

Therapist List/ Parenting Support:

Deana Watson- 480-775-6423 adults

Kathy Forsyth- 480-776- 3384 adults

Dena Charter: 480- 861- 5771 EMDR adults

Lorre Francis Rodgers 949- 415-6662 adults

Adolescents/ Adults:

Wade Cordell- 480- 751-9288

Gavin Griffith (Call Sue to schedule): 480-203-9653 teens

Dr. Har Kaur Khalsa: (602)790-9575

Heather Adams 480-422-6019

Dena Charter: 480- 861- 5771 teens / adults

Children and Adolescents:

Jessica Dabauffer 480-866-3445

Heather Koutsogiannis, PsyD (480) 668-8301

Julie Jacobs: Office: 480-459-9994 (Maxwell Jaskoleski & Jeff Fulkerson)

AZ Child Psychology, LLC

<https://arizonachildpsychology.com/provider.html>

Twice Exceptional:

<https://arizonagifted.org/wp-content/uploads/2016/08/Professional-Listings.pdf>

Beljan Psychological Services
<http://paulbeljan.com/index.html>
[\(602\) 957-7600info@beljanpsych.com](mailto:(602)957-7600info@beljanpsych.com)

Child/ Teen Trauma therapist:

<http://aztraumahealing.com>

<https://aztrauma.com>

<https://leahowentherapy.com/treatment/>

<https://aztraumacounseling.com>

<https://debgionlpc.com>

<https://eastvalleytraumacounseling.com>

Parenting and Support ADHD

Arizona Family Therapy Group:

<https://www.arizonafamilytherapygroup.com/home-school-and-community-services-for-autism-adhd-and-behavior-disorders-tempe-arizona/>

AZ Behavior Consulting:

<https://www.arizonabehavioralconsulting.com>

Triple P: Positive Parenting Course

<https://www.triplep-parenting.com/us/get-started/online-parenting-course-toddlers-to-tweens/>

<https://www.triplep-parenting.com/us/get-started/online-parenting-course-pre-teens-and-teens/>

Links to a variety of Parenting guides/ webinars/ online books.

<https://www.additudemag.com/product/parents-guide-to-adhd-discipline/?src=download>

ADAPT: parenting help for 1st responders, military, and immigrant refugee families.

<https://www.adaptparenting.org>

New Beginnings: The New Beginnings Program for Divorcing and Separating Families (NBP) is a 10-session program designed to promote effective parenting following family separation or divorce.

<https://reachinstitute.asu.edu/programs/new-beginnings>

**"Tools & Tacos" Parenting Workshop
The Ultimate Workshop & Date Night!**

You wouldn't try to fix your car without tools, it would be impossible! The same is true for parenting! Join us for the ultimate date night(s) where you will learn tried and tested tools and strategies for increasing desired behaviors in kids and teens, as well as those for decreasing undesired ones. After learning the different parenting tools and strategies, couples will be sent off on their own to continue their discussion over dinner at Aunt Chilada's Mexican Restaurant across the street. The cost of enrollment for this 2-session workshop

comes with a \$100 Aunt Chilada's gift card that can be used for date-night dinners after each workshop session. To see specific workshop dates/times or to register, click on the blue "Enroll" button above!

[\(602\) 824-8804](tel:6028248804)

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