Sometimes the best dishes come from a spark of inspiration. On a recent trip through Harrisburg, I came across a honey habanero BBQ sauce that left me thinking: what if I built my own version from scratch? With applewood smoke, a touch of Elijah's Ghost Pepper hot sauce, and a rib rub that packs flavor without overwhelming heat, these ribs became a signature plate worth sharing. But ribs need company. So, alongside them, I put my own spin on crispy Brussels sprouts, roasted until golden with a parmesan crunch and kissed with a little seasoning for balance. And because every great cookout deserves a touch of home, I finished the plate with mom's potato salad: creamy, tangy, and perfectly comforting.

This is more than a recipe, it's a story of travel, family, and flavor coming together at the table.

# Applewood Honey Habanero Ribs with Brussels & Potato Salad

### **Ingredients**

- 1 rack baby back ribs
- 2 tbsp light brown sugar
- 1 tbsp smoked paprika
- 1 tsp cayenne pepper
- 1 tsp garlic powder
- 1 tsp onion powder
- 1 tsp salt
- ½ tsp black pepper
- 1 cup ketchup
- ½ cup apple cider vinegar
- ½ cup honey
- 2 tbsp Elijah's Extreme Ghost Pepper hot sauce (or your favorite)
- 2 tbsp apple juice or cider (for basting)
- 1–2 tsp Grill Mates Applewood Seasoning (reserve a pinch for garnish)
- Applewood chunks or chips for smoking

#### **Instructions**

- 1. Preheat grill/smoker to 250–275°F with applewood smoke.
- 2. Mix dry rub (brown sugar, paprika, cayenne, garlic, onion, salt, black pepper, and 1 tsp Applewood Seasoning). Coat ribs generously.
- 3. Cook ribs low and slow for 2.5–3 hours, basting with apple juice/cider every 30 minutes.
- 4. Make the sauce: in a saucepan combine ketchup, vinegar, honey, and hot sauce. Simmer until thickened.
- 5. Brush ribs with sauce and return to grill for 20–30 minutes until sticky and caramelized.
- 6. Finish with a light dusting of Grill Mates Applewood Seasoning for a final smoky-sweet hit

# Crispy Brussels Sprouts (Our Way)

#### **Ingredients**

- 1 lb Brussels sprouts, halved
- 2 tbsp olive oil
- 2 tbsp grated parmesan
- ½ tsp garlic powder
- Pinch of cayenne or chili flakes
- Salt & black pepper to taste

#### **Instructions**

- 1. Preheat oven to 425°F.
- 2. Toss Brussels sprouts with olive oil, parmesan, garlic powder, cayenne, salt, and pepper.
- 3. Spread cut side down on a baking sheet. Roast 20–25 minutes until golden and crispy.
- 4. Serve hot bold enough to stand with the ribs, light enough to balance the plate.



# Mom's Homestyle Potato Salad

### **Ingredients**

- 2 lbs potatoes, peeled & diced
- 3 boiled eggs, chopped
- ½ cup mayonnaise
- 2 tbsp mustard
- ½ cup celery, finely diced
- ½ cup onion, finely diced
- Salt & pepper to taste
- Paprika (for garnish)

#### **Instructions**

- 1. Boil potatoes until tender. Drain and cool.
- 2. In a large bowl, mix mayo, mustard, celery, onion, eggs, salt, and pepper.
- 3. Fold in potatoes until coated. Chill for at least 1 hour.
- 4. Sprinkle with paprika before serving.



## The Flavor Story

This plate ties together all the pieces of my journey: a sauce idea sparked in Harrisburg, applewood smoke as the backbone, Brussels sprouts that became my own, and mom's potato salad to ground it in comfort.

That final sprinkle of **Grill Mates Applewood Seasoning** wasn't just for looks, it tied the flavors back to the smoke that carried these ribs from start to finish.

Taste the Culture. Savor the Journey.