



Are you a creative or entrepreneur that seeks connection, expression & inspiration?
Are you interested in having fluidity & creativity in all of your projects, relationships & endeavors?
Have you felt like there is a deeper yearning calling you to your TRUE self?

Welcome!

*“When like minds and hearts gather to potentiate each other's creativity & inspiration
- miracles reveal themselves and we begin to see the HEARTist way.”*

Oak Run, CA

Mt. Shasta Immersion

July 7th - 14th

What is the ‘Heartist Way’?

The Heartist way is the answer to all of your questions towards your Purpose, Passion, Projects & Play.

Many of us have an improper structure to support the Heartistry of our lives.

Our intention with this immersion is to create a solid foundation (first) from Spirit - then our body, then our mind & lastly expressed through our instrument/tool or creative modality. The Heartist way does not have to be the hardest way.

If we are hard on our art - we are hard on our heart.

“A positive outlook on your art is a positive inlook of your heart.”



Our Beliefs & Inspiration:

We believe in non-dualistic art.

Where there is no such thing as 'bad' art - and in that, there is no such thing as 'good' art.

There is just perfect art.

We lovingly believe ALL humxns are unique artisans who each have a story to share - a story that the world needs to hear, see, taste & feel.

“There are as many Artists as there are sentient beings in the universe, everything & everyone is art.”

We know fully, ALL humxns have a gift deep within themselves waiting to be tapped into.

We also innerstand that there is a pressure on many artists today, to create from a place of relevancy. A fear of being forgotten about, unnoticed, or placed on the back burner. Or the opposite, the fear of being seen and showing your true self to the world.

And that this fear may hinder many from fully tapping into our limitless, unique and creative potential.

Because of this fear, people create from a place that's sometimes furthest from their truest “WHY”.

And we are here to inspire and encourage the remembrance of your “WHY”.



What is the 'Why'?

The why is your own personal avenue of passion & expression.

It's what excites and liberates your heart each day - each moment.

This comes through our feelings and not the stories.

The realm of creativity is not held by circumstances, it's within you.

The story may look like you're 1,000 different kinds of artists. As artists, our aim is to balance the mind, body & spirit - to liberate our creative and organic flow.

Cultivating habits that allow us to be our truest selves, will help tune and balance our will to create
- with ease and grace.

"When we are out of tune, our tune will show it."

"When your mind, body & spirit is aligned, your greatest brilliance and creativity can shine!"

You will be magnetized to your 'why' when you shift your attention from outside to inside.

Discovering our 'why' is foundational before art is created.

We believe that art is here to cultivate relationships.

We are confident we can help you find your 'why'.

We believe our gift will make room for our life - not the other way around.

Many of us try to squeeze our gift into our life, however your gift shall make room for you to live.

When you innerstand this, your craft & your life become one in the same.

Your only goal is being undeniably YOU within the structure of your authentic self.

There is no approval, status, check mark or award that will verify this more than you looking in the mirror and
saying it to yourself.

In the spirit of the Heartist way, let's say a few affirmations



Speak with boldness:

I am brilliant.

There are divine ideas that have chosen me as a host.

I am a conduit of pure brilliance.

I am a clear instrument of the Divine.

A steward of these precious ideas.

I trust & have the ability to respond.

And in this responsibility, I honor my 'response' ability.

I bring forth these ideas through inspiration & imagination.

These ideas will ripple, flutter & spin whichever way they do.

I master the flow state & create from my overflow.

I am eternally replenished always in all ways!

In full faith, with the utmost respect, care & certainty.

soul it is.

Ase.

