



# The Beauty Spot

VERWOOD



FROM BROWS TO TOES  
YOU'LL BE IN SAFE HANDS IN THE  
CALM, PRIVATE SETTING OF MY  
GARDEN SALON IN VERWOOD.

WHERE PROFESSIONALISM,  
DISCRETION, AND CLIENT  
COMFORT ALWAYS COME FIRST.

# HAND & NAIL TREATMENTS

Whether you're after a quick tidy-up, a shiny shellac polish, a long-lasting builder gel, or a full set of beautifully styled extensions, my nail treatments are all about quality products and attention to detail. With over 35 years' experience and a genuine passion for nails, I'll help you find the perfect finish, whether that's natural and understated or bold and eye-catching.

## BUILDER GEL

A soak-off strengthening treatment that creates a hard, durable nail similar to acrylics, but without the harsh filing to the nail bed. This advanced formula adds structure and support to weak or damaged nails, helping them to grow stronger while providing a smooth, lightweight yet incredibly resilient nail with a flawless finish.

NEW SET	£28
NEW SET WITH PRIOR SOAK OFF	£30 (my work only)
FRENCH POLISH FINISH	£2 (extra charge)
NAIL ART	£1 (per nail)
SOAK OFF	£10 (my work only)
REPAIR	£3 (per nail)

## BUILDER GEL EXTENSIONS

The newest trend to hit the nail industry, light, thin and the most natural looking nail extension. A full cover tip is applied to the nail with LED lights. No filing to the natural nail bed is needed. The extension can then be styled and polished to your specification, leaving your hands effortlessly glamorous.

NEW SET	£32
NEW SET WITH PRIOR SOAK OFF	£36
FRENCH POLISH FINISH	£2 (extra charge)
NAIL ART	£1 (per nail)
SOAK OFF - NO REPLACEMENT	£15 (my work only)
REPAIR	£3 (per nail)

# HAND & NAIL TREATMENTS

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## SHELLAC

Shellac polish is a popular nail treatment that delivers flawless high shine results. Expertly applied to your natural nails and cured under an LED lamp. This luxurious polish provides up to 14 days of chip free wear, keeping your nails perfectly, polished vibrant and beautifully radiant.

NEW SET	£26
NEW SET WITH PRIOR SOAK OFF	£28 (my work only)
FRENCH POLISH FINISH	£2 (extra charge)
NAIL ART	£1 (per nail)
SOAK OFF - NO REPLACEMENT	£10 (my work only)
REPAIR	£3 (per nail)

## MANICURE

A luxury pampering hand ritual with nail soak, cuticle care, nail shaping, exfoliation, and a hydrating mask in heated mitts. Finishing with a relaxing hand and arm massage along with a shellac polish of your choice. Leaving nails polished and hands beautifully nourished.

MANICURE & SHELLAC POLISH	£40
ADDITIONAL PARAFFIN WAX MASK	£8

# FOOT TREATMENTS

Healthy, well-cared-for feet make all the difference, whether you're enjoying a little self-care or keeping up with regular maintenance. My foot treatments combine relaxation with effective results, from callus removal to long-lasting gel polish for beautifully finished toes.

## PEDICURE

A revitalising and relaxing foot ritual, including a soothing foot soak, cuticle and nail care, exfoliation, and a nourishing mask with heated boots. The treatment finishes with a calming foot massage. Add Shellac toes for a complete finishing touch.

PEDICURE WITH SHELLAC POLISH	£45
PEDICURE ONLY	£40
FRENCH POLISH FINISH	£2 (extra charge)
ADDITIONAL PARAFFIN WAX MASK	£5

## SHELLAC TOES

High shine, long lasting, hard wearing coverage.  
Treatment includes: cuticle work, nail trim & tidy.

NEW SET	£22
NEW SET WITH PRIOR SOAK OFF	£24
FRENCH POLISH FINISH	£2 (extra charge)
SHELLAC FINGERS AND TOES <i>(carried out at the same appointment)</i>	£52

# FOOT TREATMENTS

Healthy, well-cared-for feet make all the difference, whether you're enjoying a little self-care or keeping up with regular maintenance. My foot treatments combine relaxation with effective results, from callus removal to long-lasting gel polish for beautifully finished toes.

