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Nursing home cleaning schedule template

Cleaning schedule for care home template. Cleaning schedule for nursing home. Cleaning home schedule template.

The National Institute for Health and Clinical Excellence (NICE) in partnership with the Health Protection Agency (HPA), have recently focused on quality improvement in terms of the cleanliness required in healthcare environments. This improved information is aimed at the care sector and people working in other areas of the NHS, the aim of this guide is to ensure that care settings are compliant with the current code of practice for preventing and controlling infections. The secondary aim of this information is to help build on advice given in the code of practice and elsewhere to help further enhance and improve the quality of care and practice being offered within care environments and the NHS. What it is hoped that these changes will achieve is an increase in cleaning standards, lifting care environments above the current standards making it easier to prevent and control infections and illnesses.

Keeping a care environment clean is crucial at all times, which is why it's so essential that each member of staff is aware of effective care home cleaning information and knows how to ensure that the environment remains as clean as possible. And also, of course, that all care home hygiene standards are met at all times, as this is vital for the wellbeing and health of many more vulnerable people living in care settings. The law states that, under Regulation 15 of the Health and Social Care Act 2008, that 'all premises and equipment used by the service provider' must be clean, secure, suitable for the purpose for which they are being used, properly used and properly maintained. What this means is that every care home is legally bound to offer a clean and hygienic environment with high levels of cleanliness expected to help prevent infections and other related issues. With this in mind, below we have put together a care home cleaning checklist, to help ensure that your care environment is as clean and hygienic as possible. As part of this, it's essential that you keep your care home cleaning supplies fully stocked up so that you are able to tackle all daily cleaning tasks as soon as they occur. Cleaning checklist for care homes: All surfaces must be cleaned each day, including floors, equipment, and soft furnishings. This should include: Doors and door frames Covers of radiators Kitchens being cleaned everywhere, including surfaces, floors, ovens and fridges Windows, window sills and frames Skirting boards Handrails Bath hoists should be cleaned between each use Ledges, flat surfaces and the tops of wardrobes Bed frames Mattresses - these should be vacuumed and cleansed with disinfectant Bedside cabinets Wheelchairs - clean between uses by each resident and check frames and wheels over bed tables Extractor fans Skin and taps Toilets and bathrooms - check, clean and tidy.

Sample Cleaning Schedule 1: The 3 week rotation

- List Weeks and List Chores, then mark the person responsible for each chore for that week.
- Cleaning should be done approximately once a week.

Week 1

Name	Toilet	Shower	Vacuum	Sweep Floor	Take out Recyclables/Trash
	x				
		x			
			X		
				x	
					x

Week 2

Name	Toilet	Shower	Vacuum	Sweep Floor	Take out Recyclables/Trash
	x				
		x			
			X		
				x	
					x

Week 3

Name	Toilet	Shower	Vacuum	Sweep Floor	Take out Recyclables/Trash
					x
	x				
		x			
			X		
				x	

Ensure that there are detergent wipes available in each bathroom. Replenish soap, hand towels and make sure there is no scale build up Floors and carpets Medicine trolleys and lockers - clean and check contents Light switches, all fittings and lampshades Reusable equipment such as shower chairs, hoists and commodes When cleaning a care home you need to make sure that you are wearing the correct Personal Protective Equipment, including gloves and aprons. Depending on the task at hand, you may also require overshoes, oversleeves, face masks and coveralls. When cleaning you should be using the following: Mop and bucket Hot water Detergent wipes Disinfectant, wipes and spray can be extremely useful for care home cleaning Bleach Chlorine tablets Patient wipes Colour coded clothes - ones you can dispose of Floor cleaner Vacuum cleaner Urine and vomit spill pack Steam cleaner Carpet shampoo Laundry products - washing detergent and dissolvable laundry sacs. Washing up liquid Hand sanitiser - this should be made available for all members of staff and visitors. Colour coding: A colour coding system of cleaning materials, tasks and equipment should be operated in a care home environment. It is easier to keep on top of and make sure no tasks are missed. Whether you manage the property or head up housekeeping, you know how important it is to keep your assisted living facility sparkling clean. Bright, fresh rooms are critical for the health of residents as well as visitors and staff. It's always a good idea to review your general cleaning guidelines and reset schedules as needed. This nursing home housekeeping checklist is designed to provide a base for building a template tailored to your facility.

Keeping a Nursing Home Clean: Your Cleaning Checklist This housekeeping duties checklist for senior care settings is divided into three sections with daily, weekly and monthly recommendations. The guidelines apply to residents' rooms as well as facility-wide spaces such as common areas, dining rooms and bathrooms. 1. Daily Housekeeping Duties in a Nursing Home These daily guidelines help ensure a healthy environment throughout your elderly care home facility.