The HEARTist Way

Immersion

The Experience

- Communion & Quality Time with Brilliant Artisans
- Clean, Bright, Organic Meals - On-Site Organic Chef
- Nature Reconnection - Hikes & Meditations
- Cacao & Gong Fu Cha Ceremonies
- Hidden Language of the Universe
- Deep Breath-Work & Sound Journeys
- Leadership Empowerment
- Experience Mt. Shasta
- Yoga & Qigong
- Nutrition & Wellness Wisdom
- “Activate Your Senses” Playshops
- Digital Alchemy Immersion
- Voice Activation Ceremony
- “What is Prayerformance?” Initiation
- Plant Ally Connection/Green Breath
- Creativity Mastermind & Heart Gathering
- Bodywork - Massages, Guasha & Electrostatic Therapy
- Ecstatic Dance Drum Journey & Movement Remembrance

Location & Details

Where:

Oak Run, CA

Mt. Shasta Immersion

29276 Bullskin Ridge Road, Oak Run Ca 96069

When:

July 7th - 14th

Airport:

Sacramento International Airport (SMF)

Transportation:

Shuttling to & from provided

Pricing:

\$1,234 - Shared Tent

\$1,777 - Individual Tent



Body & Mind Preparation

*Our philosophy is, if the mind & body are in alignment the quality of our art follows.
The following isn't necessary, however we hope it inspires you.*

The HEARTist Fast

Abstain from the following

- Meat
- Sugar
- Dairy
- Oils
- Alcohol/Other Drugs
- Sex/Masturbation

*This fast will assist us collectively and bring a more
harmonious essence to the Group container.*

Imagine inviting "Creativity" over to your house...

This fast is like preparing your home for the guest of "Creativity".

Meet your Facilitators:



Uni Agape

<https://uniagape.com/events>

Light Observing the Volume of Evolution
The dance of the way the stars look back at themselves.
A Prayerformer and Lovevolutionary
Polishing the many facets of the crystal heart of humanity

Uni is in service to Earth and our communities.
A golden age philanthropist and Heartist.
Bridging resources of wellness to global communities.

In 2024 "Rose Heart" was birthed. A Souldation and unique synergy of the physical, emotional and communal aspects of our planetary service.

Rose Heart is a Mother collective of resources and online/in-person events that bring planetary wellness and bridge a deepening of connection with our Heartistry, Earth and Body through transformational experiences such as retreats, workshops, podcasts and music.

Uni is here to usher a greater devotion to health and wellness through the incorporation of plants, bio/energy refinement technologies, nutraceuticals and sound.

Bridging heaven and earth.
Here now.



St. Finnikin

<https://linktr.ee/st.finnikin>

St. Finnikin is a remembrance shower, storyteller & sonic alchemist who helps guide you back to your authentic, undeniable self through music & artistic expression. He specializes in helping people remember the language of the Divine. He believes that the Divine is always speaking to us, but many of us are too distracted to pick up on the language. That the Divine is showing us hints and keys all around us to assist us along our journey.

He has spent the last three years creating a space called Energy Hospital where he has been composing individual curated songs for peoples healing journeys all over the world. Songs that can be used as tools to assist movement in areas that may have felt blocked & stagnant. Finnikin believes the path to remembrance involves the relationship & interaction with Mother Nature. It resides in the canopy of trees, the feeling of wind & within the taste of an orange. His reverence, devotion & care taking of our planet & people is felt within all facets of his love & expression.



