

# SMOKE SIGNAL

VOLUME 55, ISSUE 2

Serving the Smoke Rise Community since 1968

May, 2022

www.smokesignalnews.com



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## Tucker Launches Revamped TKR Summer of Fun

The City of Tucker announced Thursday that the fifth annual TKR Summer of Fun is expanding with the addition of new events for residents and the surrounding community to enjoy. The popular event series now spans May through September with monthly First Friday Concerts starting May 6. The public is welcome at the Church Street Green-space starting at 6:30. Picnic baskets and chairs are encouraged, but pets will not be permitted.

The TKR Summer of Fun schedule is as follows:

- May 6 – First Friday: Nathan Angelo Band
- May 14 – Adult Field Day: Tucker Recreation Center
- June 3 – First Friday: The Woodys
- July 3 – Independence Day Celebration on Main: The Vibe and DJ Fernando
- August 2 – National Night Out: Smoke Rise Elementary School
- August 5 – First Friday: The Mike Veal Band
- September 2 – First Friday: A1A Band

“This is the fifth year for the TKR Summer of Fun and we are thrilled to be adding some additional events this year,” said Rip Robertson, Parks and Recreation Director. “With the addition of the green-space on Church Street we can provide more events for our community without the disruption of shutting down Main Street. We hope Tucker and the surrounding areas join us for some community building fun!”

The TKR Summer of Fun will be sponsored by Discover DeKalb, Jacobs Engineering and Emory Healthcare. Further updates and information are available on our website, [www.tuckerga.gov](http://www.tuckerga.gov).



Photo courtesy of [Tuckerga.gov](http://Tuckerga.gov) news 2021

## Mothers

By Victoria R. Crosby

Some of us were raised by biological mothers,  
adopted families nurtured others,  
or family members and women from the neighborhood  
gave you loving attention whenever they could.

It takes a village, the saying goes,  
to raise a child, and heaven knows  
it is the most difficult job you will ever undertake,  
and is impossible to do without mistake.

Mothers warn their children  
of life’s problems before they arise,  
yet it is very hard to see the world  
through your mother’s eyes.  
A woman’s intuition can be very strong,  
a mother’s intuition is rarely wrong.

No one likes to hear the words ‘I told you so’  
but there will be times you’ll realize  
that she was right, you know.

Once you are a mother you will understand  
that your mother did the best she could  
with the knowledge at hand.  
There are no degrees in motherhood,  
by trial and error most mothers learn.  
To raise an emotionally healthy child  
is the doctorate that you earn.

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## MEMORIAL DAY: A SOLEMN DAY OF REMEMBRANCE

By Barbara Bruschi

While nature is resurging and its incredible beauty is surrounding us, a grateful nation remembers its fallen heroes on the last Monday of May, Memorial Day. For over a century, Memorial Day, as we know it now, has been observed on May 30, the day General Logan designated as Decoration Day in 1868. At first, only soldiers that served in the Civil War were remembered. Now, Memorial Day honors veterans of

World War I, World War II, The Vietnam War, The Korean War and the wars in Iraq and Afghanistan.

Congress passed the Uniform Monday holiday act for Memorial Day in 1968 and it went into effect in 1971.

At Arlington National Cemetery, soldiers place flags in front of 360,000 gravestones to remember their comrades that died defending our country – a promise that those who made the ultimate sacrifice

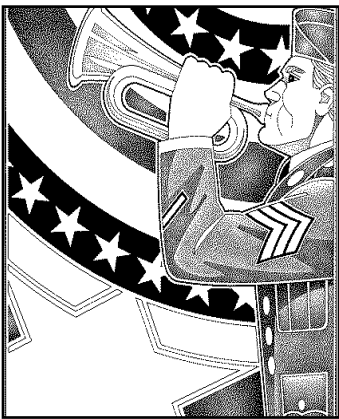
for their country will never be forgotten.

On this day many American visit the graves of their loved ones. A national moment of remembrance takes place at 3 p.m. ET. The flag of the United States of America is flown at half-staff from dawn to noon. Another custom from the Civil War era is to wear a red poppy on Memorial Day, symbolizing the blood that was shed “In Flanders Field” after the publication of the war

time poem by Lt. Colonel John McCrae while serving on the front lines.

Many towns and cities host parades, honoring the military and veterans. Picnics, family gatherings, and sporting events are held over the extended holiday weekend. Many families decorate graves and others visit Memorials.

All wars leave devastation and endless heartache. This Memorial Day our thoughts will be with the Ukrainians that are valiant-



ly fighting for their liberty and right to exist as an independent nation.

On May 30th we salute the bravery of our military service members, who protecting our freedom to pursue our destiny in peace.





## Smoke Signal

P.O. Box 763, Tucker, GA 30085

A non-profit service organization devoted to furthering neighborhood cooperation with the aid of good neighborhood communication.

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### Preferred Formats for Smoke Signal Submissions

When sending articles and photos to the *Smoke Signal*, it is helpful if articles could be sent in .doc or .docx format. Articles sent in .pdf format cannot be edited or changed in any way. Also photos sent in .jpg format can easily be opened and formatted to fit a particular space, so that is also a preferred method. Thanks for helping us make your neighborhood paper the best it can be!

Digital copies of the *Smoke Signal* are posted to the archives at [www.smokesignalnews.com](http://www.smokesignalnews.com).

You can also visit our Facebook page at [www.facebook.com/SmokeSignalNews](http://www.facebook.com/SmokeSignalNews) to view postings of newsletter pictures and stories throughout the month.

## Smoke Signal Deadlines

**MAY 13**

Please e-mail articles to:

**staff@smokesignalnews.com**

(Word documents or text file attachments preferred)  
PLEASE DO NOT SEND CLASSIFIED ADS  
TO THIS E-MAIL ADDRESS

Extra copies may be picked up at  
**The Smoke Rise Community Garden on Hugh Howell Rd.**

**Deadline for classified ads is MAY 10**

### SMOKE SIGNAL FLYER INSERT POLICY

Cost: \$150 by check to *Smoke Signal*  
Deadline to Receive: 6:00 p.m. on 19th of month  
Flyer inserts should be 8 1/2" x 11" (flat, not folded)  
Please provide 2,300 copies  
Reservation Required:  
Contact Barbara Luton, (770) 491-6711 by 15th of month.