## CALLUS PEEL

A callus peel is a foot treatment that removes hard calluses leaving your feet feeling soft and revitalised. This treatment is a 30 minute treatment through 4 stages. Patch application | Wrapping | Scraping | Filing.  
Ending in a deep moisturising foot massage.

CALLUS PEEL

£24

## PARAFFIN WAX TREATMENT

A paraffin wax treatment is a warm, deeply hydrating treatment that softens dry cracked skin. Boosting circulation & soothing tired hands & feet. This treatment is perfect for relieving stiffness in aching joints.  
Treatment also includes a relaxing massage.

Perfect as an add on to your Shellac, manicure or pedicure treatments, especially during the colder months.

ADDITIONAL ADD ON

£8



## Gift Vouchers

Looking for a thoughtful gift with a personal touch? A Beauty Spot gift voucher is the perfect way to treat someone special to a little calm, care and pampering.

Get in touch to find out more.

# FACIAL TREATMENTS

Step away from the stresses of everyday life and give your skin the attention it deserves. Each facial is tailored to your individual skin type and concerns, using professional-grade products to nourish, restore and revitalise.

Whether you're looking for deep hydration, collagen boosting or a results-driven tailored treatment, every facial is delivered with precision and care, with a clear focus on achieving great results.

## SKINBASE MICRODERMABRASION

A Skinbase Microdermabrasion treatment is a professional, non-invasive exfoliating facial designed to resurface and rejuvenate the skin. It uses a controlled stream of fine crystals to gently remove dead skin cells, which are then vacuumed away, helping to stimulate circulation and support lymphatic drainage.

By encouraging skin renewal and collagen production over time, the treatment can leave your complexion looking brighter, smoother and more refined.

Benefits include:

- Improved skin texture and tone
- Reduced appearance of fine lines and wrinkles
- Minimised pores and congestion
- Brighter, fresher-looking skin, perfect for pre-wedding or special events
- Helps with acne scarring and pigmentation

The treatment is painless, has no downtime, and is suitable for most skin types. For best results, a course of treatments is usually recommended.

SINGLE SESSION	£45
FOUR SESSIONS*	£168
SIX SESSIONS *	£240

\*all sessions must be paid for at first appointment  
Full consultation will be carried out prior to your first treatment

## RELAXING EXTRAS

All facials can be finished with a super hydrating jelly mask with a hand & arm massage.

ADDITIONAL ADD ON	£5 (extra charge)
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## SKINBASE HYDRO FACIAL

A Skinbase Hydro Facial is an advanced, non-invasive facial treatment that deeply cleanses, exfoliates, and hydrates the skin in one relaxing treatment. Using a specialised vortex-fusion technology, the Hydro Facial gently removes dead skin cells and impurities while simultaneously infusing the skin with hydrating, nutrient-rich serums. This leaves the skin instantly smoother, plumper, and more radiant.

Benefits include:

- Deep cleansing and exfoliation
- Intense hydration
- Improved skin texture and tone
- Reduced congestion and pore size
- Brighter, healthier-looking skin

The treatment is suitable for all skin types, with no downtime, making it perfect for an instant glow up.

SINGLE SESSION	£50
FOUR SESSIONS*	£188
SIX SESSIONS *	£270

\*all sessions must be paid for at first appointment  
Full consultation will be carried out prior to your first treatment

## RELAXING EXTRAS

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# FACIAL TREATMENTS

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## RELAXING TROPIC FACIALS

A rejuvenating facial using award-winning, 100% naturally derived, vegan and cruelty-free Tropic products. Each treatment begins with a deep cleanse and detailed skin analysis, followed by a gentle facial scrub to refresh and refine the skin.

A soothing massage nurtures the complexion, supporting collagen production and promoting lymphatic drainage, leaving your skin glowing, hydrated and revitalised. A tailored mask, finishing serums and moisturiser complete the experience.

