



Nantucket S.T.A.R. Fall 2023

This summer has flown by and we are ready to welcome fall this weekend! I hope everyone's school year is off to a positive start. Although I miss the summer season, I am happy to settle into the rhythm of the school year. Upcoming program registration can be found below, on our website or by emailing me. Our website now has online program payments available as well.

Stars on Ice

Come enjoy time on the ice, playing games, building social skills. Music is turned off and lighting is at a comfortable level. All levels are welcome and skate/helmet rentals are included. Ages: 4 and up.

When: Mondays, 4-450pm, October 16, 23, 30, November 6, 13 & 20

Where: Nantucket Ice Rink, Backus Lane Cost: \$65

Sensory Art

Join S.T.A.R. at the Artists Association's Visual Arts Center to explore and create! Sue Grant will lead us through different art explorations each day, with the support of staff. Throughout the program we will explore a wide variety of media and sensory experiences to create beautiful art! Ages: kindergarten and up.

When: Tuesdays October 10, 17, 24, Nov 14, Dec 12, 19 330-430

Where: Artist's Association of Nantucket, Visual Arts Center on Amelia Drive

Cost: \$65

Saturdays with S.T.A.R.

A developmentally appropriate playgroup for children and their caregivers. Read, sing, create and play with Kerrie Willis. This program is run in collaboration with the Nantucket Community School and registration can be made via www.nantucketcommunityschool.com or contacting NCS directly.

When: Saturdays 9-10am September 30, October 14, 21, 28, November 4, November 18

Where: 56 Centre Street

Ages: 12mo through 5

Chopped

See you in the kitchen with Chopped! Participants plan a meal to prep, cook and share together. This program is a fantastic way to learn basic kitchen skills while having fun as a group! Join us in the kitchen as we create delicious meals with Chefs Kyle and Nicko in the Corner Table kitchen.

When: Friday 415-515/530 November 3, 17, December 8, 15

Where: Corner Table, Broad Street

Ages: 10 and up

\$65

News and Upcoming Events

Join the MVCS Family Support Center for a Fall Buddy Walk!

Saturday, October 21st from 9-11am, join the MVCS/FSC for a community gathering for Down Syndrome awareness. There will be music, food and fun!. See the fliers below for more information or to register.

SAVE THE DATE

Buddy Walk

9-11am October 21st

for Down Syndrome Awareness

Snack, Snack Brunch bites on site



Live Music

Nantucket High / Middle School Campus

Register or Donate  <https://mdsc.donordrive.com/team/Nantucket>



GUARDA LA FECHA

Caminata entre Amigos

9-11h 21 de octubre

para la concienciación sobre el síndrome de Down

Aperitivo Bocadillos para el brunch in situ



Música en vivo

Campus de la Escuela Secundaria de Nantucket

Registro o donar  <https://mdsc.donordrive.com/team/Nantucket>



The Special Needs Advisory Council is now Special Education Parent Advisory Council

ACK-SEPAC is a group of parents, guardians, educators, school administrators and community members who work together for the respect, support and inclusion of all children in the special education community. ACK-SEPAC is here to supply resources, offer workshops and training opportunities, organize community events and involvement, communicate the needs of the Special Education community to the school board and staff and more!

Meetings are held the 3rd Wednesday of every month from 6-7pm in the NHS conference room and are open to all, public and private and private school families and community members. Feel free to contact co-chairs for more information:

Suzanne Fronzuto: df.fronzuto@comcast.net

Laura Steele: Laura@bartlettsfarm.com

Angela Knapp and the MVCS Family Support Center are a fantastic resource for families and individuals with diverse needs. Angela and the FSC are treasured collaborative partners of Nantucket S.T.A.R. and the FSC is available to provide a wide range of supports and resources for families on Nantucket and Martha's Vineyard, such as

- Home visits and consultations
- Transportation to off-Island medical appointments
- Information and referrals to community, local, regional and state-wide resources
- Assistance when applying for entitlements:
 - [MassHealth](#)
 - [Supplemental Security Income \(SSI\)](#)
 - [Fuel Assistance](#)
- Seminars, training and workshops
- [Sensory Lending Library](#)
- Sensory friendly films

- [Tools and resources](#) for families

Families who have a family member with a developmental disability living at home and who are determined to be eligible for supports provided through the [Department of Developmental Services](#) program may receive services through the Family Support Program. Please see their website below to learn more.

<https://www.mvcommunityservices.org/services/disability-services/disability-support-services/>

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Need some fall reading? Nantucket S.T.A.R. now has a variety of resource books available to sign out and borrow. Books are listed on our website under *Lending Library* and by clicking this link [Lending Library](#) You may click on the title to learn more about each book.

Books can be checked out by emailing info@nantucketstar.com

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With several long, holiday weekends coming up this fall, many families plan travel off island. I came across this list of sensory friendly and inclusive family events off island, in the www.spedchildmass.com newsletter, and I thought I'd share with you:

Beverly: Sensory-Friendly Halloween on the Hill

Danvers: Inclusive Fall Carnival for Teens/Young Adults

Fitchburg: Inclusive Fall Dance for Adults

Hingham: Not so Spooky Haunted House

Hingham: Sensory-Friendly Boo at the Barnyard

Medway: Inclusive Trunk or Treat

Millis: Sensory-Friendly Hayride

Providence: Accessible Jack-O-Lantern Spectacular

Providence: Sensory-Friendly Jack-O-Lantern Spectacular

Stockbridge: Sensory Friendly “Early Hour” at The Incredible Naumkeag Pumpkin Show

Stow: Fall Family Farm Outing for families of Deaf or Hard of Hearing children

Topsfield: Sensory Day at the Topsfield Fair

Stay tuned for more information on additional summer programs and events as they become available and be sure to follow along on social media to see what we are up to!



@starnantucket



@ nantucket star

[READ MORE ON OUR WEBSITE](#)



Nantucket S.T.A.R.
Po Box 3423 Nantucket, Ma 02584
A 501(c)(3) nonprofit