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### GFWC Stone Mountain Woman's Club

salutes its  
members for their  
dedication to  
community service:

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*<https://www.stone-mountainwomansclub.org>*

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## Smoke Rise Baptist Church

*Connecting in New Ways During the COVID-19 Pandemic*

Dr. Chris George: Senior Pastor  
Bart McNeil: Associate Pastor of Administration,  
Ministry Support and Congregational Care  
Becky Caswell-Speight: Minister of Families,  
Faith Formation and Connection  
Jim Smith: Pastoral Care Associate  
Amanda Coe Burton: Ministry Director for Children and Families  
Harrison Litzell: Co-Director of Weekday School  
Stacey McNeil: Co-Director of Weekday School  
Telephone: (770) 469-5856  
[SmokeRiseBaptist.org](http://SmokeRiseBaptist.org)

### SUNDAY

9:45 a.m. Attend Sunday School through Zoom or In-Person  
Schedule Available at [smokerisebaptist.org/streamingatsmokerise/](http://smokerisebaptist.org/streamingatsmokerise/)  
11:00 a.m. Attend Worship via Live Stream or In-Person  
Live Stream Available at [smokerisebaptist.org/streamingatsmokerise/](http://smokerisebaptist.org/streamingatsmokerise/)  
5:00 p.m. Children and Youth Activities In-Person

### MONDAY

7:00 p.m. Journeys Racial Justice Study Group  
Zoom or In-Person  
Schedule Available at [smokerisebaptist.org/journeys/](http://smokerisebaptist.org/journeys/)

### WEDNESDAY

5:00 p.m. Dinner  
6:00 p.m. In-Person Programing for all ages,  
join the Adult Bible Study via Live Stream

Live Stream at [smokerisebaptist.org/wednesday-evening-activities/](http://smokerisebaptist.org/wednesday-evening-activities/)

## Eastminster Presbyterian Church

Pastor ~ Rev. J. Caleb Clarke III  
Director of Spiritual Formation ~ Jeanine Fulton  
Director of Family & Outreach ~ Mark Sauls  
Organist ~ Carole Mitchell  
Financial Coordinator ~ Jan Zabarac  
Director of Weekday Ministries ~ Celeste Sears  
Office Coordinator ~ Christina Wetzel-Sizemore

5801 Hugh Howell Road ~ Stone Mountain, GA 30087  
770-469-4881 ~ [www.eastminster.us](http://www.eastminster.us)

### Sunday Schedule:

9:15 a.m. Adult Sunday School via Zoom and In-Person  
9:30 a.m. Children's Sunday School via Zoom and In-Person  
10:30 a.m. In-Person and Live streaming of Worship service

**EPC Outreach Blood Drive is Sunday, May 15th  
8:30 am - 1 pm in the LifeSouth Bloodmobile**

## MC3 Church

Senior Minister: Art Stansberry  
Outreach and Family Life Minister: Gerardo Mancilla  
(770) 783-1035 ~ [www.mc3.life](http://www.mc3.life)  
4415 Stone Mountain Hwy., Lilburn, GA 30047

### Sunday Schedule\*:

8:30 a.m. Coffee and donuts  
9:00 a.m. Worship service (in person and online)

*\*Worship time will move to 10 a.m. beginning on Sundays in March.*

Life groups throughout the week  
check out our website for times and addresses.

Business Address and Hours: 1316 Rockbridge Rd, Suite M  
Stone Mountain, GA 30087  
Monday through Friday, 9 a.m.-5 p.m.

Mailing Address: 1227 Rockbridge Rd., SW, STE 208-251  
Stone Mountain, GA 30087

## First Moravian Church

Pastor: Rev. Elroy Christopher  
Congregational Acolyte: Bill Hitz  
(770) 491-7250, (770) 755-8289  
[www.gamoravian.org](http://www.gamoravian.org)

Sundays: 10:00 a.m. Sunday School—Adults & Children  
11:00 a.m. Worship  
12:00 p.m. Fellowship Time

## Incarnate Word Lutheran Church

Please join us for worship on Sundays at 8:45 a.m.  
at the First Moravian Church sanctuary  
4950 Hugh Howell Rd., Stone Mountain, GA 30087

## Mountain West Church

Pastor: Mo Huggins  
(770) 491-0228 ~ [www.mwchurch.com](http://www.mwchurch.com)  
4818 Hugh Howell Rd., Stone Mountain

Sunday Services: 9:00 a.m. and 11:00 a.m.  
Thursday Neighborhood Bible Study with Pastor Mo: 10:00 a.m.  
*All Welcome!*

In-person and streaming online on Facebook and [mwchurch.com](http://mwchurch.com)

**THE SMOKE SIGNAL NEEDS A FEW  
VOLUNTEERS  
INTERESTED?**

**EMAIL: [STAFF@SMOKESIGNALNEWS.COM](mailto:STAFF@SMOKESIGNALNEWS.COM)**





ART Station Performance Company and Arts Camps for Youth Announced

ART Station in Historic Stone Mountain Village is proud to present its award-winning summer arts camp and performance company programs beginning June 6 and continuing through July1.

The arts camp runs weekly, June 6-17. The mission of ART Station Summer Arts Camp is to involve the campers ages 5-13 in a variety of artistic activities in the performing,



literary, and visual arts, allowing the students to explore their creativity with their peers in a fun, safe, and nurturing environment.

The cost for each week ranges from \$150-\$180.

The performance program runs for two weeks, June 20-July 1. This professional two-week program for students ages 7-13 introduces campers to the theatre production and performance process. Daily drama classes & rehearsals utilize improvisation, theatre games, singing, dancing, poetry, and visual arts. The session culminates with an original show, created and performed by the campers on Thursday, June 30. The cost for this 2-week period run from \$295-\$315.

All activities take place at ART Station; housed in the fully renovated, historic Trolley Barn at 5384 Manor Drive, in the Historic Village of Stone Mountain.

For more information about ART Station summer arts programs call 770-469 -1105 or visit the ART Station web site at artstation.org for online registration.

On the Road Again

The Georgia Hosta Society proudly presents their 31st Hosta Show and Plant Sale on Saturday, May 7th at the Fellowship Hall of the Tucker First Baptist Church on Main Street in Tucker. This is the first actual, physical show and sale they are holding since the pandemic began in 2020. The Hosta show is from 9:30am to 3pm. The plant sale opens at 8:30am and runs until 2pm. The sale includes not only Hostas but also many other interesting plants. You'll find unusual Hostas to plant in your garden that you don't see anywhere else.