BLUE LAGOON BLEMISH CONTROL £42

SUPERBERRY HYDRA BOOST £42

AGE DEFYING COLLAGEN BOOSTING £42

PERI / MENOPAUSAL ICE GLOBE £42

SUPER GREEN DETOX £42

PRESCRIPTION - SPECIFICALLY FOR YOUR UNIQUE SKIN TYPE £42

## DERMAPLANING

A dermaplaning facial is a non-invasive exfoliating treatment that leaves the skin smooth, bright and refreshed. Using a sterile surgical blade, dead skin cells and fine vellus hair (peach fuzz) are gently removed from the surface of the skin. This encourages cell renewal, improves skin texture, and allows skincare products to penetrate more effectively, creating a flawless, glowing complexion.

Benefits include:

- Instantly smoother, brighter skin
- Enhanced product absorption
- Reduced appearance of fine lines
- Makeup applies more evenly
- No downtime, suitable for most skin type

SINGLE SESSION

£40

# HOLISTIC & MASSAGE TREATMENTS

Using mineral-rich products and a blend of traditional and modern techniques these therapies are designed to ease tension, calm the nervous system and support overall wellbeing. Whether you're looking to relieve stress, soothe aching muscles, or simply enjoy a moment of calm these are the perfect treatments for you.

## HOT STONE MASSAGE

Deeply restorative massage, using warm, smooth, basalt stones and aromatic oils.

The gentle heat, penetrates deep into the muscles, easing tension, enhancing circulation and promoting profound relaxation. This indulgent treatment, restores balance, melts away, stresses and leaves you feeling grounded, calmed and renewed.

FULL BODY £60

BACK ONLY £40

BACK & LEGS £48

LEGS & FEET £40

## SWEDISH MASSAGE

A timeless, deeply, relaxing massage designed to restore balance and ease the body.

Long, flowing strokes and gentle, arithmetic techniques, relieve muscle tension improve circulation and promote overall well-being. Ideal for stress relief, relaxation and enhancing flexibility, leaving the body, calm and refreshed.

FULL BODY £60

BACK ONLY £40

BACK & LEGS £48

LEGS & FEET £40

# HOLISTIC & MASSAGE TREATMENTS

Using mineral-rich products and a blend of traditional and modern techniques these therapies are designed to ease tension, calm the nervous system and support overall wellbeing. Whether you're looking to relieve stress, soothe aching muscles, or simply enjoy a moment of calm these are the perfect treatments for you.

## TINGLE THERAPY

A deeply immersive sensory experience designed to soothe both body and mind. This signature treatment combines a gentle neck and shoulder massage with specialised sensory tools to create delicate, soothing tingles across the skin, layered with light-touch techniques and calming massage. It helps ease tension and promote deep relaxation, making it ideal for stress relief and mindful self-care. Leaving you feeling balanced and blissfully calm.

20 MINUTES £20

30 MINUTES £30

40 MINUTES £40

## BACK CLEANSE

The perfect treatment for dull, sluggish or spot-prone skin, and ideal before a wedding or holiday. This revitalising back treatment includes a deep cleanse, gentle exfoliation and intense hydration to leave the skin luminous and refreshed.

A relaxing back massage is included to enhance the experience, promoting overall relaxation and wellbeing. Your skin is left nourished, balanced and glowing, ready for any special occasion.

40 MINUTES £38

## HOPI EAR CANDLES

A gentle holistic ritual designed to restore balance and soothe the senses. A hollow, cone-shaped candle is placed in the ear and gently lit at the opposite end, creating a warm and calming sensation. This non-invasive therapy is believed to help remove excess earwax, ease sinus pressure, reduce tension and support restful sleep. The treatment concludes with a soothing lymphatic facial massage, leaving you feeling refreshed, rejuvenated and centred.

40 MINUTES £40

# LASH & BROW TREATMENTS

Lashes and brows have the power to completely transform your look, whether you want subtle definition or a more dramatic effect. From perfectly shaped brows to lifted, tinted lashes, every treatment is tailored to suit your natural features and personal style.

## LASH LIFTS

A lash lift is a semi-permanent beauty treatment that curls and lifts your natural eyelashes creating an illusion of longer, fuller lashes without the need for extensions.

Using gentle, specialist solutions and precise techniques, each lash is beautifully reshaped and finished with a tint to enhance definition and depth, leaving your eyes, looking instantly brighter, more open and effortlessly elegant.

