

Dress Code Requirements

for Central City Dance Center

We've made purchasing your dancewear convenient! Dance Apparel, Shoes & Accessories may be purchased at Downstage Dancewear located inside Central City Dance.

DANCE CLASSES

Preschool Ballet (ages 3-4)

Dress Code: Any color leotard & tights. Skirts & tutus are welcome

Shoes: Sansha Pink Ballet shoes

Hair: Hair pulled back neatly off of face

Preschool Tap (ages 3-4)

Dress Code: Any color leotard & tights, skirts & tutus are welcome Shoes: Black Tap shoes, Bloch Merry Jane Style with buckle

Hair: Hair pulled back neatly off of face

Ballet

Dress Code: Girls: Any color leotard & tights. Skirts & tutus are welcome

Boys: All Black Shorts, White Tank Top

Shoes: Girls: Pink Ballet shoes preferred Boys: Black Ballet Shoes

Hair: Pulled back securely into ponytail

Jazz

Dress Code: Any color leotard & tights or leotard and dance shorts

Shoes: Black Jazz shoe

Hair: Pulled back securely into ponytail

Tap

Dress Code: Any color leotard & tights or leotard and dance shorts

Shoes: Black Bloch Merry Jane or Tie up Tap shoe

Hair: Pulled back securely into ponytail

Hip Hop

Dress Code: Athletic wear

Shoes: Black Jazz shoe. No outside shoes permitted

Hair: Pulled back securely into ponytail

Lyrical

Dress Code: Any color leotard & tights or leotard and dance shorts

Shoes: Barefoot or Capezio Pirouettes
Hair: Pulled back securely into ponytail

ACRO CLASSES

Acro

Dress Code: Athletic wear Shoes: Barefoot

Hair: Pulled back securely into low bun, pigtails or french braids.

FITNESS CLASSES

Yoga

Dress Code: Yoga pants or athletic wear

Barefoot Shoes:

Secure off the face Hair:

Please bring a yoga mat

Zumba

Dress Code: Athletic wear

Clean gym shoe only worn to Zumba class. Shoes:

No outside shoes permitted

Hair: Secure off the face

Total Barre

Dress Code: Yoga pants or athletic wear Shoes: **Barefoot or Ballet Shoes** Hair: Secure off the face

Please bring a yoga mat