

Parenting Help

Must reads:

The Explosive Child , Dr. Ross Green Ph.D

Sensory Processing/ explosive/ ODD

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2542921/>

Raising Human Beings, Creating a Collaborative Partnership with Your Child, Dr. Ross Green Ph.D

**outlines the same approach as *The Explosive Child*, but is an easier read for parents of kids who are not necessarily explosive

What to Expect When Raising Children with ADHD: A 9-step plan to master the struggles and triumphs of parenting a child with ADHD.

with / The Complete Guide to Parenting ADHD Online Course

The Out of Sync Child: Recognizing and Coping with Sensory Processing Disorder, Carol Kranowitz

Must Listen!

Dr. Russell Barkley: Why does he do that?

<https://www.additudemag.com/adhd-behavior-podcast-1/>

ADHD is the key to your success!

<https://youtu.be/HtZ1DZEMWmw>

Classes

Arizona Family Therapy Group:

<https://www.arizonafamilytherapygroup.com/home-school-and-community-services-for-autism-adhd-and-behavior-disorders-tempe-arizona/>

<https://www.arizonabehavioralconsulting.com>

<https://www.parentarizona.com/parenting-classes>

Free class: **Improve Your 5 Biggest Parenting Challenges Now**

<https://thebehaviorrevolution.com/parenting-training/improve-parenting-challenges-adhd-autism-course/>

Triple P: Positive Parenting Course

<https://www.triplep-parenting.com/us/get-started/online-parenting-course-toddlers-to-tweens/>

<https://www.triplep-parenting.com/us/get-started/online-parenting-course-pre-teens-and-teens/>

Links to a variety of Parenting guides/ webinars/ online books.

<https://www.additudemag.com/product/parents-guide-to-adhd-discipline/?src=download>

ADHD Dude

<https://adhddude.com>

Special Populations:

New Beginnings: The New Beginnings Program for Divorcing and Separating Families (NBP) is a 10-session program designed to promote effective parenting following family separation or divorce.

<https://reachinstitute.asu.edu/programs/new-beginnings>

ADAPT: parenting help for 1st responders, military, and immigrant refugee families.

<https://www.adaptparenting.org>