LASH LIFT £35

LASH LIFT & BROW LAMINATION £60

## BROW LAMINATION

A transformative brow treatment design to create perfectly smooth, sculptured and lifted brows. This treatment realigns and resets your natural brow hair, tint is added to enhance colour, resulting in fuller fluffier defined brows.

BROW LAMINATION £35

LASH LIFT & BROW LAMINATION £60

## BROW TINTING

A refined treatment designed to enhance and define your natural brows. Expertly tinted to deepen and enrich your natural colour, this service is combined with a precise eyebrow wax to remove unwanted hairs and create beautifully sculpted flawless arches. The result is perfectly shaped, define brows that frame your face elegantly and elevate your natural look.

BROW TINTING £20

*\* ALL LASH LIFT & TINTS MUST HAVE A PATCH TEST CARRIED OUT PRIOR TO TREATMENT*

# LASH & BROW TREATMENTS

Lashes and brows have the power to completely transform your look, whether you want subtle definition or a more dramatic effect. From perfectly shaped brows to lifted, tinted lashes, every treatment is tailored to suit your natural features and personal style.

## BROW WAXING

Precision waxing to shape and tidy the brows. Gentle yet, thorough, this service creates smooth, perfectly sculpted brows that enhance your natural beauty, and leave your face looking polished and effortlessly refined.

BROW TIDY	£12
BROW RESHAPE	£14

## IMPORTANT INFORMATION

Please advise us prior to your appointment if you are using or taking any of the following:

- Retin-A or other topical prescription creams
- Accutane (Isotretinoin)
- Hormone replacement therapy
- Antibiotics

Patch Test Requirements:

- A patch test must be carried out at least 7 days prior to your appointment
- This is required even if you have had the treatment before, if it has not been done within the last 6 weeks
- The patch test will be carried out behind the ear
- Please avoid washing your hair or getting the area behind your ears wet (including showers, baths, or hot tubs) for 24 hours after the patch test has been carried out

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# WAXING

Whether it's your regular maintenance or a pre-holiday tidy-up, my waxing treatments are designed to be as quick, comfortable, and effective as possible. Using high-quality wax and techniques refined over 35 years, I focus on creating smooth results with minimal fuss. From brows to bikini, you'll be in safe hands in the calm, private setting of my garden salon.

## WAXING

Using a mixture of high quality hot wax and strip wax for Gentle professional hair removal. Resulting in smooth, flawless skin, minimising irritation while leaving you beautifully soft and cared for.

FULL LEG & BASIC LINE	£34
FULL LEG WAX	£26
½ LEG WAX	£23
BASIC BIKINI LINE	£16
UNDERARM	£16
BROW RESHAPE	£14
BROW TIDY	£12
CHEEKS, LIP & CHIN	£18
LIP	£8
CHIN	£8
LIP & CHIN	£13
FEET & TOES	£13

*SEE OVER FOR IMPORTANT INFORMATION ON WAXING.*

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## IMPORTANT WAXING INFORMATION

Before Your Waxing Appointment:

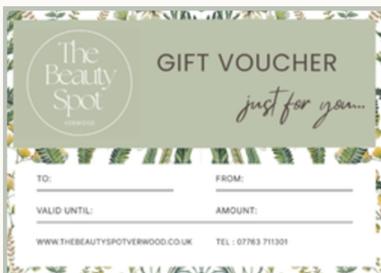
- Hair should be at least  $\frac{1}{4}$  inch long before your appointment
- A few days prior to your appointment, gently exfoliate the area to be waxed
- On the day of your appointment, arrive with clean, dry skin
- Avoid applying perfumes, creams, oils, or lotions to the area being waxed

For the first 24 hours after your waxing appointment:

- Avoid sunbeds and sunbathing
- Avoid swimming and going to the gym
- Do not use saunas, jacuzzis, hot tubs, or take hot baths
- Avoid using perfumes, moisturisers, or any fragranced products on the waxed area
- Do not use exfoliating treatments on the waxed area

After 7 days:

Begin using a gentle exfoliator once a week to help prevent ingrown hairs



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ALBION WAY, VERWOOD, DORSET BH31 7LT

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OPENING TIMES

MONDAY	9am - 9pm
TUESDAY	Closed
WEDNESDAY	9am - 9pm
THURSDAY	9am - 9pm
FRIDAY	9am - 3pm

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