Don't forget that you can enter your Hosta leaves in the show. You might very well win a ribbon! The show is free and open to the public.



Tucker Business Leaders Unite for Manufacturing Day

The City of Tucker is hosting its 2022 Manufacturing Day on May 12 at Stone Ridge Event Center. This is the third Manufacturing Day hosted by the City of Tucker in partnership with the Tucker-Northlake and Tucker Summit Community Improvement Districts. There will be an educational component to this year's event, as a contingent of Tucker High School students have been invited as special guests.

"We are excited to invite the students of Tucker High School to participate this year," said Tucker's Economic Development Manager Jackie Moffo. "The City's Manufacturing Day is the perfect way to start the conversation of business and career opportunities with the youth of our community."

The day will start with networking and light breakfast, followed by two panel discussions. The panels, titled "Careers in Manufacturing" and "Tucker Businesses of the Future" will be comprised of local manufacturing giants PepsiCo, Briggs & Stratton and International Paper, among others. Lunch and more networking opportunities follow the discussions.

To attend Tucker's 2022 Manufacturing Day, participants can sign up on the City website starting on April 14. Stone Ridge Event Center is located at 1750 Stone Ridge Drive.

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Eleanor Patrick, Realtor

**Art of Nature Garden Tour**

The GFWC Stone Mountain Woman's Club will sponsor a garden tour of six gardens on Saturday, May 21, in the Smoke Rise area. The gardens will be open from 10.00 a.m. to 4:00 p.m. Tour at your leisure. Tickets are \$25.00 and can be bought from any member or online at [www.stonemountain-womansclub.org](http://www.stonemountain-womansclub.org). Tickets purchased on line can be picked up at 2455 Spencers Way, Stone Mountain, GA 30087 on the day of the tour. Also available on the day of the tour will be raffle tickets for 2 Japanese maples to be given away. Money from the tour will go back into the many charities that are supported by the Stone Mountain Woman's Club.

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Call or text: 678.478.5781  
Website: [CenturionAG.com](http://CenturionAG.com)  
Home Office: 5900 Millstone Lane

*We'd Enjoy Connecting With Our Smoke Rise Neighbors.*

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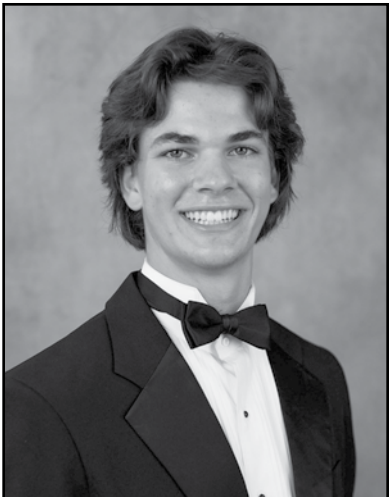


GRADUATES



Laura and Jay Smith of Mountain Creek are proud to announce the graduation of their son, Charlie, from Providence Christian Academy in Lilburn. Charlie has been at Providence since first grade and has enjoyed lettering on the STORM football, tennis and the shooting sports teams. As a member of Scout Troop 876 in Smoke Rise, he earned the rank of Eagle Scout in 2021. Charlie works for Zest Atlanta Catering and has worked on the delivery team for the Smoke Signal for 6 years. He plans to attend The University of North Georgia and study computer science. His grandparents are Penny and Graham Stovall of Smoke Rise and Laverne Smith of Atlanta.

Mr. and Mrs. Alan White of Smoke Rise are proud to announce the graduation of their son, Robert Camden White, from Providence Christian Academy. During his time at PCA, Camden played four years of varsity football and was selected as captain during his senior year. He was on the varsity clay shooting team and also participated in tennis, track & field, and basketball.



Camden plans to attend Abraham Baldwin Agricultural College where he will pursue a bachelor's degree in Agribusiness.



Chris and Amber Dean of the Woods of Eastgate in Smoke Rise, would like to announce the graduation of their daughter, Kaitlyn Woodard, from Druid Hills High School on May 18th, 2022. Kaitlyn played volleyball her freshman year and was a member of the year-book staff for both her junior and senior years. Her advice to incoming freshmen, "Do what you have to do now, so you can do what you want to do later." Kaitlyn plans on attending Georgia State University.

ATTENTION GRADUATES, NEWLYWEDS, AND HONOREES

Please send in your picture and a brief article for publication in the *Smoke Signal*. Email submissions to [staff@smokesignalnews.com](mailto:staff@smokesignalnews.com)



WEDDING

Dr. Robin & Mr. Alex Comer of Mountain Creek would like to announce the marriage of their daughter Tyler Comer to Myron Peterson II, son of Mr. & Mrs. Peterson Sr. of Kansas City, Missouri. They were married on March 10th at the Country Club of the South in Johns Creek, Georgia. Tyler is presently employed with the City of Atlanta as an Assistant Prosecutor. Myron is employed as a General Manager with Extended Stay of America.

Ladies Spring Event

Smoke Rise Baptist Church held its Ladies Spring Event with a buffet meal coordinated by Lou Tankersley. Twenty-three tables were decorated by a hostess or hostesses at each table. Lots of flowers, rabbits and signs of spring were seen throughout the church hall. Kathy Jollay introduced the speaker, Bruce Goddard, a humorist who entertained the group with stories from Reynolds, Georgia. The evening ended with multiple door prizes awarded to many lucky ladies.

Pictured left to right: Pat Baumann, Lois Jernigan



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The GFWC Stone Mountain Woman's Club participated in the Mardi Gras Parade hosted by the city of Stone Mountain. Five local high school bands, citizens and groups walked and rode on floats in a day filled with fun.

*Pictured left to right: Becky Sanders, president; Barbara Luton, SR resident*



Afternoon Tea & Poetry at the Smoke Rise Country Club

The Tea Room at the Smoke Rise Country Club was filled to capacity as the ladies wearing hats and fascinators enjoyed afternoon tea, along with one gentleman. Many brought their favorite teacups and lovely geraniums, in shades of pink and white, adorned the tables and were placed around the room.

Since April is Poetry Month, it was fitting that club member and member of the social committee, Victoria Crosby, a new resident of Smoke Rise, having moved from Long Island NY, entertained with poems from her collection of her poetry which was both inspirational and humorous. The funny poems seemed to be the most popular. Originally from England, Ms. Crosby writes for *The North Shore Leader* in New York, and her poetry has been featured in the *Smoke Signal* and the *DeKalb Our Town*. She also writes custom poetry for people for special occasions, such as birthdays, anniversaries and other memorable events that require a unique gift.



