

SIZE CHART

HEIGHT

measure from the top of the head to the ground. It is best to measure against a wall.

HEAD

measure the circumference of the head, above the ears and across your eyebrows.

NECK

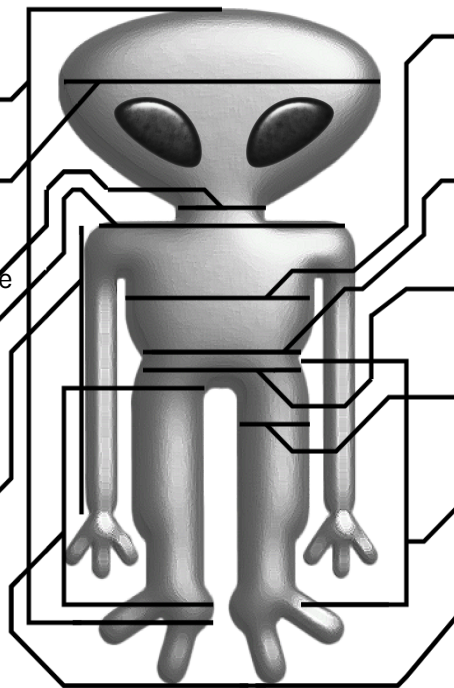
measure the thickest part of the neck (just below the Adam's apple for men)

SHOULDER

measure the back from joint-to-joint from shoulder tip to shoulder tip.

ARM LENGTH

measure the arm length from the shoulder joint to the wrist. Keep the elbow slightly bent.



BUST/CHEST

measure around the widest part of the chest, generally above or in line with

WAIST

measure just above the navel without pinching.

HIPS

measure the widest part around the bottom.

LEG

measure the widest part around the thigh.

LEG LENGTH

measure the outside length of the leg from the hip joint to the ankle.

INSIDE LEG LENGTH

measure the distance between the top of the inside leg to below the ankle.

WOMEN

INTERNATIONAL	XXS	XS	S	M	L	XL	XXL	XXXL
EU	30	32	36/38	38/40	42/44	46/48	50/52	54/56
UK	2	4	6/8	10/12	14/16	18/20	22/24	26/28
IT	34	36	38/40	42/44	46/48	50/52	54/56	58/60
HIPS	80-82 cm	82.5-85.5 cm	86-94 cm	94.5-101 cm	101.5-108 cm	108.5-121.5 cm	122-134 cm	135 cm
BUST	73.5-75.5 cm	76-79 cm	79.5-86 cm	86.5-89.5 cm	90-103.5 cm	104-113.5 cm	114-125.5 cm	126 cm
WAIST	54.5-58 cm	58.5-63 cm	63.5-68.5 cm	69-75.5 cm	76-85.5 cm	86-96.5 cm	97-108 cm	108.5 cm
HEIGHT	152-155.5 cm	156-159.5 cm	160-163.5 cm	164-167.5 cm	168-171.5 cm	172-175.5 cm	176-179.5 cm	180-184 cm

MEN

INTERNATIONAL	XS	S	M	L	XL	XXL	XXXL
EU	42	44-46	48-50	52-54	56	58	60
UK	32	34-36	38-40	42-44	46	48	50
HIPS	90-94 cm	95-97.5 cm	98-104.5 cm	105-109.5 cm	110-116.5 cm	117-122 cm	122.5-126 cm
CHEST	84-88.5 cm	89-94 cm	94.5-101.5 cm	102-105 cm	106-110 cm	110.5-124 cm	124.5-129.5 cm
WAIST	74.5-77 cm	77.5-81.5 cm	82-86.5 cm	87-90.5 cm	91-100 cm	100.5-107 cm	107.5-111.5 cm
HEIGHT	164-165 cm	165.5-175 cm	175.5-179.5 cm	180-184 cm	185-189 cm	190-195 cm	195.5-200 cm

HEADS

INTERNATIONAL	S	M	L	XL	XXL	XXXL
METRIC	54 - 55 cm	56 - 57 cm	58 - 59 cm	60 - 61 cm	62 - 63 cm	64 - 65 cm
IMPERIAL	21 1/8 - 21 1/2 in	21 7/8 - 22 1/4 in	22 5/8 - 23 in	23 1/2 - 23 7/8 in	24 1/4 - 24 5/8 in	25 - 25 3/8 in