# SMOKE SIGNAL

**VOLUME 48, ISSUE 4** 

Serving the Smoke Rise Community Since 1968

July, 2015

www.smokesignalnews.com



#### Let the Bells Ring and Echo Freedom Throughout America by Barbara Bruschi

On the 4th of July the free spirit of the United States is celebrated from "Sea to Shining Sea." On this historical day the thirteen original colonies of the United States of America adopted the Declaration of Independence from Great Britain, thus the birth of America was hailed as the "land of the free." Yearly, we honor our troops for their valor and courage, and their daily sacrifices to defend our way of life and freedom. As many nations live without these freedoms and suffer greatly, let us be thankful for our liberties and protect this precious gift. May this day be gratefully remembered, always! There are a multitude of events in the Atlanta area that promise fabulous entertainment as we show our patriotism. Here are a few:

- 1) Stone Mountain Park: The Laser show Spectacular in Mountainvision has terrific fireworks. Other activities are available for all ages. For more info, visit: http://www.stonemountainpark.com/events.
- 2) Mountain Creek subdivision holds its traditional parade. Laura Smith has chaired this event for many years. Her phone number is 770-934-7595.
- 3) The Smoke Rise Country Club offers fireworks and a great dinner menu.
- 4) Decatur sponsors the Pied Piper Parade as well as a free concert by the Callanwolde Concert Band. Call 404-371-8386 or email Katie-Abel@decaturga.com. Another source for details is: visitdecaturgeorgia.com.
- 5) The famous Peachtree Road Race attracts athletes world-wide. Registration spots are filled already, but the race is exciting to watch. This year the race features the Peach Tree Cup with four teams: the USA, Africa, Asia and European teams who will each compete for the \$42,000 first place prize.
- 6) The Aquarium. "Red White and Brew" and "Red White and View" are themes for the music, food and fireworks.
- 7) Centennial Park offers a variety of festivities.
- 8) Fourth of July at the malls. Meet your friends, do some shopping, eat, drink and be merry and then watch the sky light up with a galaxy of exploding lights. Lenox mall has an especially good show.
- 9) Callaway Gardens. Star Spangled Beach Party with a circus, live music and other adventures.
- 10) For those that are drawn to the water, Lake Lanier offers fun and games.

Contact http:// www.events12.com for all the Atlanta and surrounding areas happenings.

### The Smoke Signal Staff Wishes You All a Fabulous Fourth of July!

200k inside for
Check Out Our Local Farmer's Marketsp. 2, 8
Take Care of your Pets on the 4th of Julyp. 9
Meet Your Neighbors: The Huppisp. 10
PoPo's Gardenp. 11
Hodgepodge Recipes from Church Cooks p. 12



### SANITATION COLLECTION GOES TO ONCE A WEEK COLLECTION

One-day-a-week only garbage, recyclable materials and yard trimmings collection begins July 6. Over the next few weeks, all customers will receive door hanger notifications indicating their new designated collection day and effective date for one-day-a-week collection service. Please check periodically for updates at www.dekalbcountyga.gov/sanitation.

#### City of Stone Mountain Hosts Annual Back to School Bash

On Saturday, July 25, the City of Stone Mountain will host its annual Back to School Bash

at the Pavilion in Stone Mountain Village. This event provides free school supplies to approximately 1,000 local children prior to returning to school for the year.

The event is organized by Gary Peet, City Manager, and Richard Mailman, City Councilmember. "This is an important service to

members of our community. We enjoy organizing the day's activities and hope that it continues creating a positive impact for our residents," says Peet.

Volunteers from the Stone Mountain Rotary Club and the Stone Mountain Women's Club assist with distributing the school supplies on the day of the event. "We couldn't do it without our helping hands. Organizing the supplies and distributing them is an all-day effort and we are extremely grateful to those who assist us in these efforts," says Mailman.

Contributions are welcome. Checks should be made payable to the "City of Stone Mountain" and designated "Back to School Bash". The mailing address is 875 Main Street, Stone Mountain, GA 30083. Contributions received before July 15 will be used to purchase supplies this year.

For more information, contact Mechel McKinley, 770-498-8984 x137, 678-357-5202 or mmckinley@stonemountaincity.org.



Sherry's Market Staff: L to R: Sherry, Debbie, Wayne and Tina Harris (Chris not pictured)

# Sherry's Fresh Market Food: Fast, Fresh, & FUN! By Susan Gilbert

Being so close to a major city can make it difficult getting fresh produce. Not so in Smoke Rise! How fortunate we are to have so many diverse and easily accessible farmer's markets to visit. A favorite among residents who know of it is the rustic green building that houses the open air "Sherry's Market" at the corner of Lawrenceville Hwy and Brockett Road. Open from March to December for more than 12 years, Sherry's offers a wide range of freshly picked fruits and vegetables. They guarantee what they sell, but that's hardly necessary because their knowledgeable staff, mostly members of the Harris family, help you select melons and other items that are at their peak of freshness. If you ask, they will share their secrets for detecting the right time to purchase various types of produce. And quite often, there is something seasonal sliced on the counter for tasting. Bring the kids for an education and a treat; children may have a free piece of fruit. A Sherry's Market favorite at our house is their tomatoes, which are large, meaty, and actually smell and taste like tomato, something that seems to have been lost as we have perfected creating them like science projects. And if you are looking for good deals, there is usually a box of discounted blemished items to peruse.

Downtown Tucker features a Farmer's Market every Thursday during the summer months from 4 pm to 8 pm. Held in Freemason's Square and the Bank of America parking lot, this market brings together more than 25 local farmers, food producers, and artists who share their wares on stands. It's a great place to drop by on the way home from work or outings to pick up some spices, fresh produce or artwork handmade by local artisans. On the first Thursdays of the month, the food truck come bearing all sorts of fully prepared dishes including NYC specialties, fish & chips, Cuban sandwiches, gourmet soups, and all sorts of Southern Cookin' inspired comfort foods.



#### **Smoke Signal**

P.O. Box 763, Tucker, GA 30085

A non-profit service organization devoted to furthering neighborhood cooperation with the aid of good neighborhood

Editorial Committee	Jan Mahoney(770) 621-0155
	Cheri Schneider*(770) 717-9914
	AvivA Hoffmann helloaviva@hotmail.com
	* This Issue's Editor-in-Chief
Recording Secretary	.Susan Gilbertsgilbert@apogee.net
	.Barbara Bruschi(770) 934-4644
	.Harry Strack(770) 365-9381
Classified Ads	.Barb Hess(404) 229-0742
Display Ads	.Barb Hessbarbhess48@gmail.com
	.Susan Gilbertsgilbert@apogee.net
Features:	.Barbara Bruschi(770) 934-4644
	Jan Mahoney(770) 621-0155
	Cheri Schneider, M.D(770) 717-9914
	Reneé Hopf(770) 921-5540
Flyer Inserts	.Barbara Luton(770) 491-6711
Hodge Podge	Jenny Hall-Busch(678) 406-0555
Pet Lost & Found	.Kay McKenzie(770) 491-6784
Social Media	.Pat Soltys(770) 573-9715
News You Can Use	.AvivA Hoffmann helloaviva@hotmail.com
Staff Writers	Jenny Hall-Busch*(678) 406-0555
	Susan Gilbert(678) 684-6802
	Frank Luton(770) 491-6711
	Joyce Ray(770) 491-9015
	Kimberly Sizemore(770) 530-5939
	Pat Soltys(770) 573-9715
Distribution	.Chris Schneider(770) 717-9914
Delivery	.Chris Taylor and Gillen Heisler

Views and/or opinions expressed in articles, stories or letters published in this newspaper are not necessarily those of the Smoke Signal or its staff. The information contained in it is believed to be accurate, but not warranted in any way. It is the policy of the Smoke Signal to publish signed letters to the Editor. We will not publish unsigned letters, but will withhold the writer's name upon request. All content may be edited.

#### **July Calendar of Events**

- 11 Civil War Symposium (daylong event); The Dekalb History Center
- 13-16 Free Singing Lessons: 700-8:30 p.m., LUMC
  - 13 Life is Sweet CPR training: 6:30-8:30 p.m., Stone Mountain City Hall
  - 16 Tucker Arts Guild Meeting: 7:00 p.m. The Custom Frame Shop
  - 21 Rob Weintraub, author discusses "No Better Friend"7:00 p.m. Tucker Library
  - 22 Beyond Basic Email. (Please Register) 10:15 a.m., Tucker Library
  - 25 Back to School Bash; The Pavilion, Stone Mountain Village
  - 29 Microsoft PowerPoint 2010 Basics (Register); 10:15 a.m. Tucker Library

Tuesdays: Native Plant Garden Tour, 3:00 p.m., Stone Mountain Park

Wednesdays: Family Story Time and Walk; 3:00 p.m.

Playground, Stone Mtn. Park

Fridays: Reptiles and Amphibians Live Animal Talks: 3:00 p.m. Confederate Hall

### Smoke Signal Deadlines

#### **JULY 13**

Please e-mail articles to:

#### smoke-signal@earthlink.net

(Word documents or text file attachments preferred)
PLEASE DO NOT SEND CLASSIFIED ADS
TO THIS E-MAIL ADDRESS

Extra copies may be picked up at box at 5365 Smoke Rise Drive

Deadline for classified ads is JULY 10

#### SMOKE SIGNAL FLYER INSERT POLICY

Cost: \$150 by check to *Smoke Signal*Deadline to Receive: 6:00 p.m. on 19th of month
Flyer inserts should be 8 1/2" x 11" (flat, not folded)
Please provide 2,300 copies
Reservation Required:

Contact Barbara Luton, (770) 491-6711 by 15th of month.

