



## HELLO DINNER BUILD-YOUR-OWN FAMILY MEALS

### MAIN DISH

AVAILABLE IN 2,4 & 6  
SERVINGS  
(4 OZ OF PROTEIN PER SERVING)

#### CHOOSE ONE

- 🗨️ **PULLED-PORK**  
14.00/26.00/32.00
- 🗨️ **SLOW-ROASTED PORK SIRLOIN**  
14.00/26.00/32.00
- 🗨️ **ZESTY TURKEY**  
14.00/26.00/32.00
- 🗨️ **ALL-NATURAL CHICKEN BREAST**  
14.00/26.00/32.00
- 🗨️ **WILD-SALMON CAKES**  
15.00/28.00/34.00
- 🗨️ **TURKEY MEATLOAF**  
15.00/28.00/34.00
- 🗨️ **TENDERLOIN STEAK**  
18.00/34.00/48.00
- 🗨️ **WILD SALMON**  
18.00/34.00/48.00

### ONE DISH MEALS

- 🗨️ **SHEPHERDS PIE**  
14.00/26.00/30.00
- 🗨️ **THAI TURKEY**  
15/28/34

### SIDE DISHES

#### CHOOSE TWO

- 🗨️ BROWN RICE
- 🗨️ ROASTED VEGGIES
- 🗨️ QUINOA
- 🗨️ ZOODLES
- 🗨️ STIR FRY VEGGIES
- 🗨️ PALEO CAULIFLOWER "RICE"
- 🗨️ ROASTED-SWEET POTATOES
- 🗨️ ROASTED-POTATO WEDGES
- 🗨️ BROCCOLI
- 🗨️ YUKON-GOLD CAULIFLOWER MASH
- 🗨️ BABY GREEN BEANS
- 🗨️ PETITE PEAS
- 🗨️ SAUTEED SEASONAL VEGGIES
- 🗨️ BLACK BEANS
- 🗨️ HELLO-GREEN SALAD
- 🗨️ LOADED BAKERS (\$2.00 PER SERVING)

### SAUCES

#### CHOOSE ONE

- 🗨️ CREAMY SRIRACHA
- 🗨️ HOUSE-MADE STEAK SAUCE
- 🗨️ FRESH SALSA
- 🗨️ SHREDDED CHEDDAR & MOZZARELLA CHEESE
- 🗨️ CLEAN FRY SAUCE
- 🗨️ WHITE BALSAMIC VINAIGRETTE
- 🗨️ SESAME SOY SAUCE
- 🗨️ CLEAN BBQ
- 🗨️ CLEAN KETCHUP
- 🗨️ HELLO FLAVOR! GARLIC HERB BUTTER
- 🗨️ CLEAN TARTAR
- 🗨️ CLEAN RANCH
- 🗨️ CREAMY CASHEW PESTO
- 🗨️ ORANGE SAUCE
- 🗨️ SWEET & SPICY MUSTARD
- 🗨️ CLEAN 1000 ISLAND
- 🗨️ GUACAMOLE (\$1.50 PER SERVING)

### HOW TO ORDER:

Orders are due by midnight for delivery Monday – Friday! We deliver to Boise, Eagle or Meridian You will receive a text message when your pickup order is ready.

Order Online at [www.hellodinner.com](http://www.hellodinner.com). Click on "Order Meals Now" button.

Use code HELLONEWBIE for 10% off your first order!

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