February 2020 Group Fitness Classes

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
	Circuit HIIT 10:00am No Limits 6:00pm	BattleRopes 1:00pm	Spin 6:30pm			
	Spin 6:30pm	Kickboxing 6:00pm	BattleRopes 7:45pm	Circuit HIIT 9:00am		
9	10	11	12	13	14	15
	Circuit HIIT10:00am					
	No Limits 6:00pm	BattleRopes 1:00pm	Snin 6:30nm	Circuit HIIT 9:00am		
	7:30pm	Kickboxing 6:00pm	BattleRopes 7:45pm	Pound 4:00pm		
16	17	18	19	20	21	22
	Ciruit HIIT 10:00am			1]	
	No Limits 6:00pm	BattleRopes 1:00pm	Snin 6:20nm	Circuit HIIT 9:00am		
	7:30pm	Kickboxing 6:00pm	BattleRopes 7:45pm	Pound 4:00pm		
23	24	25	26	27	28	29
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	Circuit HIIT 10:00am	PettleBenes 4:00mm	Cnin 6:20nm			
	No Limits 6:00pm Spin 6:30pm	BattleRopes 1:00pm Kickboxing 6:00pm		Circuit HIIT 9:00am		
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				1 —		
	Circuit HIIT 10:00am					
	No Limits 6:00pm Spin 6:30pm	BattleRopes 1:00pm Kickboxing 6:00pm	Spin 6:30pm BattleRopes 7:45pm	Circuit HIIT 9:00am		
	opin oloopin	incomposing coopin	Battlettopes 7.40pm	On Cart Time 5.00am	<u> </u>	