"Like" us on Facebook at www.facebook.com/ SmokeSignalNews

or visit our website at **www.smokesignalnews.com**Link to the digital version of the *Smoke Signal* 

at http://eepurl.com/pjn4v or scan this QR Code with your smart phone!





### CALLING ALL ARTISTS!

Tucker Arts Guild will meet at 7:00 p.m. on Thursday, July 16 at The Custom Frame Shop 4195 Fellowship Road in Tucker

Tucker Arts Guild meets January through November on the 3rd Thursday of the month at 7:00 p.m. at the Custom Frame Shop.

Call Kelly Holloway, Owner 770-491-3305 for details or visit tuckerartsguild.com. *Please bring a chair.* 

#### Lilburn Farmer's Market

is open from 4:00 p.m. to 8:00 p.m. every Friday night during the summer... rain or shine. Meeting in the Good Shepherd Presbyterian Church on Killian Hill, you will find seasonal fruits and veggies, herbs, breads and baked goods, meats, honey and more!

### Sherry's... continued from page 1

Bordering us to the east, we have the Stone Mountain Farmer's Market that is held each Tuesday from 4 pm – 7 pm in the Municipal Parking Lot on Main Street. This market has vendor stalls overflowing with fresh fruits and vegetables, local honey, goat cheese, locally made soaps and more.

With this abundance of close by, entertaining, and educational shopping available to us, there is more reason than ever to eat healthy and support our local farmers and merchants. See you at the market!

#### **Smoke Rise Baptist Church**

Rev. Chris George, Senior Pastor
Ernie Forrester, Associate Pastor
Tim Adcox, Minister of Missions
Kathy Dobbins, Minister of Spiritual Formation
Danny Vancil, Minister of Music & Worship
Becky Caswell-Speight, Minister to Families with Children
Jeremy Colliver, Minister to Families with Youth
Amanda Coe Burton, Director of Nursery Ministries
Paula Reeves, Weekday School Director
Telephone: (770) 469-5856
SmokeRiseBaptist.org

Sundays:

9:00 a.m. Worship in the Chapel 9:45 a.m. Sunday school 11:00 a.m. Worship in the Sanctuary

Communion: 1st Tuesdays: Wednesdays:

6:00 p.m. Prime Time

Second Sunday of each month

5:00-5:45 Fellowship Dinner 6:00-6:45 Programs for children

6:00-6:45 Programs for children, youth and adults 7:00-8:30 Sanctuary choir

Nursery provided

#### **Eastminster Presbyterian Church**

Pastor: Rev. J. Caleb Clarke III
Director of Mission & Youth: Mark Sauls
Director of Music Ministries: Andrew Meade
Director of Preschool: Stacey Moura
Director of School Age Program: Celeste Sears
Director of Christian Education: Mardee Rightmyer
Pastor to Senior Adult Ministries: Rev. Jeanne Simpson
Telephone (770) 469-4881

www.eastminster.us

Sundays:

9:45 a.m. Sunday School 11:00 a.m. Worship

Wednesdays:

5:45 p.m. Fellowship Dinner 6:30 p.m. Adult and Children's Program 7:30 p.m. Chancel Choir Rehearsal

#### **Mount Carmel Christian Church**

Senior Minister: Art Stansberry Worship Leader: Leslie Riley Kids Ministry Director: Vicki Tyler Telephone (770) 279-8437 www.mountcarmelcc.org

Sundays:

8:30 a.m. Coffee/ Doughnuts/ Fellowship 9:30 a.m. Bible School Classes – Adults & Children 10:30 a.m. Worship

Wednesdays

5:30 p.m. Dinner

6:30 p.m. Activities/Studies for all ages 6:30 p.m. Adult Choir Rehearsal

#### First Moravian Church

Interim Pastor: Stephen Weisz Congregational Acolyte: Bill Hitz Telephone (770) 491-7250 www.gamoravian.org

Sundays:

10:00 a.m. Sunday School–Adults & Children Worship Fellowship Time

12:00 p.m. Thursdays:

7:00 p.m. Adult Study Group

#### **Mountain West Church**

Pastor: Michael Shreve Telephone (770) 491-0228 www.mountainwestchurch.com 4818 Hugh Howell Rd., Stone Mountain

Sundays:

10:00 a.m. Worship 12:00 p.m. Worship



#### FREE NEIGHBORHOOD PET LOST AND FOUND

Please call Kay McKenzie at (770) 491-6784 th information if you have lost or:

with information if you have lost or found a pet.

#### Smoke Rise Preferred Contractor's List

If you are looking for reliable people to build desks, paint, do electrical, plumbing, interior design and many other services, then request a copy of this list as a potential starting point. We maintain a free listing of contractors and other service providers that your neighbors have used successfully. If you want a copy of this

list, please email Jim Farmer at: jimfarmer812@earthlink.net or call him at (770) 939-8949. We also ask for your feedback. Tell us about a contractor or service provider that you have used with opinions about their work. This information will be useful for future revisions of the list.



#### SPECIAL OFFER

Mention This

#### "GIFT OF GOOD HEALTH"

and Receive a Comprehensive

**CONSULTATION & EXAM AT A 50% DISCOUNT** 

Call Today to Schedule Your Appointment

(770) 938-4606

Complete Spine Solutions is Located at 2347 Brockett Rd, Tucker, GA 30084



**Chapman Hall Premier Realtors** 1772B Century Blvd. Atlanta, Georgia 30345



Serving buyers and sellers in the North Metro Atlanta area since 1988



### Window Cleaning



Absolute Residential Window Cleaning 678-516-7939

Serving Your Smoke Rise Community

All Work Done Completely by Owner. Contact: Paul Valenta

AbsoluteWindowCleaning.Net

### Belinda Belvin, REALTOR®

As a Smoke Rise native and a Realtor in the area, my knowledge of the area and of the market are unparalled.

My mission is to market your home to get the maximum price current real estate markets will allow, through a multifaceted marketing campaign that renders broad exposure for your home. Call today to see how I can assist you in selling your current home or buying your next dream home!



Belinda Belvin, REALTOR® 404-844-8811

bbelvin02@att.net

**Keller Williams Realty** 





#### **Smoke Rise Baptist Church Summer Events**

#### Children's July Summer Activities

Wonderful Wednesdays: Cook Out, Bikes & Trikes at SRBC July 8th, 6:00 p.m.

Wonderful Wednesdays: Night of Service at SRBC July 15th, 6:00 p.m.

#### **Youth July Summer Activities**

Munch (Movie + Lunch) at SRBC July 15th, 12:00 p.m.

Gwinnett Braves Game

July 29th, meet at the church at 5:00 p.m.

Patriotic Pops: Wednesday July 1, 6pm, SRBC Fellowship Hall Join us as the Music Ministry leads in a time of fellowship and fun in celebration of our Nation's birth. Hotdogs and fixins' sponsored by the Youth Ministry.

And after Patriotic Pops...Join Us at the Laser Show!

All youth, children and their families are invited on a trip to the Stone Mountain Laser show on Wednesday, July 1st. At approximately 7:00 p.m., after Patriotic Pops, hop on the bus and head down the hill to Stone Mountain for the laser show and picnic on the grounds. This will be a fun time of fellowship in celebration of our Nation's birth! See you July 1st!



www.smokerisebaptist.org/arts artsacademy@smokerisebaptist.org 678-533-0562

> Summer Drama class presents



Through special arrangement with Music Theatre International August 7-8, 2015 7:00pm - ADMISSION FREE Smoke Rise Baptist Church Fellowship Hall 5901 Hugh Howell Rd.

#### SUMMER CLASSES

Spaces open in ACT ONE: drama class for ages 4-5 T / Th, 4:00-5:00 July 7-30 (8 classes) Ballet Mini-camp ages 3-5 August 17-21, 9:30 a.m.-12:30 p.m. Private music lessons all ages

www.smokerisebaptist.org/arts

Music For Missions Lawrenceville Road United Methodist Church 3142 Lawrenceville Highway, Tucker

churches

July 12 at 7:00 pm. Rodger French renowned Accordionist and Raconteur - Fresh from Argentina

July 13-16 at 7:00 pm. "You, Too, Can Sing... Oh, Yes, You Can!" FREE CLASS by Jack Sartain... sign up at jbs5951@aol.com

> July 16 at 7:00 pm. Tom Hill and the "Midnight Suns"

August 26 at 7:00 pm. Elena Dorozhkina and friend Yulia Valadskia.

Four hand piano and vocals. Terrific pair of Russian piano professionals who will thrill you with their 4-handed performances from Boogie to Beethoven!

#### You, Too, Can Sing... Oh, Yes, You Can!

Jack Sartain Lawrenceville Road United Methodist Church in Tucker will teach you the fundamentals of singing and other musical skills... FREE!!

July 13th thru 16th 7:00-8:30 pm. 3142 Lawrenceville Highway in Tucker

Any age. The classes are four 1-1/2 hour sessions that will send you on your way to heightened self-esteem and personal pride in a significant accomplishment.

To register, email Jack Sartain at jbs5951@aol.com.

#### LILBURN FOOD TRUCK TUESDAYS 6:00-9:00 P.M. LILBURN PARK

(RAIN OR SHINE)

MUSIC, BBQ, BENTO BOX, HOT DOGS, FISH AND CHIPS, BURGERS, CHICKEN, MAC AND CHEESE, KING OF POPS AND MORE!

#### St. Michael and All Angels **Episcopal** Church

6780 James B. Rivers Drive Stone Mountain, GA 30083 770 469 8551 www.Stmichael.cc/

#### Everyone is welcome!

Join us on Sundays at 8 am or 10:30 am

Just 3 miles from Smoke Rise near the West Gate Entrance to Stone Mountain

### There are some questions the internet just can't answer!



#### **Tennis and Golf Charity Event** at Smoke Rise Country Club

Sign up and Put it on Your Calendar Now!!