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**In Tribute**

Many of our clients, friends and the community knew **Mark Soltys**, our gentle giant, tech guru and very special member of our team.

He lost his 3.5 year battle with cancer on April 12. We already miss him greatly.

He was a giant in so many ways beyond stature. His contributions to the tech industry, real estate, our team and our community. He will be missed.



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Out the Window

by Beth Henson

Screech, screech, screech, there it was again. Something was definitely going on with my front door. As I carefully peeked out the foyer windows, everything in the quiet, budding courtyard seemed to be the same. The tender new leaves of the Joseph Coat climbing rose were slightly trembling in a small breeze, complimented by tiny yellow and orange forthcoming buds. On the opposing wall, the small tucked in fountain quietly gurgled a happy tinkling tune. I could barely see the two moss green eucalyptus wreaths on the double doors, but they seemed undisturbed. Screech, screech..... time to investigate.

Leaving by the back patio I quietly crept around the side of the house and peeked at the front courtyard wall. Perched atop was a rather proud pair of tiny house finches with Mr. Finch's bright red head plumage gleaming in the morning light. On further investigation I found a small, rounded nest expertly balanced at the back of one of the wreaths. A click of my phone's camera showed me five tiny blue and brown speckled eggs.

Congratulations to the proud parents. I'll be listening out for your new family in the coming weeks!!



techtalk by Susan Gilbert

Locking in your Natural Gas Price Pays!

...that is, at the right time of the year. You may remember the warnings to do that late last summer and early fall. Experts predicted the prices were going to rise significantly.

Recent wholesale natural gas prices are hitting record highs. In April, they topped \$8 per million BTUs. That is a wholesale price equivalent of \$0.80 per therm. You must go all the way back to 2008 to see prices this high.

To get a feel for how this affects people's budgets, if you were paying a winter gas bill of \$200 last year when wholesales prices were \$2.5 per million BTUs, if you were not on a locked-in rate, you might be looking at a bill 3.2 times that, or \$640!

Customers across the country are experiencing this kind of gas bill shock, and the gas companies are being dinged on their customer satisfaction as a result. But there is not a lot they can do about wholesale prices. Their buyers watch the market and like customers, try to lock-in the best contract price they can get. They tend to do that in the fall making October the best time for customers to also lock in the lowest rate they are likely to see.

What I like to remind friends of is that while you can only do so much about the rate you pay, there is plenty you can do about the final monthly bill amount. For instance, anyone can go on the Georgia Power website and find a FREE online energy audit. At their website, use the search bar looking for Energy Check-up.

If you are a customer, log in to your account and the audit will use your 13-month billing history to perform the detailed analysis and run dozens of different scenarios to compute your best money saving options from free ones, like changing thermostat settings, to more expensive ones, like upgrading your HVAC system. Not a Georgia Power customer? Just use the Estimated Energy Check-up to get almost as remarkably accurate results using your home profile and local weather information.

Once you enter your home profile, which takes less than a minute if you know your home's characteristics, you click Submit and within seconds have the results. Recommendations are presented in order of highest dollar saving amounts. You can also see where your annual energy dollars are going and see a monthly bar chart broken down by your home's end uses, like Heating, Cooling, Refrigeration, Water Heating, etc.

So, take control of your monthly energy bills by remembering to lock in a low gas price in October and by learning how you can lower your bills by making some changes in your home or lifestyle. Now is a great time to change your filters and have your HVAC system serviced for the cooling season.

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Sunday: 1-7 p.m.

August 8- September 5

Monday-Wednesday: Closed

Thursday & Friday: 4-8 p.m.

Saturday: 1-7 p.m

Sunday: 1-7 p.m.

Labor Day: 12-6 p.m.

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May 28 - August 7

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Sunday: 1-6 p.m.

August 8- September 5

Monday-Wednesday: Closed

Thursday & Friday: 4-8 p.m.

Saturday: 1-7 p.m

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The Summit Community Association has exciting plans for 2022, which include investing in resurfaced tennis courts!

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May 27 - Aug 7 • 6 a.m. - 1 p.m. \*

1 p.m. - 8/9 p.m. • Lifeguard on duty  
(Adult Swim the last 15 minutes of each hour)

Aug 8 - Sept 11

Monday-Thursday 6 a.m. - 8 p.m.

Friday 6 a.m. - 4:30 p.m.\*  
4:30 - 9:00 p.m. • Lifeguard on duty

Saturdays 6 a.m. - 1 p.m.\* and 1 p.m. - 9 p.m.\*

Sunday 6 a.m. - 1 p.m. \*  
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\*No Lifeguard on Duty -- Swim At Your Own Risk --

*If you choose to swim during non-lifeguard hours, you must be 18 years of age or be with a responsible adult.*

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Pool Address (not for mail):

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Smoke Rise, GA 30087

Phone: 419-506-0559

Email: [info@smokerisesummit.com](mailto:info@smokerisesummit.com)

Smoke Rise Country Club Announces Pool(s) Opening

By Susan Gilbert, SRCC Board of Directors

As schools close and summer begins, it's a great time to see what the Country Club has to offer your family for some close-by summer fun. With five different pools to choose from, and two lifeguards on duty, there is something for everyone.

Let's begin with the enormous Junior Olympic swimming pool featuring several roped-off lanes for lap swimmers leaving plenty of room open for splashing, floating, and playing. People enjoy that the pool is treated with saltwater instead of the harsh chlorine chemicals. Saltwater has the additional advantage of making it easier to float. This pool is used for the Club's Aqua Fitness program, water aerobics, swimming lessons, and hosts the SR Sharks Swim Team.


Young and old alike love the special slide pool. It provides an exhilarating ride into the water. For the little ones, there is a kiddie pool with an assortment of entertaining water features. A private adult area features a bubbling hot tub and a cool wading pool complete with cascading waterfall making beautiful white noise...the perfect sun-soaked therapy!

This year, we have expanded the kid-friendly pool-deck menu to include new items designed to please adults. With expanded bar service to enjoy with or without a meal, the pool area makes a perfect place to spend your week-ends and enjoy a staycation. Events planned for this summer include pool-side buffets, dive-in movies, luaus, and DJs.