Avoid exposing residents to harsh chemicals by using mild disinfectants for general cleaning. • Wipe down all surfaces in individual rooms and shared areas several times a day. • Disinfect touchpoints including door and cabinet handles, handrails, light switches and shared electronics. • Sweep and mop hard floors, vacuum carpets, and inspect door mats for signs of wear and tripping hazards. • Keep kitchens free of dirty dishes, wipe down appliances, and check refrigerators for spoiled items. • Clean and disinfect bathroom showers, tubs, whirlpools, sinks, countertops and toilets. • Secure all dirty linens in heavy, fluid-resistant fabric bags, and move to the laundry room in covered linen carts. • Tie trash bags before removing from receptacles, and be alert for any tears that might spill contents. 2. Weekly Nursing Home Housekeeping Procedures Stay ahead of big cleaning jobs in an assisted living facility with weekly housekeeping duties. These projects also provide opportunities to confirm the condition and safe operation of doors, windows and light fixtures.

- Vacuum furnishings and cushions, wash drapes, and clean window blinds.
- Dust light fixtures, and check bulb type and wattage to confirm safe use with each fixture.

Cleaning Schedule

Daily:

- do dishes
- empty trash
- wipe down stove/countertops
- quick pick up
- wipe bathroom sink & mirror
- make bed(s)
- vacuum(s) as needed
- laundry

Monday:
KITCHEN/DINING ROOM
sweep/mop
wipe baseboards
clean walls/cabinets/doors
clean out fridge
tidy cabinets
clean microwave
dust blinds

Tuesday:
LIVING ROOM/HALLWAY
sweep/mop floors
vacuum rug
wipe down walls/doors
dust furniture
vacuum out furniture
wipe baseboards
tidy TV unit
wash windows
dust

Wednesday:

MASTER BEDROOM
vacuum carpet
wipe baseboards
wipe down walls
wipe baseboards
tidy drawers
tidy closet
wash bedding
dust furniture

Thursday
 kids bedroom
 vacuum carpet
 wipe baseboards
 wipe down walls
 wipe baseboards
 tidy drawers
 tidy closet
 wash bedding
 dust & buff

Friday:
CRAFT ROOM
vacuum carpet
wipe down stairs
deck/lawn/Fido dresses/Mask
tidy sewing/knif area
dust furniture
update calendar

Saturday:
BATHROOM
sweep/floor
empty trash

- Clean out and straighten up kitchen cupboards, refrigerators, pantries and general supply storage areas. • Polish windows and sliding glass doors inside and out as well as interior door windows and glass room partitions. • Clean wood and metal doors, and check hardware, door stops and lock mechanisms. • Inspect sink and floor drains in bathrooms and kitchens for clogs or signs of mold and mildew. 3. Monthly Cleaning Schedule for Nursing Homes Work with staff to outline monthly cleaning projects in your senior living facility. Addressing these jobs on a routine basis makes it easier to keep up with daily and weekly housekeeping duties. • Thoroughly clean inside cabinets and pantries, and clean kitchen appliance interiors. • Check food in refrigerators, cabinets and pantries for freshness and expiration dates. • Clean overhead light fixtures, ceiling fans and fire sprinkler systems, and check smoke alarms.

- Wipe down walls and baseboards in all rooms with an eye out for any signs of dampness from hidden leaks.

- Clean ceiling and wall air vents and grills, and change out HVAC filters.

- Steam-clean carpets and area rugs, and wax and buff hardwood floors. Outsourcing Big Cleaning Projects for Nursing Home Facilities It's often more efficient to outsource big cleaning projects. Hiring a cleaning company saves the expense of renting equipment and buying specialty products. It's also safer to leave heavy jobs in the hands of industry-certified professionals.

CLEANING SCHEDULE

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These are just a few of the benefits of bringing in an experienced cleaning contractor. Professionally cleaned furniture keeps interiors fresh and prolongs the life of fabrics and frames. Carpet and rug care includes deep cleaning and stain protection treatments specific to fiber and padding types. Tile counter, floor and wall cleaning includes deep grout disinfecting. Professionally cleaned air duct systems help maintain healthy air quality throughout your nursing home. Green cleaning, customized scheduling and one-time project options are all available. In case of fire or water damage, you can depend on a full-service cleaning company for restoration services. Looking for Nursing Home Cleaning Services in Chicago? We Can Help! Every assisted living facility presents unique housekeeping challenges. As you update procedures and rework staff schedules, we hope our guidelines can make your job a little easier. We're glad to help with a full line of certified nursing home cleaning services. You can depend on ServiceMaster by Zaba to support your staff's hard work, and we're here for emergency situations too. Give us a call for a fast, free estimate: 773-647-1985 Guidance Published on 01 May 2021 From: Health Facilities Scotland Safe Management of the Care Environment. Cleaning Specification for Care Homes. Cleaning services, within care homes, should be managed in a systematic way, and staff responsible for cleaning should be trained to carry out the tasks they are responsible for. The care homes cleaning specification provides a guide to planning cleaning services. It has tools to help with the planning and recording of cleaning activities. The tools within the Cleaning Specification should be used by the care home manager in the planning, training of staff, delivery, and checking of standards of the cleaning services they provide. Is this page useful? To help us improve NSS, we'd like to know more about your visit today. We would like you to complete a short survey. It will take only 2 minutes to complete. Start survey