The Steve Lipson Charity pro-am committee cordially invites you to participate in our August 28-30th weekend festivities. This event is in honor of a person who believed in giving back to the community. Come celebrate Steve's life and be a part of the Smoke Rise Country Club community. Proceeds from this event will go to the Chron's and Colitis Foundation of Georgia.

Friday, August 28th @ 6:30 p.m.: party and auction. Children and adults are invited to this kickoff event. A live band will be performing and a delicious buffet will be available to all who attend. The dress for this event is country club casual.

Saturday, August 29th will be the tennis pro-am. Tennis pros will be teaming up with our members for this event. All participants will receive gifts, free admission to the party on Friday, lunch Saturday, light breakfast and trophies to the winners. The tournament will be leveled so all matches will be competitive.

Sunday, August 30th will be the golf pro-am. The golf will be played in a scramble format. Each team will have one golf pro. All participants will receive gifts, free admission to the party on Friday, lunch Sunday, light breakfast and trophies to the winners.

Participation Categories for Charity Event: SIGN UP now!!

[1) Golf, Tennis & Party- Cost \$185

(this includes 1 dinner, 2 lunches, 2 light breakfasts, gifts, tennis tournament & golf tournament).

[2) Golf & Party- Cost \$165

(this includes 1 dinner, 1 lunch, 1 light breakfast, gifts, and golf tournament).

3) Tennis & Party- Cost \$165

(this includes 1 dinner, 1 lunch, 1 light breakfast, gifts, and golf tournament).

4) Party- Cost \$45

(this includes 1 dinner, auction, and live band).

To sign up for tennis tournament email Suzy at sihnat@smokerisecc.com.

To sign up for golf tournament email Stuart at spierce@smokerisecc.com.

To sign up for the party only email Carol at cawale@hotmail.com.



#### ART Station Gallery Exhibits For July

MAIN GALLERY EXHIBIT

"Awakenings"

Juried ART Station Member Exhibit

A CONTEMPORARY ARTS CENTER

CONGRATULATIONS to our winning Member Artists:

Tracie Hawkins, First Place Deny Hopf, Second Place

Matthew Quearles, Third Place Honorable Mention: Linda Asbury, Anelia Crawford, Clayton Harris, III,

Nancy Hester, Evans Robinson, Jr.

#### TROLLEY STOP GALLERY

"Expression & Vision"

Works by Board Members of the Atlanta Artists Center

Gallery hours: Tuesday -Friday 11:00 -5:00; Saturday 10:00-5:00

5384 Manor Drive, Stone Mountain, GA 30083

#### Welcome to the Club

Summer is here and the bathing season is well underway. The Smoke Rise Bath and Racquet Club (SRBRC) is quickly becoming one of the most vibrant swim and tennis communities around. The



active social schedule with parties and concerts makes it the greatest destination for summer family fun amongst Smoke Rise neighborhood clubs. The membership has increased for the second season in a row and the additional funds are being put to good use to maintain a clean and well-kept environment.

The SRBRC social committee has also been more active than ever. A great crowd enjoyed the season opening party, listening to musical acts by the Smoke Rise Bluegrass band and Nashville recording artist Sam Lewis. And while this article is being written, edited and printed, the next big event, our Inaugural Smoke Rise BBQ Cook-Off, featuring several musical live acts and fantastic food by talented neighborhood pit-masters, is well in its planning phase.

It's not too late for you to jump in. If you are looking for more than just a place to swim and play tennis, but want to meet people, make friends and enjoy some great entertainment, choose the Smoke Rise Bath and Racquet Club.

Check it out on FaceBook at facebook.com/srbrccommunity, on the web at SRBRC.org, or swing by and judge for yourself. If you have any questions call 770-493-9073.



35 Years Experience

Smoke

**Building And Remodeling** 

Resident

- Kitchens & Baths
- All types of Additions
   Window & Door
- Basement Finishes
- Replacements
- Exterior Makeovers
- Roofing Decks



770-493-4005 www.JLBinc.com

CLIMATE **TECHNICIANS** 

INCORPORATED

HEATING VENTILATION **AIR CONDITIONING** GA. REG. #300339

#### STEPHEN A. RENNER

- PREVENTATIVE MAINTENANCE PROGRAMS TO PRESERVE AND EXTEND EQUIPMENT LIFE AND EFFICIENCY
- EMERGENCY REPAIR SERVICE

• 33 YEARS OF FIELD EXPERIENCE LICENSED/INSURED

770-934-0510

# AUTO SERVICE DEPOT

Serving Smoke Rise for 40 Years!

#### **Short on Time?**

We'll Take You Home While We Repair Your Vehicle



-OUR PLEDGE TO THE SMOKE RISE COMMUNITY-Honesty really is our policy. We perform only the work that is needed or that you agree to in advance. We charge fair prices for parts and labor that are consistent with local standards. We treat men and women with equal respect and fairness. Finally we settle for nothing less than excellence in all we do.

770-934-7885

Daily Specials at: www.autoservicedepot.com 2191 Idlewood Road • Tucker • Across from Tucker Middle School



#### The Eleanor Patrick **Real Estate Group**

Keller Williams Realty Atlanta Partners



- Regular Sales
- Short Sales
- Senior Sellers
- Relocation
- Over 12 Years in the Smoke Rise Community!

#### For All Your Real Estate Needs!

**Contact the Eleanor Patrick** Real Estate Group

Innovative Personalized Professional Service Put Us To Work For You Today

eleanorpatricksells@gmail.com

www.smokerisehomesforsale.com

404-721-2904

July, 2015 community

#### **Tucker-Reid Cofer Library News**

#### Tuesday, July 21

Rob Weintraub: Join local author Rob Weintraub as he discusses "No Better Friend," the delightful tale of Lucy, the fiercely loyal dog that helped prisoners of war survive their torment during World War II. 7:00 - 8:00 p.m.

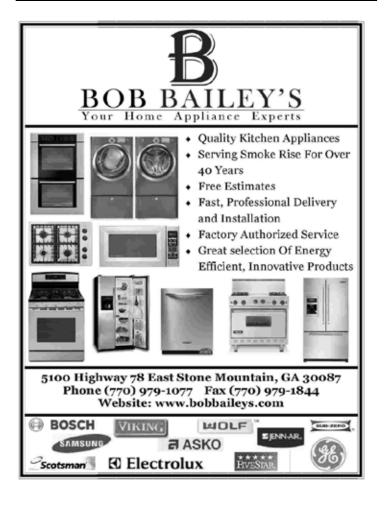
#### Wednesday, July 22

Beyond Basic Email: Don't know the difference between viewing and downloading an attachment? Is your inbox drowning in superfluous messages? Do you have trouble finding the particular email you need? Come learn some simple strategies to manage your email, work with attachments, and search your email for a lost item. Registration is required and begins July 13. Open to first 12 participants. Please call or visit branch to register. 10:15 a.m. - Noon

#### Wednesday, July 29

Microsoft PowerPoint 2010 Basics. Learn how to create a simple slide show. Mouse, typing skills and some experience with Windows required. Registration is required and begins July 20, 2015. Open to first 12 participants. Please call or visit branch to register. 10:15 a.m. - Noon





### Smoke Signal News – Your Key to our Community Pat Soltys

People often tell us how much they love our community newspaper – the *Smoke Signal News*. Like any great resource, most of us only use a small part of what is available. When it is delivered to your driveway, look at the paper as a key to our community. Like a key, it opens opportunities and insight, challenging us to grow with the new information, things to do and people to meet.

The front page usually is more "newsy" than the other pages. There are event announcements and a 'quick look' box advertising the features inside the paper. Our second page has helpful information including staff contacts, deadlines, article and flyer submission information and web information. You can also find letters to the editor, information about pet lost and found, and local contractors.

Inside pages include: the church page with news and service times of Smoke Rise churches; graduation and wedding announcements; the Community page(s) have awards received by people and groups in the community, scouting news, fun events and activities- including the local country club, swim and tennis clubs, history center and more. Schools and sports often head another page. Garden clubs have a page of their own. Feature articles can be found on the features page.

Columns that appear frequently include: News You Can Use, Alerts and Watches, Health Notes, Tech Talk and real estate stats. Periodically, you will also see a salute to an advertiser, a 'meet your neighbor' column or a restaurant review under Phantom Forks. The Hodge Podge recipe column is always found on the last page along with Classified ads and Rotary News.

The *Smoke Signal* welcomes articles from the community. We love the array of local expertise and interests and hope that you will contribute an article or two. Funny stories, interesting people, new neighbors, hints and tips as well as information are always welcome as long as they are not written as an infomercial. We do reserve the right to promote the businesses of our advertisers who support the cost of the paper. If you want to advertise, we have display and classified ads or flyer inserts as a way to promote your business. Information about this can be found on page two. Don't forget the *Smoke Signal* online resources. Need to look up something in a current or past issue but do not have the paper? Go to our site, www.smokesignalnews.com. We store several years worth of issues on the digital page. Missed a print deadline for an event? You can post it to our Facebook page https://www.facebook.com/SmokeSignalNews. Advertising posted there will be deleted, however.

*Smoke Signal News* is your newspaper. Like it, use it, and contribute to make our community a stronger place.

### **BOOST Stone Mountain: Grant Program Gives Small Businesses A Lift**

The City of Stone Mountain Downtown Development Authority has created a new grant program for local small businesses called BOOST Stone Mountain. The grant is funded by local investors who want to see small businesses thrive in the Village. The first round of grant applications will be accepted through July 1 and awarded on July 31.