Even if you are not a swimmer, join us after work when people stop by the pool to meet neighbors, catch up with friends, watch the kids play, and wind down in a shaded cabana.

Now is a great time to learn more about the Club and consider membership. A major renovation is underway, and for a limited time, there is up to 50% off initiation fees. There has never been a better time to dive in for a summer of fun! For more information contact Membership at Smoke Rise at 770-908-2582 option 4.





Summer is quickly approaching and we are excited for the upcoming season! This summer brings a few changes including a new website and a new registration portal. Due to these changes, registration will open on April 1st.

Our 2022 meets will be held on Tuesday 5/31, 6/7, 6/14, 6/21, and Monday 6/27. Our 2022 Championship Meet will be at Georgia Tech 6/29 – 7/2 (exact days/times TBD).

Please continue to check this website as we will provide the updated links to the new website and registration portal as soon as they are available.

For More Information:  
Please visit <https://smokerisharks.swimtopia.com/>  
Registration opens Friday 4/1

If you have any issues or any questions, please email [smokerisharks@gmail.com](mailto:smokerisharks@gmail.com).

*Looking forward to a wonderful summer swim league!*



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HEALTH NOTES:

by Cheri Schneider, M.D.  
Medical Jargon

I was listening to the radio the other day and heard the host asking listeners to send in examples of archaic English. The example he gave was ‘dungarees’. Well, that got me to thinking about the many medical terms that were used and understood by the general public that are no longer used today. I thought it would be fun to come up with a ‘list’ and define the terms. Maybe you can think of terms yourself.

The first example is from my medical school days. The local senior center residents ‘volunteered’ to be our guinea pigs as we learned to interview patients and do a careful physical exam. The first patient came in and I introduced myself as “student doctor.” I asked her why she had come. She replied “Doctor, I’ve got a kernel in my grines.” Not knowing what a ‘kernel’ was or ‘grines’, I plowed into my questions. Eventually, I determined that she had a lymph node she could feel (‘kernel’) in her groin area (“grines”). This was my first introduction to the challenges in communication I would eventually have as a doctor.

In this modern age, we all hear medical jargon everywhere we turn. The pandemic (see what I mean?) has made this worse. Thanks to advertising, medical breaking news stories and of course, Google, we speak of things not even taught when I was in medical school. Who would have thought we would understand or be discussing casually monoclonal antibodies, RNA, DNA sequencing, Cloning, insulin resistance and ‘incidence’ of disease in the community?

Well, if you are wondering what it means to hear that Aunt Clarice died of Dropsy and her husband had Apoplexy, read on! Here is a short list of terms that were well known in the 1940s and earlier but are a puzzle today. So, if you are having a major depressive bout, don’t let your melancholia get to you. It could just be change of life! Or piles, lumbago, the shakes, consumption or...

Dropsy: swelling or sometimes for congestive heart failure  
Consumption: Tuberculosis

The Clap: gonorrhea

Dowager’s hump: a somewhat offensive reference to an old woman (dowager) who is bent over with a hump in her back  
Apoplexy: stroke. More commonly used for hemorrhage of the brain causing a stroke

Blood poisoning: septicemia, sepsis. Severe infection that has entered the blood stream

Frigid: usually referring to a woman with low sex drive

Lumbago: back pain

Quincy: tonsillitis

Change of Life: menopause or at times, entry into puberty

Croup: hoarse upper respiratory illness with cough

Lockjaw: tetanus

Piles: Hemorrhoids

Infantile paralysis: Polio

Lying in: time before and just after childbirth

Hysteritis: inflammation of the uterus...hence the still used term ‘hysterectomy’ for removal of the uterus. Don’t get me started on this one.

Coryza: runny nose from a cold

Crabs: pubic lice, often sexually spread, but can be spread by crowded unsanitary conditions

Melancholia: depression

Retarded: a mental or cognitive delay

The shakes: Parkinson’s Disease

Gravel: kidney stones

Lunatic: one with a mental illness such as schizophrenia

Simpleton or Cretin (banned from use in deference to the Isle of Crete). Interestingly, ‘cretinism’ was found to be mental deficiency due to congenital lack of thyroid hormone. This is why every newborn is checked for thyroid deficiency at birth.

Mongolism: Down’s syndrome (banned from use in deference to the Mongolian people) Not all Mongolian people have Downs--Now you know!

Well of course there are more. But for now, suffice it to say communication is important between a doctor and his or her patient. Sometimes, the difference between life and death is just asking ONE MORE QUESTION to clarify.

NEWS YOU CAN USE by AvivA Hoffmann

May 24 General Primary Election

The 2022 General Primary is May 24. All registered voters in DeKalb County are eligible to vote in this election.

May 13: Last day to submit a request for an absentee application

May 24: Election Day (If voting by mail, completed absentee ballot must be turned in to DeKalb VRE by 7:00 p.m.)

Registered voters have choices on how to vote in the upcoming General Primary Election. You can wait for election day (May 24) and vote at your assigned precinct, you can opt for in-person advanced voting, or you can vote via absentee ballot.

Early voting (in-person advanced voting) begins May 2 and ends May 20. Check online at DeKalbVotes.com, to see details on locations, dates, and times. A close location for us Smoke Risers is the Tucker-Reid H. Cofer Library at 5234 Lavista Road, Tucker, GA 30084. There is also a drop box at this library where you can return an absentee ballot (if you opted for that method of voting and didn’t want to use traditional mail to send the ballot back to the DeKalb Voter Registration & Elections office).

You can complete an absentee ballot application online at DeKalbVotes.com - under the “Request Absentee Ballot” tab. A voter signature is required on this application! You must use a pen. No electronic signatures are allowed. Be sure to read through the entire application carefully. You are now required to provide either your Georgia Driver’s License number, a Georgia ID Card number, or a photocopy of another approved form of ID. (If you do not have an acceptable ID, you can get one free of charge from DeKalb’s VRE office or the Department of Driver Services.) Once filled out, absentee ballot applications can be returned in person or by mail to DeKalb Voter Registration & Elections at 4380 Memorial Drive, Suite 300, Decatur, GA 30032, via fax at (404) 298-4038 or via email at absenteeballot@dekalbcountyga.gov.

After you return your completed absentee ballot application, be sure to look out for your election ballot. DeKalb’s VRE must receive your completed ballot by 7:00 p.m. on election day. To meet that deadline, it’s a good idea to mail your ballot back at least a week before election day – or use a Drop Box to return your election ballot. Note: Only roommates, immediate family members, or caregivers can return absentee ballots that do not belong to them.

