

ADP WEEKLY CLASSES

SUNDAY

10-11 AM
Datura Style™
Performance
(ATA)

11 AM -12 PM
Folkloric
(I & above)

5-6 PM
Hoop Honeys (ATA)

5-6 PM
Couples Dancing
(E & above)

MONDAY

5:30-6:30 PM
FCBD® Style
(E & above)

5:30-6:30 PM
Zumba
(E & Above –
Free for Members)

6:30-7:30 PM
Raqsat Jamila
(I & above/TA)

6:30-7:30 PM
Bollywood Style
(E & above)

7:30-8:30 PM
L'Orient Dance
(I & above/TA)

TUESDAY

5:30-6:30 PM
Aloha Dancers
(I & above/TA)

6:30-7:30 PM
Gameel Danse I
(I & above/TA)

6:30-7:30 PM
Muse
(ATA)

7:30-8:30 PM
Gameel Danse II
(TA)

WEDNESDAY

5:30-6:30 PM
Datura Style™
Technique
(E & above)

6:30-7:30 PM
Raqs Bahdi'a
(I & above/TA)

6:30-7:30 PM
FCBD® Style Classic
(E & above)

7:30-8:30 PM
South Wind Shimmy
(FCBD® Style Modern)
(ATA)

THURSDAY

5:30-6:30 PM
Cabaret Bellydance
(B & Above)

5:30-6:30 PM
Mayari Dance
Collective
(I & above/TA)

6:30-7:30 PM
Improvisational
Transnational Style
(B & above/TA)

6:30-7:30 PM
Advanced FCBD®
(I & above/TA)

FRIDAY

E – Entry Level
I – Intermediate
A – Advanced
TA – Teacher
Approval

FREE ZUMBA!
(current students/Mondays
only)

SATURDAY

2-3:30 PM
Steampunk
(B & Above)

3:30-4:30 PM
Rhythms
(B & Above)
Also meets every 2nd
Thursday of the month
@ 5:30 PM with Cabaret
Bellydance