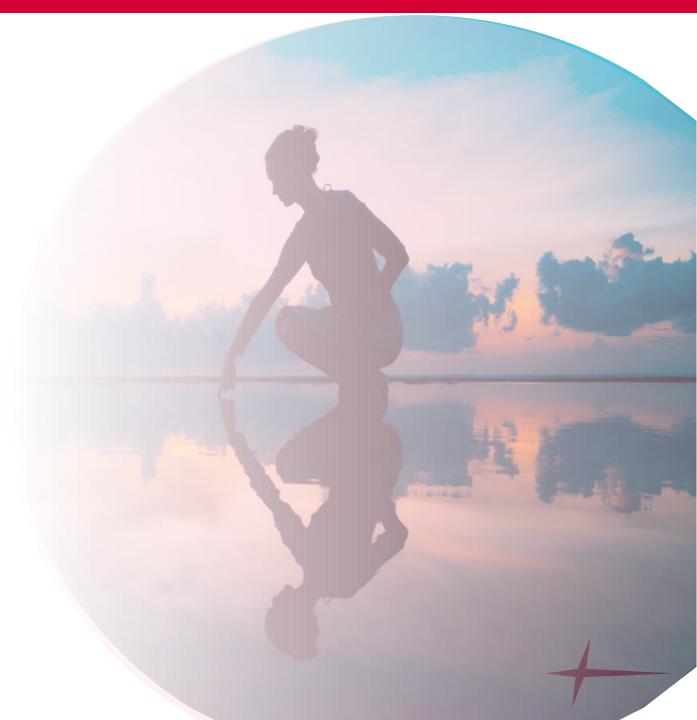


# Domestic Violence Program Overview

What is Domestic Violence/ Intimate Partner Violence?

A pattern of coercive behaviors designed to establish power and control over an intimate partner or family member through fear and intimidation.



# What is Domestic Violence/ Intimate Partner Violence?

Relationships are defined in a broader context under the Illinois Domestic Violence Act

- Two people who are currently dating or have dated in the past
- Two people who are engaged/married or have been in the past
- Two people who have or allegedly having a child in common (even if they are not intimate partners)

- Two people who share a home or other common dwelling (roommates)
- A persons with a disability or a person who is elderly and their personal assistants/caregivers

### Goals:

1. **Direct Services:** Empower survivors, assist them in regaining control of their lives and ultimately move toward healing

2. **Outreach:** Collaborate with community partners to increase prevention, awareness, and access to services for survivors of domestic violence in the community





# **1. Direct Services**

Domestic Violence Counseling

- One on one counseling
  - Psychoeducation on dynamics of DV
  - Safety Planning
- Mental health services (therapy)

### **Support Groups**

- Domestic Violence
  Support groups
- DCFS DV 101
  Class

#### Case Management and Advocacy

 Referral and linkages to Catholic Charities and external programs including Legal, Food, Health Care, Shelters, and Housing

### **Crisis Support**

- Advocacy and support identifying shelter
- Consultation
- Safety planning
- Transportation to safety

- Anyone 14yrs+ who has or is experiencing DV
  - \*Victim Services
- Services in Spanish and English
- Free of charge services

# 2. Outreach/Trainings

We provide free trainings to community partners, including:

- Hospital/Health Clinics
- Social Service Organizations
- Child Welfare Organizations
- Community Groups
- Parishes

#### **Training Topics Include:**

- DV 101:Definition and Dynamic of DV
  - Review types of abuse, power & control, cycle of violence
  - How to screen patients utilizing Futures Without Violence's CUES method
- DV 202: How to best support survivors
  - Safety planning, types of interventions, resources in the community
- Healthy relationships workshops

#### **Training Length**

- Minimum length: 2hrs
- Virtual or in person

- Tailored trainings to fit organization needs
- Free trainings for Westside organizations

## **Hybrid Model Services**

- Services available over Telehealth and in person at 2 locations:
  - Westside:
    - Tolton Peace Center- 5645 W. Corcoran Chicago IL, 60644
  - Southside
    - St. Casimir- 2601 W Marquette, Chicago, IL 60629

\*Current 3-4week waitlist for individual services\*

Intake professionals can provide safety planning and resources and other domestic violence referrals if needed.

# How to get connected

1. Call Program intake number: **(312) 655-7106** 8:30 am – 4:30 pm Monday-Friday

2. Client will complete intake with worker. \*Intake professionals are trained to help support any callers who are in crisis (Safety plans, Assistance identifying and getting to shelter)

3. A clinician will contact client within a few days to start supportive services and case plan

# **Contact Information**

- Program intake number: (312) 655-7106
  - 8:30 am 4:30 pm Monday- Friday
- Beth Klieger, LCSW, CDVP
  - Clinical Manager
  - <u>bklieger@catholiccharites.net</u>
  - Work cell (872) 261-8122
- Kelsha Reyes, MA
  - Program Therapist
  - <u>kreyes@catholiccharities.net</u>
  - Work cell (872) 261-8126

- Ashley Ruiz, CDVP, MSW
  - Program Therapist
  - <u>ashruiz@catholiccharities.net</u>
  - Work cell: (312) 613-4761
- Maria Prasek, MSW
  - Outreach/Intake Worker
  - mprasek@catholiccharities.net
  - Work cell: (312) 618-1154
- Illinois 24 hour domestic violence hotline: (877) 863-6338 or TTY hotline (877) 863-6339

### Illinois Domestic Violence Hotline

- 877-863-6338 or (TTY) 877-863-6339
  - Advocates available 24/7
- Assists with:
  - Identifying shelter
  - Safety Planning
  - Interpretation for survivors of DV
- Shelter:
  - Can call this number to find out if there is shelter space for a client
  - Hotline staff does a bed count for all DV shelters in Illinois twice a day around 8 am and 4 pm
  - After calling the hotline will give you/client the number to a shelter that has space so the client can call and do an intake

### **DV** agencies in Cook County

#### **DV Programs with Shelters**

- Apna Ghar: (North side of Chicago)
  773-334-4663
- CAWC (Connections for Abused Women and Children): (Westside)
  - > 773-278-4566
- Crisis Center of South Suburbia (South Suburbs)
  708-429-7255
- Family Rescue (South Side of Chicago
  To schedule an appointment call 773-375-6863
- Neapolitan Lighthouse (West Side of Chicago)- Shelter
  773-638-0228
- South Suburban Family Shelter Inc (South Suburbs)
  708-798-7737
- WINGS (Southside Chicago & Northwest Suburbs)
  847-519-7828
- YWCA (North Suburbs)
  - > 877-718-1868

#### **DV Programs without Shelters**

Between Friends (North side of Chicago)800-603-4357

#### **Catholic Charities Westside Program**

> 312-655-7106 (This number can also connect clients to Catholic Charites DV-trained clinicians outside of the Westside)

#### > Metropolitan Family Services

- Calumet Center (South/Southeast Side) 773-371-3642
- North Center (Northwest Side) 773-371-3700
- Midway Center (Southwest Side) -773-884-3310

#### ➤Sarah's Inn (West Suburbs)

▶24- Hour hotline number: 708-386-4225



## www.catholiccharities.net

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