If you request an absentee ballot – but change your mind and want to vote in person – you can do that! Bring your absentee ballot with you to your polling location on election day, or if you decide to vote in-person advanced voting, bring it to the early voting place - and you may vote in-person instead.

You can check the status of your application or your ballot at the Georgia “My Voter Page” online at: [www.mvp.sos.ga.gov/MVP/mvp.do](http://www.mvp.sos.ga.gov/MVP/mvp.do). If you have not received your ballot 10 days after it was issued, or if your ballot has not been accepted 10 days after you returned it, contact DeKalb’s VRE office at (404) 298-4020 or [voterreg@dekalbcountyga.gov](mailto:voterreg@dekalbcountyga.gov).

To see sample ballots, key dates, and more information on voting in DeKalb County, visit [DeKalbVotes.com](http://DeKalbVotes.com) or call 1-866-DEK-VOTES.



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May is Garden for Wildlife Month! by Linda Karr

Have a deck or balcony garden or an acre or two? Either way you can create a sustainable garden for wildlife. The four primary components of a wildlife habitat include food, water, cover, and places to raise young. Support the birds and the bees, the butterflies and all the other backyard wildlife.

Opportunities in the garden for May:

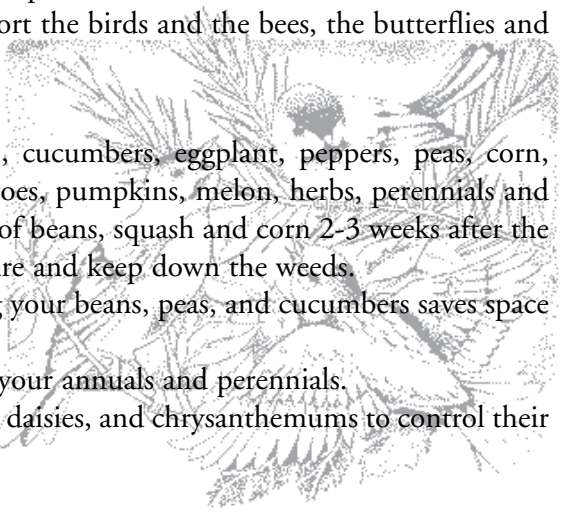
- Plant beans, squash, corn, okra, tomatoes, cucumbers, eggplant, peppers, peas, corn, carrots, leeks, onions, potatoes, sweet potatoes, pumpkins, melon, herbs, perennials and annuals – and more! Do a second planting of beans, squash and corn 2-3 weeks after the first planting. Mulch to help retain moisture and keep down the weeds.
- Cage your tomatoes and peppers. Trellising your beans, peas, and cucumbers saves space for more plants.
- Plant annuals for bursts of colors. Fertilize your annuals and perennials.
- Pinch off the tips of asters, bee balm, Shasta daisies, and chrysanthemums to control their height, promote branching and flowering.
- Fertilize water garden plants.
- Transplant hellebore seedlings now.
- Are whiteflies swarming around your gardenias? Spray with insecticidal soap now.
- Put a hollowed-out cantaloupe or grapefruit half to lure slugs away from your hosta and other ornamentals.
- Make sure you plant herbs. Don't have space for an herb garden? Intersperse them in your vegetable and flower gardens.
- Water early in the morning. Make sure your sprinkler system is set appropriately.
- Mulch if you haven't already. This will help your plants get through the hot summer.
- Have your irises become too crowded? Once they have finished blooming it is time to divide and transplant them.

We so enjoy watching the birds in our garden. We love the different views we have whether it's from the screen porch up in the trees or down at ground level. In the evening dinner is accompanied with a symphony of nature's sounds.

Is your hummingbird nectar disappearing and you haven't seen hummingbirds? Sugar water thieves could include squirrels, other birds, and butterflies.

Although most migrants fly at night, you are probably seeing some of the migratory birds flying through. May is a peak time for spring migration. Cornell Lab's BirdCast project covers which species will arrive in your region over the next week. And their migration maps can let you know which nights will see the biggest flights.

Traveling and want to check out the birding trails in other states – or here? Check out the American Birding Association's impressive state by state list of birding trails with local links and additional information about the exciting birds you can find in season along America's birding trail system at <https://www.aba.org/aba-area-birding-trails/>



It's the time of year where you may find baby birds (or other animal babies) on the ground. Remember, for the most part, it's best to leave them where they are. Their parents will typically take care of them. Birds who do not have feathers yet should be put back in the nest, if possible. If not, make a nest out of a small container and put it in the tree. If a baby is injured or has been abandoned, call a wildlife rescue group such as AWARE Wildlife Center (678-418-1111).

The Atlanta Audubon Society has a helpful chart:  
I Found a Baby Bird at  
[www.atlantaaudubon.org/injured-orphaned-birds](http://www.atlantaaudubon.org/injured-orphaned-birds).

If you're unable to locate a wildlife rescue center or rehabilitator, contact a local animal shelter, zoo, humane society, animal control department, nature center, state wildlife agency, or veterinarian for advice. Do not try to take care of a wild animal yourself. Caring for wildlife is a round-the-clock job and requires special training to do properly."

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*Laughing Stock* is a hilarious backstage farce and affectionate look into the world of the theatre. When The Playhouse, a New England summer theatre, schedules a repertory season of Dracula, Hamlet and Charley's Aunt, comic mayhem ensues.

\*Parental advisory: the play contains infrequent strong language.\*

The show runs Friday, April 22 through Saturday, May 7.

Visit [www.tuckertheatre.com](http://www.tuckertheatre.com) for show times.

Main Street Theater • Tucker Recreation Center, 4898 Lavista Road, Tucker

\$15 - Adults, \$12 - Seniors, \$12 - Students, \$10 - Children

COVID-19 PROTOCOL - We continue to monitor CDC guidelines in order to keep everyone safe. At this time, masks are optional and seating is limited. Should CDC guidance change, we reserve the right to update this protocol. If you are not feeling well or have been exposed to COVID-19, we will gladly exchange or refund your tickets.

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A Whole Lot of Christmas  
Helps Grant a YES Day!

With summer approaching, the 2021 Christmas season is not front of mind for many, but thanks to the generosity of neighbors, friends, and Make-A-Wish volunteers during the past Christmas season, a local boy’s wish was recently granted!

