

HYPOGLYCEMIA

Hypoglycemia is not a communicable or congenital problem. Hypoglycemia is a low blood sugar condition. It can be deadly! Low blood sugar can be caused by overexertion, lack of food intake, chills etc.

Adjusting to a new home is very stressful and exhausting for puppies!
To help avoid hypoglycemia follow the rules below.

THE DO NOT LIST:

1. **DO NOT LET YOUR PUPPY GET TO MUCH EXERCISE-** Even small amounts of exercise can overexert your puppy! You will need to limit the amount of exercise it gets. You need to make sure it eats after any amount of exercise!
2. **DO NOT CHANGE YOUR PUPPY'S DIET**
3. **DO NOT LET YOUR PUPPY GET COLD-** your puppy may get cold and need an alternate heat source. Puppies do not sleep under blankets where they can build up warmth like people do. Many puppies will need an alternate heat source in order to prevent them from shivering away their energy until they are hypoglycemic. We can recommend the safest heat source for you. You do not want to use heat lamps or human heat pads as they are not safe for pets.
4. **DO NOT LET YOUR PUPPY GO HUNGRY-** you will need to make sure your puppy is eating multiple times a day.

THE DO LIST:

1. **KEEP YOUR PUPPY ON A CONSISTENT DIET-** in order to prevent stomach upset and diarrhea you will need to feed the same diet recommended at the time of adoption for at least the first 15 days.
2. **SUPPLEMENT YOUR PUPPIES DIET-** we recommend supplementing your puppies diet with Rebound oral electrolytes or Esbilac puppy milk 2-3 times per day.
3. **MAKE SURE YOUR PUPPY SLEEPS-** puppies need a lot of sleep. If you make sure your puppy has lots of sleep time it will be happier and healthier!
4. **DO NOT STRESS YOUR PUPPY!**- baths, neighbor introductions and other events need to wait until your puppy is stable in your home.
5. **LIMIT EXERCISE**
6. **GIVE YOUR PUPPY ACCESS TO A SAFE HEAT SOURCE**

YOUR NEW PUPPY IS A LIVING THING THAT YOU ARE NOW RESPONSIBLE FOR KEEPING SAFE. FOLLOWING THE ABOVE INSTRUCTIONS AND BEING PROPERLY EQUIPPED FOR A PUPPY WILL REDUCE THE CHANCES OF YOUR PUPPY HAVING PROBLEMS. PLEASE BE CAREFUL WITH YOUR NEW PET!