Investors contribute a minimum of \$200 a year with a commitment to remain part of the BOOST Stone Mountain group for two years. "This is a financial commitment that directly impacts a small business owner," says Mary Beth Reed, Chair of the DDA, "As a small business owner myself, I know how much every little bit can make a difference."

Business owners may for grants quarterly. Grants are available for things like signage, equipment, marketing or advertising needs, and interior or exterior renovations. Funds are not to be used for day-to-day operating expenses. Grants will be between \$100 and \$1000.

Find the BOOST Stone Mountain forms at www. stonemountaincity.org. Interested investors should contact Mechel McKinley at mmckinley@stonemountaincity.org.



### schools/sports

#### Gardening, Fish and Jaguars!

Yes! Gardening, fish and Jaguars have something great in common...The Smoke Rise Community! The Smoke Rise Elementary Charter School would like to send a gracious Jaguar roar to the Smoke Rise Garden Club. An extra special recognition is extended to Gloria Cooke who made some repairs to the pond. The SREC family was pleasantly surprised when they returned to school from the weekend and noticed that the pond had been cleaned and the fish had an appropriate habitat. The



small gestures are the most meaningful and the value is immeasurable to bridging the gap between school and community!

#### FREE SUMMER LUNCH PROGRAMS For Area Children in Need

#### **MOUNT CARMEL CHRISTIAN CHURCH:**

Nothing but the Truth provides "Weekend Food Bags" for children in local elementary schools that have been identified by their school counselors as being in need of additional food for the weekend. These children participate in the Free/Reduced Lunch Program during the week but struggle over the weekends. Bags are sent home with the kids every Friday in their backpack and include easy-open/self-serve foods. Contact us at weekendfood@ nothingbutthetruth146.org should you have more questions about this ministry.

#### **MOUNTAIN PARK UNITED METHODIST** CHURCH:

Lunches of Love is a mission of Mountain Park United Methodist Church in conjunction with Action Ministries' Smart Lunch, Smart Kid program. In the past 2 Summers Lunches of Love has served over 35,000 lunches through the distribution center at Mountain Park United Methodist Church. The lunches are given to children in the Stone Mountain area who receive free/reduced lunches during the school year. For some of these children, it is the only food they will eat that day. Contact lunches@mountainparkumc. org for more info or http:// www.signupgenius.com/ go/9040448aeab2ca02-sign to sign up to help.

#### **SMOKE RISE ELEMENTARY**

WILL REQUIRE UNIFORMS FOR THE 2015-2016 SCHOOL YEAR FOR SPECIFIC DETAILS GO TO... http://www.smokerisees.dekalb.k12.ga.us/.

#### Smoke Rise Summer Day Camp Spirit Camp Grades PK-6 Back-Hall Bunch Grades 7-10

Still looking for something for your kids to do during the day? Smoke Rise Baptist Church Summer Camp offers a Christian summer day camp program for kids in Stone Mountain, Lilburn, Tucker, and Snellville. Summer camp serves kids, teens and youth of all ages in a fun environment. The day camps include field trips, academics, and an experience that should please any kid. Teens have a steady diet of team building, community service, academics and summer fun. Camp runs through July.

The weekly camp price includes all field trips, activities, daily hot lunch including lunch on all field trips, snacks, t-shirts and all craft and academic supplies.

The enrollment fee is for travel and camp insurance, t-shirts, academic books and such.

Visit http://smokerisebaptist.org/community/camp for more information.

#### SMOKE RISE COUNTRY CLUB JUNIOR CAMPS

June and July is junior tennis summer camp season. Camps are for both beginners/intermediates and high school or competitive juniors. The beginner/intermediate camps will be in the mornings and the high school/competitive camps will be in the afternoons. Camps go from Monday to Friday and are an excellent opportunity to get good at tennis really quickly. The cost is \$120 a week. All junior programs have 20% discounts for siblings. Anyone interested in SRCC tennis or activities should contact Jim Richards at jrichards@smokerisecc.com or call the tennis club at 770-908-1843.



#### **Stone Mountain Animal Hospital**

SMALL ANIMAL MEDICINE & SURGERY DENTISTRY . BOARDING . BATHING

Dr. Jeff Brown **Dr. Nicole Aponte** 

6053 Memorial Dr Stone Mountain, GA 30083 Phone: 770/469-6111

#### **GRADUATES**

Albert Scott III graduated from the Walter F. George School of Law at Mercer University with his J.D. degree on May 16, 2015. The ceremony in Macon, Ga. celebrated his accomplishments as a Cum Laude graduate with a ranking of 22 out of a class of 116 law students. The graduation was followed by a grand celebration hosted by his proud parents, Dr. Albert Scott, Jr. and Judge Sabrina Scott at his Smoke Rise



home. Affectionately known by all as, Trey, the young lawyer is a product of Mt. Carmel Christian School and Church, Greater Atlanta Christian School, Henderson Middle School and Providence Christian Academy High School. He graduated with Honors from Georgia College and State University in Milledgeville. Trey is also an Eagle Scout who created the prayer garden at Mt. Carmel Christian Church as his Scout project. He was a Smoke Rise Shark, a Mt. Carmel Cub Scout, a Kiddin' Around Model, a Talent Model until the age of 8 and a Peopleto-People Student Ambassador in his early teens. Trey is looking forward to a bright and promising future where he can use his God given talents to make a difference in our community.



#### Sean Trueblood

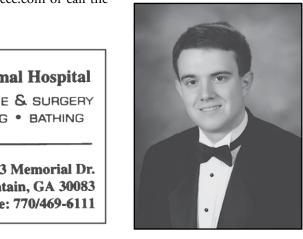
graduated on May 28, 2015 from Providence Christian Academy. He is planning to attend college this fall at Georgia Perimeter College

Jonathan Michael Schneider graduated on May 28, 2015 from Providence Christian Academy. He will be attending Auburn University next fall and will be in their School of Architecture program.



#### Stephen Gilbert

graduated Cum laude from Greater Atlanta Christian School on May 21st. He was named a National Merit Commended Scholar by the National Merit Corporation. Stephen plans on completing his first year at Perimeter College and then transferring to Georgia Tech to complete a Computer Science degree.











community July, 2015

#### **AROUND THE MOUNTAIN**

Check out the daily news for Tucker/Stone Mountain at www.patch.com

#### WHAT'S HAPPENING AT STONE MOUNTAIN PARK...

#### **Native Plant Garden Tour**

3:00 p.m. every Tuesday in July • Meet at Harold Cox Nature Garden

Join the garden steward for an informal tour of the garden on Tuesdays in July. See what Georgia native plants you'd like to incorporate at your home. Bring your nature study journal to do a plant study; or come empty-handed but ready to learn.

#### Family Storytime and Walk

3:00 p.m. every Wednesday in July • Meet at Playground

Join a member of the SMMA education staff on Wednesdays in July at 300 p.m. to explore. We will read and perform an insect puppet show. We'll walk to observe nature in a meadow, forest, and wetland. We suggest you wear clothes and shoes that can get wet and dirty.

#### Reptiles and Amphibians of GA: Live Animal Talks

3:00 p.m. Fridays in July • Meet at Confederate Hall

Join the SMMA education staff on Fridays in July at 3:00 p.m. for a glimpse into the world of reptiles and amphibians in Georgia. Live animals include salamanders, frogs, turtles, and snakes!

#### **Summer Hiking Challenge**

Now that you've conquered the Walk-Up Trail and the Cherokee Trail find out what other trails the Park has to offer. Scout out King's Trail or Muscogee Trail. What you can learn in the Songbird Habitat or on the Nature Garden Trail? Win fun souvenirs for your efforts. Visit Confederate Hall throughout the summer for more information and your souvenir!

Programs free and no registration required. A supervising adult must accompany children at all times. You must pay the Park entrance fee or have a yearly parking sticker. For more information contact: Naomi Thompson, Education Supervisor at Stone Mountain Memorial Association: 770.498.5619 or stonemountainpark.org.

#### Attention Singers: Chorale II – Sign up for the New Season

Dr. James McRaney, Director of the sixty-five voice community chorus, Chorale II, has announced sign up for the 2015-2016 season. Chorale II welcomes all voice parts... especially tenor and second (low) bass. The rehearsals are held every other Thursday at the Briarlake Baptist Church on LaVista Rd. The first rehearsal of the 2015-2016 season will be August 27 at 7:00 p.m.

For inquiries email Dr. McRaney at jmcraney@aol.com.

#### THE DEKALB HISTORY CENTER **Hosts Civil War Symposium on July 11**

The focus of the symposium will be on people and events in and around Atlanta and DeKalb during the War. The event includes a walking tour, lectures, a panel discussion, lunch, a play and an optional bus tour. This is a "can't miss event" for those interested in the history of the Civil War in our area. Please join us for a great day of learning.

If you have questions about the symposium or would like to register by phone please call 404-373-1088, ext. 20. Please see our website: www.dekalbhistory.org for the symposium schedule. Lunch is included in the cost of registration.



When A Nursing Home Is Out Of The Question SM

**CNAs** Companions Homemakers Personal Assistants

Bonded & Insured

Drivers Caregivers Sitters

mention this ad get \$50 off your first invoice

770-496-9986

Call for your FREE in-home consultation

Stop by for a visit at the 50&Better Center 2245 Dillard St. Tucker, GA 30084

We've been serving Smoke Rise families since 1988

Help at Home

#### **GFWC Stone Mountain Woman's Club** Staying Busy

Although they are not holding regular meetings during the summer (June, July and August) members of the GFWC Stone Mountain Woman's Club are hard at work with a number of different projects. The Yellow Daisy Festival Bake Sale under the leadership of Barb Hess and Glenda Willett has been planned and the leadership team for each of the four days of the Festival at Stone Mountain Park is in place. The dates for the Yellow Daisy Festival are September 10-13. Be sure and stop by the Bake Sale Tent for a tasty treat while you enjoy the Festival.