Seven-year-old Kayden was able to go have a YES Day that included a shopping spree at Target where he could choose anything he wanted – no questions asked! Kayden, whose favorite color is blue and whose favorite snack is apples, selected Xbox accessories and Fortnite gear, along with other new toys and books.



The day was definitely a highlight for Kayden and his family, who have had quite a challenging year. While Kayden initially was thought to have a virus, further testing and scans revealed that the little boy, in fact, had a brain tumor. Thankfully, the tumor was successfully removed, but the process was draining on Kayden and his family. His YES Day helped to strengthen his spirit and bring back his sweet smile!

Thank you so much to our Smoke Rise community for your continued generosity and support! We are delighted to have been able to grant the wishes of local children for the past two years.

The Moral Equivalent of War 2.0  
By Joel Gilbert, P.E.

I remember that line from President Jimmy Carter’s April 1977 speech about the energy crisis. We had gasoline rationing and a string of powerful government incentives to reduce energy use, including lowering speed limits on highways to 55 mph. We all realized that our energy independence was foundational to our present and future national security.

Many things changed after that...too many to mention in a short article, but for those of you who want to Google them, you might check on PURPA and the Fuel Use Act. It is fascinating to see how worrying about energy security moves the energy supply portfolio around. And to be fair, you should also check out Three Mile Island, which occurred two years later and basically shut down plans for the nuclear power business in the United States.

It is sobering to realize how energy planning and policies shift as we face world situations. We have had another seismic shift now that Russia has invaded Ukraine. Societies cope with scarcity in many ways ... and often cope well when their backs are up against the wall. We admire the Ukrainians in their search for freedoms. We tend to be generous when people are being oppressed.

Yet the average citizen wants easy answers to complex issues. We want quick fixes to problems created over decades by neglect or ignorance. Most of us have little patience or curiosity about truly understanding how and what we all must do. Frankly, most of us automatically reject someone telling us what to do ... even when it is in their best interests or the law of the land.

Politics doesn’t help with the needed education ... we tend to vote for people who say they are going to fix something even when they can’t. We always want a hero to save the day. Seldom are we willing to “tough it out” as our previous generations have done.

We have serious questions to face and need serious public dialogue about securing our country and the world at large. The last thing we need is ideological nonsense at a time like this.



Photo Credit: National Archives

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## The Daffodils are Blooming!

The Walk To Remember planting of daffodils has brought a smile to Smoke Rise! Thanks to all who participated in planting the bulbs to remember such young lives lost.



# Mountain Mums Garden Club

The Mountain Mums had a great luncheon meeting in April at the home of member Gaye Auman. In honor of Earth Day, we had an informal presentation by Roger Ramos, Co-owner (along with his twin brother Reggie) of GROW WITH THE FLOW, [GrowWiththeFlowLLC.com](http://GrowWiththeFlowLLC.com).

Grow with the Flow has a unique idea: Farm land that is already available and underutilized by ‘hiring’ underutilized lawns and properties in the Tucker area to provide fresh, Certified Naturally Grown fruits and vegetables. They currently have a network of ‘market gardens’ located in Tucker of varying sizes that they manage, giving a small percentage of the profits to the land-owner and selling the rest. You can sample their Certified Naturally Grown fruits and vegetables at their booth at the Tucker Farmer’s Market on Thursday evenings throughout the summer.

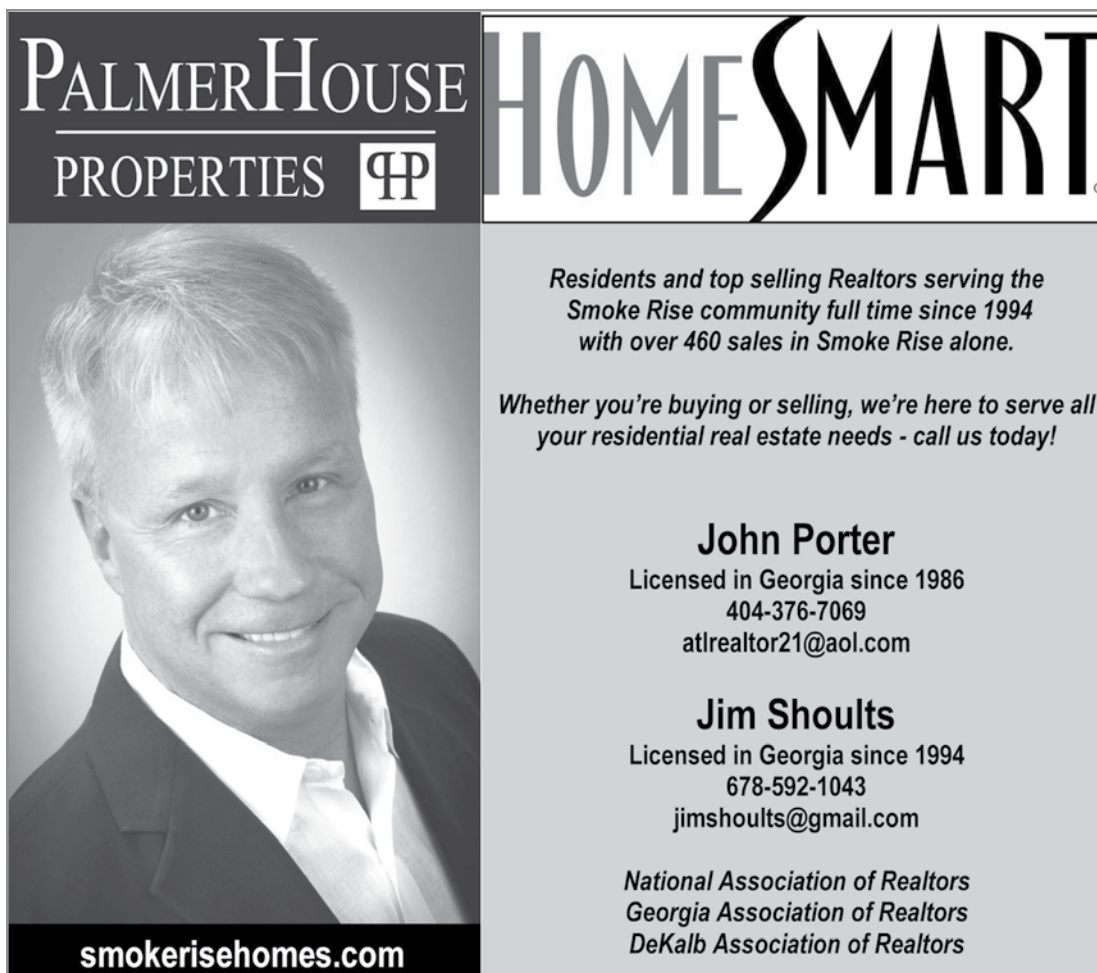
The Walk to Remember was a success this year. We have \$3800 available for scholarships and projects related to the Memorial Garden. Taggart's tuition increased this



