

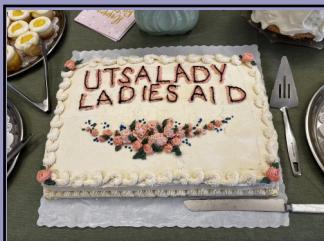
# JANUARY 2026 Newsletter

## Ladies, Did You Know?

### Topics

- Amazing Trees
- Upcoming Meetings
- Membership
- Board Message
- Wreaths Across America
- Remembrance
- Traditions

### Happy Birthday!



Lucy Armstrong  
Grace Elizabeth  
Bailey  
Jeni Bottin  
Virginia Coburn  
Christina Dermody  
Sophia Rose Fisher  
Mary Margaret  
Haugen  
Ute Josephsen  
Skip Kaufman  
Donald Miller  
Susan Yerkes

### Amazing Trees

No matter where you live, forests and trees use their many powers to support our lives-and all life on Earth. Their health is our health. Trees have been with us throughout our whole lives. They're in the background of a favorite memory and that welcome patch of green our eye seeks as we gaze out our windows. While they are silent and stationary, trees hold tremendous powers, including the power to make all our lives better and healthier. Trees absorb carbon dioxide and particulate matter cleaning the air we breathe. Walking through a forest can reduce anxiety and depression. Trees provide habitat for a diversity of life. They offer natural air conditioning and filter our drinking water. Plant a tree but don't park underneath one.



### Upcoming Meetings



Our next **Membership meeting** will be **Wednesday, January 14th**, at 11:30am for socializing and business meeting at 1:00pm. The **Board meeting** will be on **Monday, January 12th**, from 11:00am to 1:00pm.

**ULA Fun Day** will be on **Wednesday, January 28th**. Doors open at 10:00am. As usual bring a project to work on or not. You can always just come and have a cup of coffee with friends.

### Ladies Aid Membership

Utsalady Ladies Aid membership costs \$25.00 due **January 1, 2026**. Please join us for another year filled with good food, kindness, giving spirits, helping those in need, building friendships and opportunities for ladies of all ages to gather and learn from one another.

Utsalady Ladies Aid, P.O.Box 1435, Stanwood, WA 98292

## FROM THE BOARD

Dear Friends,

I have been a member of the Utsalady Ladies Aid for over 11 years and I have served on many committees, I have loved working with the members for a common cause. So, this past year when I was asked to serve as president, I was very honored. But as you know sometimes "life" gets in the way. Health issues have restricted my work, and the doctors have recommended that I take time to focus on getting well. With regret I will follow their advice, but I know the Ladies Aid will be in very capable hands when in January, Valerie Spagnolo takes over. I am not leaving the organization and you will see me attending meetings. Know that I value the friendships I have with all of you. Thank you for your understanding and support.

With Love, Louise Donaldson

### **Wreaths Across America**

Once again wreaths were placed on Veteran's graves on December 13<sup>th</sup> at 10:00am at the Pioneer Cemetery by Pat Bronson, Jan & Dean Newton and Laurie Dilday. It was a beautiful day between storms so we were lucky.



### **Remembrance**

Our member, Gay Campbell, lost her husband Oren on December 1<sup>st</sup>. A collection was taken at the last meeting to donate to University of Washington per the family's request.

### **Family Tradition**



My mom has made homemade cinnamon rolls for our holiday breakfast for more than 40 years. Well she is 98 now and the tradition has fallen on my plate. So I bought a package of 12 Rhodes Cinnamon rolls at QFC for \$2.50. Then I watched a Pinterest video to make them better. After letting them rise for 5 hours, I poured 2/3 cup of heavy cream and melted 6 T. of butter with a teaspoon of cinnamon and vanilla. I also added chopped pecans. The rolls baked at 350 degrees for 20 minutes or so. I then squeezed the two icing packets that came in the package while still hot. They were delicious. I can handle this tradition, 40 years I don't think so. Laurie Dilday

### **Mark Your Calendars and Happy New Year**

Richard Hanks will be presenting a new Lincoln Talk at the Camano City Schoolhouse on **February 7th**. He is always entertaining. Also in **February**, the Ladies Aid will be making Valentine cookie bags to deliver to our neighbors to say thank you for their support. So start searching for your favorite recipes.