options

### Hot Main Deli Plate £15

Choose from  
**Pulled Chicken**  
**Grilled Halloumi (V)**  
**Harissa Roasted Mushrooms (Ve)**

+  
Choose **one** mezze dip

Served with 2 house salads **Citrus Slaw (Ve)** and **Roasted veg & kale salad (Ve)**, homemade pita slices, pickles and yoghurt dressing (v) and tahini dressing (ve)

ADD + House Chilli Sauce £1  
+ Crumbled Feta £1.50



### Mezze Dips

**Whipped Feta & Honey with Aleppo Pepper (V)** £5

**Garlic Hummus with Zhoug (Ve)** £5

**Harissa Hummus with Aleppo Pepper (Ve)** £5

**Homemade pita bread** £2

**Crudités** £2



### Loaded Pita £10.50 Two Dip Plate (v) £9

Choose from  
**Pulled Chicken**  
**Grilled Halloumi (V)**  
**Harissa Roasted Mushrooms (Ve)**

+  
Choose **one** mezze dip

Served on a homemade pita with slaw, pickles and yoghurt dressing (v) and tahini dressing (ve)

ADD + House Chilli Sauce £1  
+ Crumbled Feta £1.50

Choose **two** mezze dips from the above  
+  
Choose **one** house salad  
**Citrus Slaw (Ve)**  
**Roasted veg & kale salad (Ve)**

Served with homemade pita, pickles and yoghurt dressing (v) and tahini dressing (ve)

### Snacks & small plates

Perello Gordal & Manzanilla Olives (ve) £4.50

Pickled Chillies (ve) £4.50

Stuffed Vine Leaves (ve) £6

Garlic butter flatbread with parmesan (v) £6

Herby roast potatoes (ve) £6

"The Real Cure" British

Charcuterie plate £9.50

Marinated white anchovies £6.50

Pats cheese plate, chutney & sourdough crackers (v) £9

sun & salt

## lunch 12pm - 3pm

Please let us know of ANY dietary requirements or allergies before ordering  
Ask us about gluten free options

### Harissa Mushrooms & Avocado on Sourdough (Ve) £10

Toasted sourdough topped with smashed avocado, Harissa roasted mushrooms, sundried tomato pesto and tahini sauce

### Halloumi & Avocado on Sourdough (v) £10

Toasted sourdough topped with smashed avocado, grilled halloumi, sundried tomato pesto and honey

### Bruschetta £4.50 each or 3 for £11

Served on toasted bread  
Choose from:

**Whipped Feta, Sundried Tomato Pesto, Honey & Aleppo Pepper (V)**

**Garlic Hummus, Zhoug, Pickled Onions and Sumac (Ve)**

**Harissa Hummus, Roasted Peppers & Aleppo Pepper (Ve)**

### Feta & Cheddar Pita Toastie (v) £6

Cheddar & Feta Cheese with an Aleppo Pepper seasoning melted in a homemade pita bread

### Garlic Butter, Feta & Cheddar Pita Toastie (v) £7

Homemade garlic butter, Cheddar & feta Cheese with an Aleppo Pepper seasoning melted in a homemade pita bread

Add a small soup of the day to any toastie for £2.50

ADD + House chilli sauce pot £2  
+ Sun-dried tomato pesto pot £2

### Soup Of The Day + pita slices (Ve) £4



sun & salt