Believe it or not, the Club's Annual Christmas Home Tour Plans are being finalized now. Mark your calendar and plan to join the Club members on Saturday, December 12 for a fun day of touring and seeing many different styles of homes and decorations. And, yes, the Club's famous chicken salad lunch will again be part of the tour. Elizabeth Wells, Kim Sekulow, and Susan Coletti are the team leaders for the Tour with lots of help from other members of the Club.

At the end of May, Education Community Service Project Chairman, Doris Hoenig, and Club Past President, Gloria Stevens, traveled to Berry College to work with the students attending the HOBY (Hugh O'Brien Youth Leadership) Program. Our "Forever Young" Doris was on the floor with the students making a Linus Blanket and later Doris entertained the students at the Talent Show by singing Willie Nelson's Pistol Packing Momma.

SMWC Members will again provide a dinner for families staying at the Ronald McDonald House while their sick children are being cared for at local hospitals. Terry Ingwersen and Barbara Curzon, will lead this project. And Doris Hoenig and her Education Community Service Team will again help the City prepare and distribute bags of school supplies at the City's Back to School Bash in July. Club members help to support many of these projects with financial resources as well as volunteer time. It has been said that if you want something done in the City of Stone Mountain, "Call on the Stone Mountain Woman's Club for help. "

#### **SMOKE RISE COMMUNITY** ASSOCIATION UPDATE

By Michael Huerkamp

The most recent meeting of the board of the SRCA was on June 15. Progress reports were received with respect to: the summer plantings at 14 chimneys now being

actively managed by the board, the completion of Phase III beautification of the slope facing Hugh Howell near the intersection with Silver Hill at the school (look for our banner), and the community garden. All 58 plots are planted at the garden, parking has been improved, and the sign will be illuminated. The board has also worked collaboratively with Mountain Creek homeowners to illuminate their sign - a major Smoke Rise gateway landmark. Replacement sign toppers, additional chimneys, an electric car charger, illegal mulch dumping at Smoke Rise Park, and the Tucker cityhood vote were other business matters addressed. The treasurer reported a May 31 balance of \$60,897.06 with some income still expected from the community garden. Most other expenses of the SRCA -like landscaping services, insurance, and the aforementioned projects and initiatives will be paid as they come up. Membership is flagging compared to last year with 659 members as of June 7 (711 households elected SRCA membership last year). One hundred percent (100%) of all dues directly supports the Smoke Rise community! If you have neglected to pay your dues or are a new homeowner, we hope you will consider supporting the SRCA. The easiest way to pay is via PayPal. Go to http:// www.smokerise.org/membership.html and then follow the link. The next SRCA board meeting is in August.



Great Selection of Classic and Unique Mouldings, Friendly Service, Excellent Quality and Craftsmanship

"New Location" • 4195 Fellowship Rd, Tucker Formerly on Main Street • Convenient parking

770-491-3305

www.tuckerframeshop.com  $\checkmark$ 

### **Stone Mountain Farmers Market Partners with Wholesome Wave**

The Stone Mountain Farmers Market entered its second year of operation earlier this spring. The Market is held from 4:00 p.m. – 7:00 p.m. every Tuesday through November 24 in the Municipal Parking Lot on Main Street. Beginning June 2, the Market launched a partnership with Wholesome Wave and Project Generation Gap. This partnership, along with participa-

tion in My Market Club, is meant to broaden the Market's impact on the community.

By partnering with Wholesome Wave, the Stone Mountain Farmers Market can now accept EBT/SNAP and as part of the Double Up program, EBT/SNAP can be doubled on produce purchases. "Access to healthy food is important to every member of our community. We feel



like this partnership opens the Market up to more people," says Mechel McKinley, Executive Director of the Stone Mountain DDA.

My Market Club is an incentive program for first time Market customers. For the first three visits new customers will receive free prizes. Prizes include insulated shopping bags and gift bags from Stone Mountain Village businesses. "By using these two programs together we can encourage first time market shoppers to make shopping at the Market a habit, which means our local producers are in turn prospering and returning that money to the local economy. It is a cycle that benefits everyone," says McKinley.

For further information about the program, please contact Mechel McKinley at mmckinley@stonemountaincity.org or Sagdrina Jalal at 404-271-0071.





CALL TODAY 770-939-7500

Indoor Air Quality Products



### Alerts & Watches

#### by Jan Mahoney

FYI: It is the policy of the Smoke Signal that all reports of crime published in this column are based on information received directly from residents who are the victims of the crime, or who have witnessed suspicious activity, and never to include names and addresses.

#### **IMPORTANT INFORMATION**

Remember these three important "stranger" guidelines from our Tucker precinct:

- Call 911 when the crime or a suspicious person sighting is in progress and say that the incident is "in progress." CALL NOW not later.
- Be very suspicious call 911 for ALL suspicious behavior.
- NEVER open doors to strangers.

You are the eyes and the ears of the Police Department. Call them and let them handle the situation - do not ever attempt to handle a situation yourself.

The following reports were received from the CrimeMapping.com website:

5/20/2015 - THEFT/LARCENY - 1800 BLOCK SMOKE RISE SUMMIT

5/22/2015 - MOTOR VEHICLE THEFT - 5800 BLOCK HUGH HOWELL ROAD

5/26/2015 - VANDALISM/DAMAGE TO PROPERTY - 1800 BLOCK MOUNTAIN SHADOW

5/27/2015 - MOTOR VEHICLE THEFT - 1700 BLOCK TILLING WAY

5/28/2015 - BURGLARY/FORCED ENTRY - 4900 BLOCK ANTEBELLUM DRIVE

5/31/2015 – VANDALISM/DAMAGE TO PROPERTY - 5800 BLOCK HUGH HOWELL ROAD

6/1/2015 - THEFT/LARCENY - 1700 BLOCK KANAWHA DRIVE

6/6/2015 - THEFT/LARCENY - 1500 BLOCK LILBURN STONE MOUNTAIN ROAD

6/12/1015 - ROBBERY - 1800 BLOCK CHARTWELL TRACE

6/13/2015 – BURGLARY/FORCED ENTRY - 4900 BLOCK CHEDWORTH DRIVE

#### From an East Gate Drive Resident:

On May 27, my car was burglarized in my garage. Unfortunately, it was not locked (I always lock my car but my husband and I had been out in the morning and just jumped out of the car and entered the house). My husband later left the garage door up for the landscaping guy to work on the sprinkler system. After he left, the garage door was left open for a couple of hours. Sometime between 2:30 pm and 3:50 pm, someone(s) came up my driveway, entered the garage, rifled through my car (mostly side pockets and middle compartment. An iPod Nano along with a very nice pair of Bose headphones and a cell phone charger were stolen. Although not super expensive, I am shocked and dismayed that people were bold enough to enter my garage in broad daylight. We later called DeKalb police and reported it. I want to warn my neighbors that they should keep their cars locked at all times even when the car is sitting in the driveway.

#### Please be aware:

June 19: 'Romanian' couple in blue Chevy truck with NJ plates may be casing neighborhoods.

If you are a victim of a crime, please call Jan Mahoney at (770) 621-0155 or email details to smoke-signal@earthlink.net so we can let the neighborhood know what's going on by publishing it in the *Smoke Signal*.

Remember, if you don't inform the police, the police don't know what's happening in your neighborhood.

#### **DID YOU KNOW?**

### Property Maintenance and Zoning Ordinances for Unincorporated DeKalb County

- -- Grass must be maintained below 12 inches in height.
- -- Parking on the grass is prohibited.
- -- Commercial vehicles may not be kept in a residential zone.
- -- Boats and trailers may only be parked to the side or rear of one's house or in a garage or carport.
- -- Fences must be maintained in good repair.
- -- Garbage containers must be returned to your home after collection. Containers may not stay at the curb for more than 24 hours for any reason.

To report violations, call 404-687-3700 or email at codeenforce@dekalbcountyga.gov.



**July, 2015** features

#### **HEALTH NOTES:**

by Cheri Schneider, M.D.

#### Are Your Pinkies Summer Ready? **Identifying Toenail Fungus**

Summer is finally here and it is time to take out our flipflops and sandals and head to the pool! Are you hesitant to do so because you have ugly toenails? If so, reading this article may help you decide if you need something more than a pedicure to get your summer fashion feet on.

Toenail fungus or Onychomycosis, as it is called in medical literature, is a fungal infection of the nails affecting about 10% of adults. Sometimes yeasts and molds can also involve the nail. These infections can cause your nail(s) to look thickened and discolored (white, black or yellowish) and can lead to brittle broken nails and distortion of the nail shape. Most of the time, only one or two nails are affected. When a fungal infection spreads beyond the nail it is called "athletes foot".

Why do your nails get infected? Most of the time it is because these fungi, molds and yeast thrive in damp, moist, warm environments. Swimming pools, shower stall floors and sweaty shoes and socks are the perfect environment for them to grow. That is why wearing flip-flops in the gym shower or on the swimming pool deck is a good idea. Doing this may keep you from getting athletes foot or toenail fungus! Additionally, poor circulation can increase your likelihood of getting toenail fungus. Diabetics, people with heart disease or older individuals often have poor circulation and are therefore more susceptible.

To find out if your ugly nails are caused by toenail fungus, see your doctor. Only half of suspected nail fungus is an infection. To make the diagnosis, the doctor will usually scrape the nail and examine the scrapings under a microscope. It is important to verify that the infection actually exists, because treatment of toenail fungus is often difficult and lengthy, and some of the medications can have serious side effects.