Mary

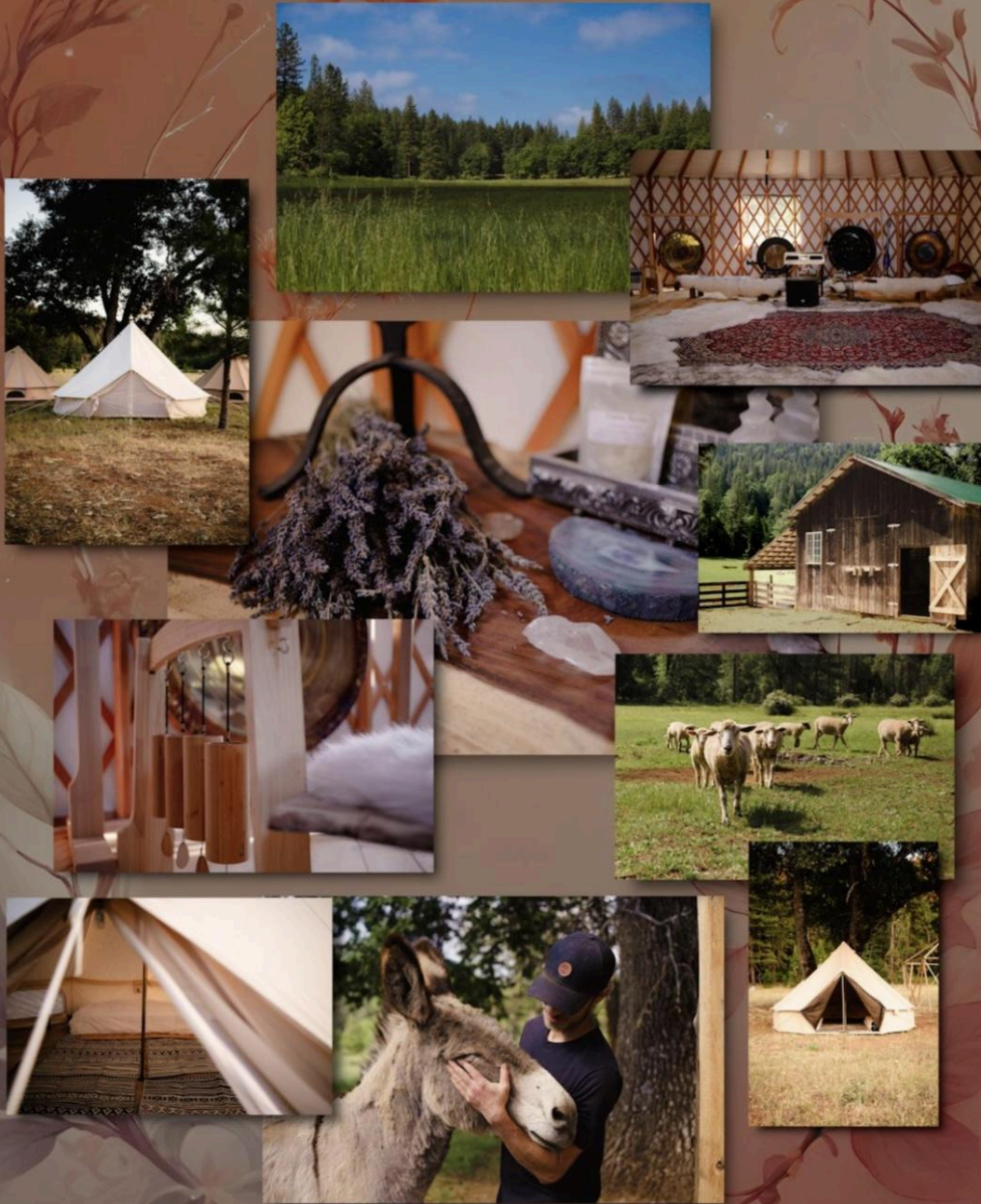
<https://www.instagram.com/pixiemaryy/>

Mary Sylph is a songstress, ceremonialist, and eternal student of the Divine. She believes there are infinite ways to ascension and enlightenment; as all who have graced Earth with their presence have come for their own individual journeys, with the intention of fulfilling the entire spectrum of human existence. Whether one's path is to be a musician, builder, doctor, or farmer - she believes in having our roots planted deep within the soil of this Earth Mother, so that whatever path we choose is led by our faith in Great Spirit to guide us home to our hearts.

Her heart is filled when there's opportunity to offer her medicine of song, compassionate and nonjudgmental ear as an anchor in divine reflection, and a nourishing presence that is deeply rooted in the Mother. It is in her highest excitement to be present with others as the work of realigning and purifying the mind, body, and spirit is done together to bring ease and Grace unto each and every individual path.