*Sally Young, Ann Purr, Gaye Auman and Judy Crutchfield were hostesses and co-hostesses of the April Mountain Mums meeting*

year, so the money raised will be very useful. We already have several good candidates for scholarships. If you know of others that would like to apply, send them to the Tucker Walk to Remember page on Facebook and hit the blue button titled SIGN UP. The Mums will be considering an additional project to beautify the triangle area when the DOT is finished with their revision of the ramps.

Our next meeting will be held on May 11 at Oak Grove Plantation in Newnan. We plan to carpool and bring a picnic lunch. Anyone who would like to attend who is not a current member should call Mary Jacobsen at (770) 316-3225.



## Morning Glories Visit Hall's Flower Shop and Garden Center

We are so fortunate to have a local treasure on Memorial Drive for spectacular plants and great gardening advice with Hall's Flower Shop. A family tradition for many years, the garden center and shop are run by Ken and Betsy Hall. Ken is a grad of UGA and a floraculture specialist. To our surprise, he shared that many of the plants for sale in their nursery were propagated right on their property. In fact all the poinsettias that they sell during the Christmas season are propagated right there beginning in the hot months of July and August. You can see the quality and variety in their shop and in the greenhouses. They have the greenhouses separated by shade and sun lovers and also a large section of house plants. The floral shop features fresh and permanent flower arrangements and many additional items



*l to r: Betsy and Ken Hall and 1st VP Kim Fair*

Ken shared tips on soil selections and shade and sun loving plants suggestions as well as plants for

ers. As he noted, we all have lots of shade on our properties and often the only sunny spot is in on our decks. He noted that two tomato varieties are ideal for containers. The 'Super Sweet 100' which is red cherry tomato and 'Sun Sugar' which is yellow orange. They are prolific producers and wonderful in salads and recipes. They do need at least 6-7 hours of sun to bear lots of fruit. He added that you can include marigolds in your containers for bright color and to help with the pollination of the tomatoes. Hall's has an on-line inventory and it is updated daily as new plants arrive especially during the busy planting season. Visit in person at 5706 Memorial Drive or the website is

www.hallsflowershop.com

Next month the Smoke Rise Morning Glories will be back at the Smoke Rise Country Club for the meeting on May 10th which will be the last meeting this spring. The speaker will be Mo Hemmings who is the Community Outreach Director for the Atlanta Botanical Gardens. Mo will offer a lecture and demonstration on growing perennials and also fruiting trees and shrubs to add to your landscape. The meeting is at 10AM and is followed by lunch at the club. All are welcome. If you want more information, please contact President Janet McGinnis at (770) 939-8878.



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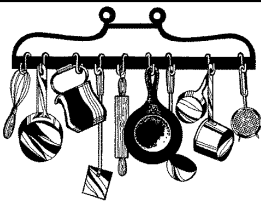
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Amen, Let's Eat!

by Joyce Ray

Mother's Day Brunch

Whether Mom's Day is celebrated by sleeping in a few extra hours or waking up to an early morning breakfast that she did not have to cook, you will add to her blessings and favorite memories with some well-planned but easy recipes that won't require a lot of cooking experience to impress her. The Quick Quiche is one of my most requested recipes. Do not let the name "Quiche" deter you! It is hearty, spicy and cheesy! Let the kids help... They love to break eggs!

Quick Quiche

- 1 cup sour cream
- 1 cup of your favorite salsa from a jar
- 6 eggs, beaten
- 1 cup shredded cheddar cheese.
- 1/2 tsp salt.

Spray glass baking dish with Pam spray. Spread salsa over bottom of dish. Beat eggs with sour cream., add salt. Add ½ cup of shredded cheese. Carefully spoon egg mixture over salsa. Sprinkle remaining cheese over top. Bake 350° until set. Serve with extra salsa on the side.

Cream Cheese Danish Fresh from The Oven

How can it get easier than opening a can of crescent rolls? These take approximately 15 minutes to put together, 30-45 minutes to bake. They need to cool about 20 minutes before adding the glaze. The kids will love popping the cans and unrolling the dough.

- 2 cans refrigerated crescent rolls
- 2 (8 oz each) packages cream cheese
- 1 cup sugar
- 1 tsp Vanilla Extract
- 1 whole egg
- 1 egg white

Preheat oven to 350° and grease 13x9 inch baking pan. Open one can and spread out the rolls in one layer of baking pan. Pinch edges together. Beat cream cheese, sugar, vanilla, and whole egg together until smooth. Spread the mixture over the crescent rolls evenly and then lay the second pack of rolls on top of the cheese mixture (as close together as possible). Brush top rolls with egg white. Bake for 35-40 minutes until top is brown. Spread with glaze after cooling for 20 minutes.

- Glaze:
- ½ cup powdered sugar
  - 2 Tablespoons milk
  - ½ tsp. vanilla extract.

Mix until smooth and spread over top of rolls. If desired, serve with fruit preserves or fresh fruit.

Fresh Fruit Mimosa Cocktail

This is a wonderful time of year to take advantage of all the beautiful fresh fruit that is available, and this cocktail is a delicious complement to the meal. Using your deepest crystal bowl, cut up Mom's favorite berries, fresh pineapple, ripe pears, green and red grapes, and fresh melon. Fruit can be pre-cut and refrigerated the night before. Just before serving, add two cups favorite cold champagne (pink, if available). Garnish with springs of fresh mint or lemon wedge. For non-alcoholic version, use sparkling cider. Add fresh flowers to the base of the bowl for a lovely Spring centerpiece.

Cooking Tips To Remember

Read the entire recipe before you begin! Even old and time-tested recipes can challenge your memory! Next, Pre-measure and set out everything you need for the recipe before you begin. This will save time, energy and frustration when you discover you really don't have an ingredient that you were counting on for the recipe!

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