How do you treat toenail fungus? Preventing the fungus is much easier than treating it-- so avoid prolonged exposure to damp, warm environments. Wear sweat 'wicking' socks and let your feet 'breathe' as often as you can by taking off your shoes. If you have athlete's foot, have it treated right away. Once the fungus invades the nail, it is much harder to treat. Oral medications are 50-70% effective and can have side effects. Topical treatment (medicated nail paints) is less than 10% effective and must be applied daily for up to a year. The combination of both topical and oral medicines are more effective than either alone.

In summary, prevent toenail fungus by avoiding the factors that make it grow: moist, warm environments and shoes and socks that do not 'breathe'. Treat athlete's foot with lotions, creams or oral medications to prevent spread to the nail. Go early to see your doctor if you suspect toenail fungus. Treating infection 'early' dramatically shortens treatment time. And lastly, pamper your pinkies and enjoy sandal weather by wearing sandals and flip-flops!

#### Life is SWEET

Learn CPR to be ready to respond in an emergency. CPR saves lives!

CPR Training\* (\$30)

Monday, July 13 • 6:30 PM – 8:30 PM

\*No certification card given

Stone Mountain City Hall 875 Main Street, Stone Mountain, GA 30083

Register at learncpr.ga@gmail.com



#### **Health and Fitness Monitors**

In May, we looked at how Health & Fitness Monitors can be life-changers related to sleep tracking... specifically, the Jawbone UP-24, although there are many others available including FitBit and Samsung Gear. I chose the Jawbone for its highly rated mobile phone application that displays information and lets you enter data about your day.

This month, we'll examine how these kinds of monitors can help with encouraging exercise and healthy eating. For exercise, the Jawbone displays on its phone app a bar graph of your steps each day. You can easily see times of increased activity and times when you are inactive. Intelligent prompts are sometimes presented letting you know the time of the

day you are most inactive, reminding you to get up and move around. You can set a step goal and get reminders of how you are doing relative to that goal. Activities other than walking can be entered manually, anything from aerobic dance to yoga. (Insert the attached UP3 picture near this paragraph)

For tracking your diet, the Jawbone UP-24 has quite a range of features. You can manually enter what you ate and it will look up the calorie, carbohydrate, salt, fat, statistics and track them for you. It comes loaded with an amazing number of foods from Almonds to Zucchini and even complete popular restaurant's menu items like Red Lobster's cheddar biscuits and Zaxby's grilled chicken salad. It even presents nearby eateries, and when selected, displays their full menu with calorie counts on each item. Once you have selected what you ate, that item appears on an easy-access "favorites" menu so you can re-enter it another day. Or you can scan the bar code on the food's package and enter the portion size. Or you can take a picture of your meal. Once you have your food items entered, the



monitor lets you know when you have hit your calorie intake goal, and factors in your activity level, so that on a day you walk or workout harder, your calorie goal is a bit higher.

Oh, the wonders of technology! Next month, we'll take a look at the new Amazon Echo home intelligence device available-- by invitation-- on the Amazon website. It has the potential for changing the way you use your home the same way fitness monitors can change your behavior. Stay tuned!

#### DON'T FORGET YOUR PETS ON THE FOURTH OF JULY **By Mary Grace Mauney**

Anyone who has a dog probably knows how startling the sounds of fireworks and crowds can be to our canine and feline companions. What many people don't know is that this can lead to their pets running away, sometimes never to return. When I was working at an animal shelter, I found out that the busiest day of the year for animal shelters is always the day after July 4th, because so many animals get scared and run away. Some of these pets make it back, but some do not. In fact, nationwide statistics report that only 14% of pets lost on the Fourth of July are reunited with their owners. That leaves a heartbreaking number of lost pets and grieving families. Here are some tips on how not to be among them.

First, if you have a pet, especially one sensitive to noise and/or change, it is much better to stay home with them. But if you do go out, leave them at home rather than taking them with you, and leave them in the house, not the yard, with no escape routes open. Before you leave, make sure they have access to a place they feel safe. For instance, my dog favored the enclosed space of the laundry closet. Draw the curtains and close the windows and perhaps leave the radio or soothing music on to distract them from the noise outside. Just in case escape happens, they should always have collar and tags or a microchip.

July 4th presents other dangers to pets too. Keep lighter fluid, firecrackers (lit or unlit), matches, citronella candles, insect coils, oil products, and alcoholic beverages out of reach, as they are all dangerous for a dog or cat to ingest. Do not put glow jewelry on your pet or let them play with it, and do not use any sort of sunscreen or insect repellant not labeled as safe for use on animals. Do not give them any grill scraps, as sudden changes in diet can cause stomach issues for pets.

Have a happy Fourth!

#### The Best of Smoke Rise

The Smoke Rise Agents team is proud to present some of the best homes in Smoke Rise, ready for new owners. Our marketing program brings buyers for the homes we list & sell. Call us!







TO SAVE A HEART













Smoke Rise Agents Team

770.573.9715 www.smokeriseagents.com







features \_\_\_\_\_\_ July, 2015

### - Meet Your Neighbors -

#### The Huppis

#### by Kimberly Sizemore

While the summer heat may be driving some to stay inside close to the air conditioner, others are running to jump into the cool waters of a local pool. Not only is the water refreshing, the kids are having a great time, and it's a great place to meet your neighbors. Like the Huppis, for example, who, regardless of what time of day you are reading this, are probably swimming

right now at the Smoke Rise Bath and Racquet Club. (O.k. that might be a slight stretch.)

Eric and Maggie Huppi, both originally from Ohio, moved to Smoke Rise about four years ago and have really loved being a part of this community. couldn't be happier with our decision," says Maggie. Without knowing anything about Atlanta when they first moved here, they lived on the north side of town and quickly discovered the 'joys' of commut-



ing. Eric is a mechanical engineer by degree and is a director for Zimmer Orthopedic Company. Maggie was teaching art at Brockett Elementary in Tucker and both found that they were spending more and more time in this part of town, even when it wasn't a workday. "Once we really got to know the area, we found ourselves always coming this way on the weekends," she says. So, inevitably, the choice was clear. It was time to move. "When we were ready to buy our first house, Smoke Rise attracted us because of its location, lot sizes, prices and sense of community. We feel like Smoke Rise is in the beginning of a major 'upswing' with more and more young families moving into the area."

Since buying their home, their family has expanded to include their daughter Norah, and another baby coming this fall. This makes having young families around even more important. "We feel really lucky to be here," says Maggie. "We love to be able to have friends right down the street who we can see when we are going for a walk or can hang out with in the evenings. We really feel like we can see, and be a part of, the future of Smoke Rise."

And what a great future Smoke Rise has if it includes the Huppi's. The Huppis have already invested themselves in the community. Eric is on the board of the Smoke Rise Bath and Racquet Club and they enjoy growing their own fresh food in the community garden. Excited about the future of Smoke Rise, they envision themselves being here for a very long time. "We love getting involved in our immediate neighborhood. We want the great things about it, like the pool, to be here for years to come for our kids to enjoy. We love meeting other people who are really interested in working hard to revitalize our community. It makes us feel really encouraged!"

Hopefully you are encouraged too-- enough to get out of the air conditioning and into your neighborhood to meet a few other great folks like the Huppis. And maybe we will see you at the pool!

If you know someone in Smoke Rise who has an interesting story or personality and would be a good addition to feature in "Meet Your Neighbor," email us their information at smoke-signal@earthlink.net.



#### Serving Smoke Rise Families Since 1946!

Flowers & Gifts For All Occasions! Green & Blooming Plants For Your Home & Garden

404-292-8446

www.HallsFlowerShop.com 5706 Memorial Dr, Stone Mtn, 30083

Daily Delivery To Metro Atlanta, DeKalb and Gwinnett!

#### **NEWS YOU CAN USE**

By AvivA Hoffmann

#### Should your Home Security System Cause Alarm?

Many techies say today's home security systems are subject to security issues themselves. For instance, some home alarms can be sabotaged and made to either suppress the alarms or create multiple false alarms that render the system unreliable.

Most wireless alarm systems rely on radio frequency signals sent between door and window sensors to a control system that triggers an alarm when any of these entryways are breached. The signals deploy any time a tagged window or door is opened – whether the alarm is enabled, or not. When enabled, the system will trip the alarm and send an alert to the monitoring company. Many systems fail to encrypt or authenticate the signals being sent from the sensors to the control panel. That makes it easier for someone to intercept the data, decipher the commands, and play them back to control panels at will.

Some home alarm signals being used today can be jammed to prevent them from activating an alarm. This is done by sending radio "noise" to prevent the correct signal from getting through from the sensors to the control panel. That means the alarm doesn't go off, and the monitoring company is not alerted.

Anti-jamming measures are available to the consumer to prevent someone from blocking the signals between the sensors and the control panel, but there are countermeasures to that too. Additionally, technology is available that can provide access by a savvy thief to a stored password on your security alarm – the same password you would use to arm and disarm your system!

For someone savvy enough, and with the right equipment, it is possible to monitor a home alarm system when it "phones home" to the monitoring service, as the system is armed and disarmed, which indicates the owner's usage patterns. However, before you panic and throw out your whole system - remember, your typical home burglary is a crime of opportunity, and most burglars aren't going to be sophisticated enough to invest in technology to jam or disable a wireless alarm system.

For the determined burglar, there are devices that can set off false alarms from 250 yards away – without a direct line of sight. Software-defined radios can be tweaked to monitor different frequencies. While these devices are expensive, they wouldn't be out-of-reach for a serious home-burglary operation. Home Systems that use rolling codes that change, instead of fixed ones, are more secure. However, manufacturers (and customers) typically opt for less expensive methods.

