Benefits of BELovedBIRTH Black & pregnant? Sign up for group prenatal care with BElovedBIRTH Black Centering to get loved up! Benefits include...

All Black care team ready to respect, honor, and celebrate you!



ENROLL

**TODAY!** 

All-inclusive, Blackcentric VIP "Gold-Package" - with childbirth education, doula care, produce & meals, pregnancy & postpartum supplies, photo shoot and more!

Village of support with other Black parents on the pregnancy journey with you

Lower risk of pregnancy complications due to racism

Higher chance of having a full-term, healthy weight baby (lower risk of preterm birth or low-birth weight)

Better chance at breastfeeding / bodyfeeding successfully

More time with your healthcare providors

This VIP "Gold-Package of Black Love" was created by and for us because...



## -Tia Lindsey , BElovedBIRTH Mama



Check out our website and follow us on social media Ask your midwife or doctor for help enrolling today!

camera for links

Scan code with your phone's



Artist Credit: @CandiiKismet with BElovedBIRTH Black Collective <sup>K</sup>