

Flavors of Atlanta – Sample Itinerary Flyer

Core Experiences

Midtown Flavors Food Tour

Listed as: Secret Food Tour – Atlanta under Food & Drink

- - Savor lemon pepper fried chicken, peach croissant waffles, and artisan popsicles.
- - A tasty stroll through ATL's signature bites and neighborhood stories.

BeltLine Bites & Street Art Stroll

Listed as: 3-Hour Atlanta Beltline Food, Street Art and History Tour

- - Sample black pepper biscuits and gourmet chocolate while exploring Atlanta's Eastside Trail.
- - Includes iconic stops like Krog Street Tunnel and Krog Market — a must for ATL mural hunters and foodies alike.

Sightseeing Tour with Tastings

Listed as: Atlanta City Tour with Local Food Samples (or similar) under Cultural & Theme Tours

- - Cruise through the city while sampling Southern snacks and sipping local wine.
- - A scenic, snackable intro to Atlanta's food, history, and landmarks.

Evening at Ponce City Market

Listed as: Ponce City Market activities under Food & Drink or Shopping Tours

- - Explore rooftop bars, indie shops, and a buzzing food hall.
- - Perfect dinner vibes with skyline views from a historic Sears building.
- - *Note: You may need your own transportation to reach this location.*

Optional: Tantric Cacao Ceremony

Available via Full-Service Planning Only

- Add a soulful close to your ATL journey with a heart-centered cacao ceremony led by **Renee**, a local wellness practitioner known for creating safe, transformative spaces.
- This immersive session blends chocolate, breathwork, and mindful connection.
- - Offered by: Decatur Healing Arts
- - Location: 619 E College Ave Suite A, Decatur, GA 30030
- - Listed as: "Tantric Cacao Vibes Ceremony" or similar on decaturrehealingarts.com
- - *Note: Event times vary. Let us know during planning if you'd like this included.*

Atlanta Seasonal Highlights

From soulful festivals to iconic foodie landmarks, these optional experiences can enhance your Flavors of Atlanta getaway. Some are seasonal, others are always worth a stop.

Atlanta Food & Wine Festival


 September 11–14, 2025


 Midtown Atlanta

Celebrate the South's finest chefs with tasting tents, exclusive dinners, and culinary workshops. A must for serious foodies.

 <https://atlantafwfestival.com>

Taste of Soul Atlanta

 August 30–31, 2025


 West Downtown Atlanta

Soul food meets live music, art, and culture in this family-friendly block party celebrating Black excellence.

 <https://tasteofsoulatlanta.com>

Anytime Flavor Stops

Busy Bee Café – Available Year-Round

 810 Martin Luther King Jr Dr SW

An ATL soul food institution. Don't leave the city without tasting their legendary fried chicken, mac & cheese, and banana pudding.

Sweet Auburn Curb Market – Available Year-Round

 209 Edgewood Ave SE

One of Atlanta's oldest indoor markets, home to local vendors serving everything from handmade sweets to classic Southern bites. A local favorite since 1918.