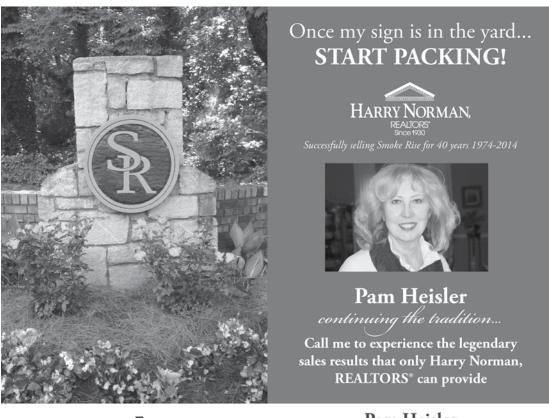
Find out if your home alarm system uses encryption. If so, it's a pretty good bet it will be protected from a "hack." The amount of time needed to crack the encryption, even with modern equipment, would be longer than the 30 seconds allowed before a signal is sent and an alarm is tripped.

And then there is the debate about whether to prominently display a sign telling the public you have an alarm system. Some say it deters thieves, while others say it also functions as an identifier for the common thief who might look up your system on the internet. A solution might be to display a sign – but not one indicating the actual system you have. Also, motion sensor lights around the outside of your home are a deterrent. And, if you have an ear piercing alarm speaker, that doesn't hurt either. (A loyal dog is a pretty good, too.)

No matter what kind of system you have or whether you put a sign out, common sense suggests the everyday thief wants to get in and out as quickly as possible, and not specifically take the time to jam a signal or case a house to learn more about your alarm system. There are so many other houses that simply don't present the hassle or risk of getting caught.

Here some low-tech precautions every homeowner should take. Make sure your password is not easy for an acquaintance to guess. If it is, change it. Also, be aware of your surroundings. Don't forget to change the batteries on your equipment when needed, and of course, keep your doors and windows locked!

Stay safe everyone.



**Pam Heisler** 404.388.0076 | 404.897.5558 pam.heisler@harrynorman.com



### fresh from the garden

#### PoPo's Garden Loves Hostas Wanna Hosta?? By Joyce Ray

On a hot summer day a cool place in the shade is a bit of heaven, which is just what my friend and I found when we visited PoPo's garden on Sheppard Road in Stone Mountain Village for their annual garden tour. Steve McMurtry and Ricky Cox bought the three wooded acres and 1940's farmhouse in 2007 with aspirations to open a Hosta nursery and, of course, to landscape the surroundings with many varieties of this southern garden charmer and companion plants. With over 180 varieties of the plant, you will find your old favorites, and some surprises like the miniature Hostas for fairy gardens and the giant Victory variety with leaves that are almost one foot across.

Steve will help you find just the right variety for your space, whether you have deep shade or dappled with sun. I wanted a bright lime green which would add some drama and contrast well with deep greens and ferns. Steve pointed me to Guacamole, which is hearty for our climate and big enough to make a bold statement of color. Paired with autumn ferns which he also helped me choose, this will be an excellent backdrop to a favorite garden spot.

If you are looking for a specific variety, check out their website where you can search the alphabet of names for your favorites. Open by appointment for tours and for purchases, PoPo's Garden is a beautiful oasis and excellent resource for finding tested and proven Hosta plants guaranteed to grow in Georgia's hot and humid climate.

Steve and Ricky are proud members of The Georgia Hosta Society. Steve and his family are also members of The American Hosta Society where Steve serves as a Senior Judge for Hosta and cut leaf shows. The website is www.poposgarden.com.





# Belco Electric FAMILY OWNED & OPERATED SINCE 1972

Fast, Dependable 24-hr. Service by Professional, Uniformed Electricians

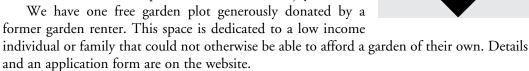
770-455-4556

Check out our website: BelcoInc.com and follow us on

#### Summer in the Smoke Rise Community Garden

Lots of things are happening in the garden. We have two plots for rent. There is still plenty of time to plant a garden in the empty plots. Pricing and a membership information is available on the website.

We are getting a little free library 'house'. Look for it soon on the top of the driveway to the right of the entry door. You can borrow a book or drop one off for others to enjoy.



We are now accepting donations towards the first ever-Level 2 electric car charging station! The cost for the unit and installation is approximately \$3,000. The SRCA will pick up the ongoing costs for monthly upkeep. The system is a fee based, inexpensive to use machine. The charger will have it's own dedicated parking spot at the top of the driveway to the right. Once we raise the needed funds, Doug Reynics, garden chair, will order the unit and schedule installation. Anyone who owns or leases an electric car will be welcome to charge his or her car. You do not have to rent a garden plot to be eligible to use it. It will be available to anyone who has a chargeable car (there will be a fee for use).

The Community garden website is www.smokerisecommunitygarden.com. Check it for news and upcoming developments.

### A Mountain Mums Confessional: CONFESSIONS OF A 'PLANTAHOLIC'

#### By Cheri Schneider

It took a 'knee busting' fall about a month ago to wake me up. Yes, I've loved flowers and all things that grow in the ground for years... but this was different. I busted my knee doing the gardener's equivalent of dumpster diving. I fell coming down a mulch pile where I saw discarded, old cuttings of coleus flourishing in the mulch. A wonderful lady and her pit bull helped me up. I limped a mile and a half back to my car tightly clutching my plastic sack full of coleus. I am just now able to start walking again, but guess what? The coleus is doing just fine in my flowerpots! After this discovery, I decided others like me might need help. So here goes:

You know you are a Plantaholic IF:

- -- You weed as you walk... you know... 'other' people's weeds.
- -- You rescue plants from mulch and compost piles.
- -- You 'lust' after plants you see growing in other people's gardens.
- -- You can't resist saying the scientific name of plants.
- -- You treat cuttings or diggings from a generous friend like your babies.
- -- Fifty cent plants at Lowes makes you excited... even if you don't need them.
- -- Your idea of a date is to take your husband or wife on a garden tour (sorry, Love!).
- -- You get a speeding ticket because you were looking at all the plants along the side of the highway (really happened).
- -- You beg 'extras' from a neighbor.
- -- The 'kid in the candy store' affect overtakes you in a nursery.
- -- You have envelopes full of seeds you are 'getting around to planting'.

If any of these things are true of you, consider joining the AA of the gardening world-- the Mountain Mums (or any of the other three garden clubs in Smoke Rise). The Mountain Mums Garden Club meets the second Wednesday of every month at 10:00 a.m. Our programs are fabulous, and we go on some great field trips. Our next meeting is August 12 at 10:00 a.m. Call Ann Purr at 770-921-9070 for more information.

#### Monarchs, Milkweed and Morning Glories

Many of you may have read that the monarch butterfly population is declining in the United States. The U.S. Fish and Wildlife Service (USFWS) has launched a major new campaign aimed at saving the declining monarch population. As recently as 1996, monarch population numbered



some 1 billion but recently their numbers have declined by 90%. This is due to numerous issues but especially to the loss of habitat due to agricultural practices, development and cropland conversion. Degradation of wintering habitats in Mexico and California has also had a major impact.

Now the USFWS and the National Wildlife Federation (NWF) have teamed up to promote the issue and provide ways for community groups, corporations and schools and local governments to provide habitats. The monarch's exclusive larval host plant and a critical food source is native milkweed. The milkweed has been severely degraded in recent year with the use of

chemical sprays. Funding for these initiatives is coming from these organizations and also from chemical manufacturer, Monsanto Corporation. From California to the Corn Belt, the Service will fund projects totaling \$2 million this year to restore and enhance more than 200,000 acres of habitat while supporting over 750 school yard habitats and pollinator gardens.

The Morning Glories first learned about this issue at a meeting at Stone Mountain Park in May 2014 with a program presented by Susan Meyers. Susan told the group about MAG or Monarchs Across Georgia and gave us literature. This spring, garden club members Carolyn Woodson, our Environmental Chair, and Gloria Cooke, our Campus and Civic Beautification Chair decided to take some action. They ordered two flats of native milkweed totaling 65 plants for the Smoke Rise Charter School grounds and Atrium. Members also planted the milkweed in their own gardens to provide food and larval hosts. Milkweed is also planted at the Tucker Butterfly Garden. The photo below is of native milkweed at a newly developing greenspace in Smoke Rise. If you want more information on the monarch and how to attract them to your garden, check out the website for MAG:

All classified ads are limited to twenty words, with the Smoke Signal reserving the right to edit any copy. Ads are \$15.00 per month, (\$75.00 per 6 months if prepaid). Please submit copy in writing with a check for the months the ad is to run. Deadline is the 10th of each month. ADS NEED TO BE PREPAID. Checks should be made out to Smoke Signal and mailed to 1868 East Gate Drive, Smoke Rise, GA 30087-1911. When submitting classified ads, please include your full name, address, and phone number. This information is for our records only! For classified ads, contact Barb Hess at 404-229-0742 or barbhess48@gmail.com. For information on display (box) advertisements or flyer inserts, see contact information on page 2.

#### Classified Ads

SWIM LESSONS: SR PE & Swim Teacher; beginner-competitive, my pool/yours; group/ private/semi; toddlers-adults; ref. avail.; flex times; June-Aug. 770-923-7406-hm; 404-667-1190 cell/text; jsbatten@gmail.com

SMOKE RISE LANDSCAPES Licensed/Insured. Design. Installation. Year-Round Maintenance. Weed Control/Fertilization.Drainage. Hardscaping. Irrigation Systems. Pinestraw. 404-556-2634

HANDYMAN INC. has over 225 clients in the SR community. Providing all your "homework" needs. Logan Carlisle, owner and Handyman@ 770-235-3684.

