An aerial photograph showing a dense, lush green forest on the left side of the frame, which meets a bright blue body of water on the right. The forest is composed of many small, rounded tree canopies, creating a textured green surface. The water is a vibrant, clear blue with subtle ripples. The boundary between the forest and the water is a smooth, curved line. In the lower-left corner, near the shoreline, there is a small, simple wooden dock or pier extending into the water.

THE BIG PICTURE

Reasoning Behind Our Healthcare Systems

Reductionism

Ignoring the whole, looks at its parts – *focused on symptoms*

Holism

Looking at the whole rather than the parts – *focused on cause*

Health Industry (reductionism)

Focused on Symptoms - Not Cause

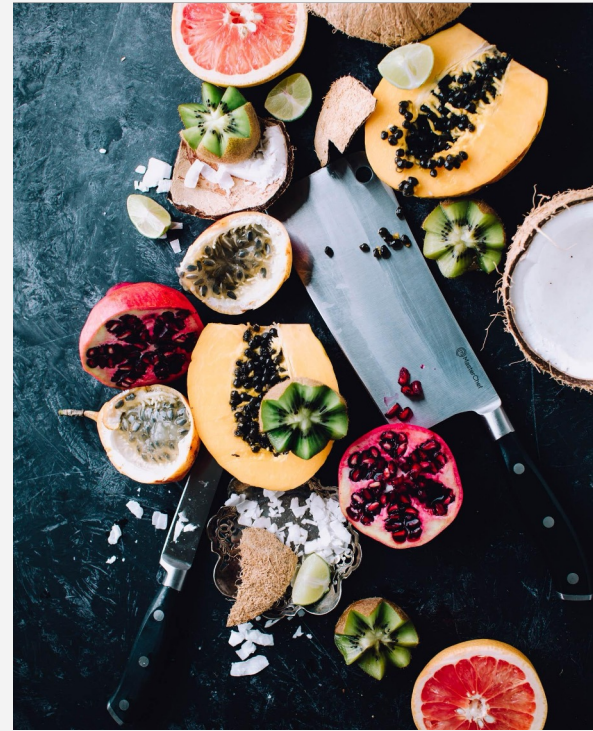
Cost = \$5 trillion (N.A.)

To get a license to practice in
Medicine you must have:

Pharmacology training ⇒ Doctors, Nurses

Pharmaceutical training ⇒ Naturopaths,
Nutraceutical training Nutritionists
Pharmacists
Dietitians

Whole Food Plant
Based Nutrition ⇒ Not taught in Schools



Healthcare - Results



Medical Science can not find the cause or reverse some of the following::

- 1.Heart Disease / strokes
- 2.Cancers
- 3.Chronic Lower Respiratory Diseases
- 4.Asthma, Emphysema, Chronic Bronchitis
- 5.Obesity
- 6.Alzheimer's /Dementia
- 7.Diabetes /Crones
- 8.Substance Abuse
- 9.Influenza /Pneumonia / COVID
- 10.Kidney Disease / Liver Disease
- 11.Mental Health Issues
12. Inflammatory conditions

and many others

Good Protein

The Good –Plant Protein

- No antibiotics
- No bacteria issues
- No Cancer promoting agents
- Good Fats - digestable
- Contains fiber
- Full of Nutrition
- Alkaline – health promoting

Bad Protein

The Ugly – Animal Protein

- Contains antibiotics and other harmful chemicals
- Full of dangerous bacteria
- Casein and other Cancer promoters
- Bad Fat – Not Digestible - vascular issues
- No fiber – leads to bowel issues
- No Nutritional value
- Acidic – Disease promoting



*Holism and Health Outcomes

*Whole Food Plant Based Nutrition - after 90 days

*unprocessed plants

DIABETES (type 2)

reversible ##

CANCER

slows progression ##

VIRAL DISEASES

immune system booster ##

MENTAL ISSUES

clearer thinking ##

GUT ISSUES

promotes healing ##

OTHERS

symptoms lessen ##

in most cases

Global Warming – What you are not told

- **Use of fossil fuel** **15% (CO2) 2% Methane**
- **Animal Agriculture – cattle** **18% Methane (25x deadlier than CO2)**
- **Deforestation - cattle, feed lots** **loses 25% of CO2 capturing**
- **Acidification of Oceans** **loses 20% of CO2 capturing**
- **Dead soil – Animal agriculture** **loses 20% of CO2 capturing**
- Source book “comfortably unaware” – Dr. Richard Oppenlander

Environment

GLOBAL WARMING

Earth's temperature -all time high

SEVERE WEATHER

Jetstream collapsing (moderate climates are gone)

WORLD HUNGER – NO WATER

Animal industries poisoning of most water sources

MASSIVE STARVATION – DEAD SOIL

Most ground cover removed – for Animal feed production



A Holistic Environment



GLOBAL WARMING STOPPED

Stop killing animals and fish for food – NOW
(would reduce CO2 & methane by 80%)

END WORLD HUNGER & STARVATION

End animal agriculture – trillions of gallons of water saved

*All governments should be forced to increase
subsidization of Whole Plant Food Farming*