“Great Spirit, let us gather in comeUnity so that we may learn, practice, and play in ways that are nourishing to our hearts and our minds for our own self improvement. Let us sing, dance, paint, and create the heArtwork that excites us the most and shows others that it is possible to live by our creative expression. In fact, that it is essential to living in our full authentic beauty. May this ripple out into the collective. Bring us toGather, Great Spirit, that this may be done in deep gratitude, reverence, and love. And so it is.“

Where We Are Gathering Origin Shasta



<https://www.originshasta.com/alchemy>



Open Schedule

(rest time if needed - depends on group energy)

Sunday - July 7th - Day 1

Arrival (EARTH)

12-6pm - Arrival, Bedrooms, Elixir & Showers
6:30pm - “Tuning Circle & Prayer” (in main yurt)
7:00pm - Group Offering to the Land
7:30pm - Dinner
8:30pm - Introductions & Sharing (in main yurt)
9:30pm - Silent Meditation
10pm - Gong Fu Cha Ceremony
11pm - Rest

Moonday - July 8th - Day 2

Initiation (WATER)

8am - Rising Smoothie
9am - Spontaneous Qigong & Ecstatic Dance
10am - Plant Ally Connection/Green Breath
11am - Outside Sound Bath
12pm - Lunch
1pm - Integration Time
3pm - Breathwork
3:30pm - Water Purification Ritual
5:30 - Music Circle Under Trees/ Journaling
6:30pm - Dinner
7:30pm - “Activate Your Senses” Playshop
9:30pm - Gong Fu Cha Ceremony
10:30pm - Rest

Tuesday - July 9th - Day 3

Ritual (AIR)

8:30 am - Rising Elixir

9:30am - Yoga

10am - Fruit & Pack for Hike

10:30am - Mt. Shasta

12pm - Hidden Language of the Universe

1pm - Lunch

2pm - Integration

2:30pm - Nature Excursion to Sacred Sites on Mount Shasta

4:30pm - Return Home

5:30pm - Shower & Unwind

6:30pm - Dinner

7:30pm - Maggie with Devotional Singing & Mantra

9:30pm - Gong Fu Cha Ceremony

10:30pm - Rest

Wednesday - July 10th - Day 4

Remembrance (FIRE)

Bodywork - Massages, Guasha & Electrostatic Therapy
(bodywork will begin today & throughout the following days)
massages will be 8am, 11:30am & 9pm*

8am - Gong Fu Cha & Elixir

9am - Voice Activation Ceremony

10:30am - Drum Circle Invitation

12:30pm - Lunch

1:30pm - Integration

2:30pm - Nature Walk - Bring Journal

4:30pm - Return Home

5:30pm - Trauma Release Breathwork & Drum Journey

6:30pm - Dinner

8pm - Soul Gaze & Camp Fire

9:30 - Gong Fu Cha

10pm - Rest

Thursday - July 11th - Day 5
Lifted (AIR)

continued bodywork - massages will be 8am, 11am & 9pm

9am - Beautiful, Bright, Bold Breakfast
10:30am - Breathwork
11am - Wind Sound Bath
12:30pm - Lunch
1:30 - "What is Prayerformance?" (outside)
2:30pm - Open Floor Prayerformance/Collaboration
4:30pm - Integration
6:30pm - Dinner
7:30pm - Leadership Empowerment
8:30pm - Sunset & Gong Fu Cha
9pm - Early Rest

Friday - July 12th - Day 6
Purification (WATER)

continued bodywork - massages will be 8am, 5:30pm, 9:30pm

8am - Gong Fu Cha & Elixir
8:30am - Spontaneous Qi Gong
9am - "Activate your Senses" (Playshop)
10am: Snack & Pack
11pm - Waterfall Hike
12pm - Guided Meditation
1-3:30 pm - Picnic & Play
3:30pm - Return Home
4:30pm - Shower
5pm: Creativity Mastermind & Heart Gathering
6pm - Gong Fu Cha Ceremony
6:30pm - Dinner
7:30 - Integration
10pm - Rest

Saturday - July 13th - Day 7
Grounding (EARTH)
Integration

8:00am - breath work
8:30am - herbal elixir & break fast
9am - body work/massage
3:30pm - lunch
4:30pm - Creativity Mastermind & Heart Gathering
7:30pm - last super gathering
9:30pm - gongfu cha tea ceremony
11pm - rest

Sunday - July 14th - Day 8
(AETHER)

Digital Alchemy Immersion
Psychic playshop
Orchestrator playshop

We love you soul much!



Love all - Serve all!
Blessings & Blissings,
Uni, Finnikin, Mary & Collective