CCS TREES - Rope climb pruning, spike climb removals, debris hauling. Insured. SR references provided. 770-979-6116 office. TJ's cell 770-

Experienced, Affordable, Licensed. Metro Fireman: Quality Pressure Washing and Gutter Cleaning. A job done right by someone you can trust. Call Phillip Carlisle 404-328-6595

#### COMPUTER AND NETWORK SALES AND SERVICES

Trusted company working with local community since 1995. References available. Call 770-979-1800 or visit www.thepclink.com.

PIANO TUNING AND REPAIRS - Over 40 years of professional experience, contact Smoke Rise resident Steve Duncan at 770-414-4766 or 1swd@att.net

DOG BOARDING: Loving dog care. Small, selective, safe, fun. Your dog will be glad you went on vacation! Call 770-674-0680 or visit www.theshepherdsglen.com.

AFFORDABLE LAWN CARE Mowing, edging, pruning, trimming, etc. Reasonable, dependable, insured. Call Mark at 770-235-1231.

BERRETTA PAINTING - #1 in Smoke Rise customer satisfaction. Int/ext. painting, pressure washing, and repairs. Licensed/ insured. Warranty. 770-923-0537.

#### COMPUTER PROBLEMS????

On-Site Computer Repair Make Windows 8 like Windows 7! 10% Discount when you mention this AD!

404-642-3626 UPHOLSTERY AND TRIM Recover replace and repair upholstery for auto, truck, motorcycle, boat, home, commercial and more.

#### Call 770-465-0996 or visit www. freestyleupholstery.com. WINDOW CLEANING —

Year-round detailed window cleaning by owner. Fully licensed, owner operated company. Call Paul at 678-516-7939 or visit AbsoluteWindowCleaning.net.

For Sale -- 2013 Spitfire EX 1420 4-wheel compact scooter \$600.00 Paid \$1050.00. Call (239) 218-7510 Sharon's Housekeeping, cleaning for over 20 yrs. Detail cleaning at it's best. Reasonable rates. Referrals by request. Sharon Peeples 770-841-

Need a professional pet sitter? Call Critter Sittin' Sisters at 404-409-3765. We make your pets smile!

WAGNON LANDSCAPE GROUP Residential, commercial, design and installation. Year-round maintenance, light tree work and cleanups. Licensed/insured SR resident with SR references. 770-381-3697.

LOCKSMITH SERVICES Deadbolts installed, re-key, repair, reinforced strike plates & motion lights installed, door threshold & weatherstrip replacement. SR res/SR ref, Rick 770-617-0466.

#### **GREENER PASTURES** LAWN MAINTENANCE

General lawn care, fertilization, pinestraw coverage, etc. Established 1985, licensed and insured. Call 404-697-7426.

#### N.K. CONSTRUCTION

Stucco, brick, tile, driveways, room additions, decks, walls/fences, painting. 30 yrs. exp. Nick 678-791-9546 (cell) 770-934-4148 (home)

Piano for sale! 1994 Baldwin mahogany console piano. Excellent condition! \$250.00 Call Donna @ 404-626-1052

HOUSEKEEPING SERVICES AVAILABLE If you want your house cleaned to perfection, I am the one to call! Experience. References. Halida: 404-610-9056

#### DAVE'S LANDSCAPING

Lawn maintenance, landscaping & weed control service. Licensed & Insured. For an estimate email daveslandscaping@comcast.net 770-621-0393

PETS, PAPERS & POSIES: I'll care for them while you're away. Smoke Rise resident 30+ years. Karen Bouchard, 404-472-7348 petspapersandposies@gmail.com.

> I'M YOUR HANDYMAN Since 1981

Plumbing, Electrical, Carpentry, Ceiling Fans, deck repairs, light tree work, dependable

John & Alicia 404-830-2300 AAA TREE EXPERTS.org - ISA Certified Arborist, Tree Removal,

Pruning, Storm Damage. Workers Comp. & Liability Ins. 15 yrs. experience. Erik Miller 678-488-6942 cell

The purpose of the Smoke Signal classifieds is to advertise goods and services to the community.

The Smoke Signal is posted to www.smokesignalnews.com the first of each month. Go to the "Smoke Signal Digital" link. You'll also find the link posted to the Smoke Signal News Facebook page each month with posting of pictures and stories throughout the month. For questions, contact Pat Soltys at pat@smokeriseagents.com.



#### **Stone Mountain Rotary Club**

by L.A. Dison

#### Rotary Club of Stone Mountain Honors Park Springs **Veterans with Luncheon**

The Rotary Club of Stone Mountain hosted the military veterans of the Park Springs retirement

ommunity at an honorary luncheon held onsite at the Community Hall in May. Guest speaker was Tommy Clack, a Vietnam War veteran who currently serves as a consultant with the Department of Defense as it plans the 50th Anniversary Observance of the Vietnam War. The Honor Guard, Sons of the American Revolution, opened the luncheon with the Presentation of the Colors, followed by the singing of the National Anthem. During the luncheon, Park Springs resident Carolyn Brooks played various military songs to entertain the crowd. The luncheon is an annual event for the club, always held on the Tuesday before Memorial Day.

The club also welcomed new member Ann Rosenthal in May; Ann is president of the Tucker CID and a longtime resident of Tucker.

The Stone Mountain club meets every Tuesday for noon lunch at Smoke Rise Country Club; visitors and those interested in learning more about Rotary are welcome to attend.

To learn more about the club and its upcoming programs, go to www.stonemountainrotary.org.



Stone Mountain Past President Al Lipphardt (left) presents guest speaker Tommy Clack (center) with the Rotary Club commemorative coin as President-Elect Donna Jensen looks on. (photo credit L.A. Dison)

## **HODGE PODGE**



By Jenny Hall-Busch

I did some research and see that we in Atlanta are smack dab in the middle of the Bible belt. (We are smack dab in the middle of the pollen belt as well!) I am redefining our region not by religion but by the number of churches we have and the by-product of all those denominations is amazing food and great cooks. We have to keep our energy up for all our good deeds, I guess. And it is a constant battle of good versus evil- evil sometimes manifesting as the dreaded Dunlopt Disease (my stomach done lopped over my belt). Loosen that belt up a notch or two and try a few or all of these great recipes from church cooks in Smoke Rise.

From Lou Tankersley (Smoke Rise Baptist) we have this wonderful dish for brunch. She credits the recipe to the Hippensteal Inn in Gatlinburg.

#### Cheesy Egg Casserole

6 eggs

½ cup flour

1 teaspoon baking powder

1/8 teaspoon salt

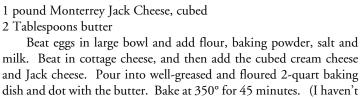
1 cup milk

8 ounces cottage cheese

3 ounces cream cheese, cubed

1 pound Monterrey Jack Cheese, cubed

2 Tablespoons butter



tried this yet, but it might work using cornstarch for gluten-free). I know I got this recipe from someone at the Moravian Church years ago. I have no clue who gave me this but it's delicious and I've been making it for 20 fattening years. We should call it Mystery Moravian Salad I guess.

#### Cantaloupe Salad with Honey Lime Dressing

3-4 cups cubed cantaloupe

1 medium cucumber, seeded and cubed

1 cup cubed salami

1 cup cubed mozzarella

½ cup bottled Italian dressing

3 Tablespoons lime (or lemon) juice

2-3 Tablespoons honey

pinch of salt, pepper and marjoram

Combine cantaloupe, cucumber, salami and mozzarella in large bowl. Mix the rest of the ingredients together. Pour dressing over, toss and refrigerate covered for a couple of hours. Wonderful as a side salad or dinner salad with loads of good bread. You can leave out the salami, and it's also great with just a touch of grated sweet onion. I guess it's just the combination of sweet fruit with the salty cheese and meat that makes this one so delicious. There is a Dunlopt Disease advisory however, especially if you eat half a loaf of Italian bread with this! A glass of crispy summer Chardonnay will help cut the fat calories. Right.

This is from me. I go to Eastminster Presbyterian, but stole the recipe from Cooks Illustrated. I probably shouldn't admit to stealing. This whole church column has me a little nervous now. What was I thinking?

#### Lime Bars from Scratch

5 ounces of animal crackers (like in that little Circus Box)

3 Tablespoons brown sugar

Dash of salt

4 Tablespoons melted butter

Preheat oven to 325°. Line an 8x8 square pan with foil for easy lifting when the bars are done. Grease or spray with Pam. Pulse the animal crackers in food processor until broken down. You should have 1 1/4 cups of crumbs. Add sugar, dash of salt and pulse again. Add melted butter and pulse briefly to blend and make cohesive. Pat into prepared foil-lined pan. Bake 18-20 minutes and cool while you make filling:

2 ounces cream cheese (yep...two ounces)

1 Tablespoon lime zest

½ cup fresh lime juice (about 4-5 limes)

14 ounce can condensed milk

1 large egg yolk

Mash cream cheese with lime zest. Do this by hand because the zest will get caught in mixer blades (or just add it last). Add condensed milk and stir until no lumps remain. Add egg yolk and the lime juice gently and combine well. Pour over crust and bake in a preheated 325° oven for 15-20 minutes until edges just begin to pull away from sides. Cool completely and then chill overnight for best results. Lift out of pan using foil and cut when cold. Sprinkle with coconut or whipped topping.

And, yes, I know that "Scratch" is a nickname for the devil... I told you this column made me nervous!!!