

Sidereal Time and the Psychic Cognition

What does sidereal time have to do with the psychic cognition/abilities? It is thought that at 13.50 local sidereal time geomagnetic fields have the least pull on us which may "thin the veil" and heighten psychic abilities such as ESP, clairvoyance, telepathy and remote viewing.

To understand how this is a possibility, we need to understand sidereal time. A sidereal day is the amount of time it takes the earth to rotate on its own axis. How do we know when the earth has rotated 360 degrees. We look at a distant star and wait for it to come back to the same place the next night. This is sidereal time. Astrologers use sidereal time because it measures true positions of celestial bodies against fixed stars.

However, a sidereal day is not the same as solar day. The time it takes for the sun to return to our position is a solar day because we use the sun as the basis for measurement.

Why is a solar day not the same as a sidereal day? Both a solar day and a sidereal day are based on 24 hours with 60 minute hour segments. However, while the earth is rotating with respect to the sun, it is also moving around the sun. This means that by the time the earth has rotated 360 degrees, the sun is no longer in the same position relative to the earth. The earth has moved forward 1 degree on its orbit around the sun, resulting in a sidereal day that is 4 minutes shorter than a solar day. There are apps available to calculate local sidereal time based on current location.

What does this have to do with psychic abilities?

James Spottiswoode is a scientist and a parapsychologist who has worked on a number of government-funded projects investigating ESP and psychokinesis. He also worked with the Stanford Research Institute during the Star Gate Program. When he studied telepathy, Spottiswoode went through 20 years of testing quantum optics and low-frequency electromagnetic waves on psychic functions. He was looking for a universal time factor which would help to establish a time of day when a person's psychic ability got better.

He ran all the data from his experiments against sidereal time and found that during periods of low geomagnetic activity (the only known physical variable, according to Spottiswoode, that affects psychic abilities) there is close to a whopping 400% increase in a person's psychic ability 45 minutes before and 45 minutes after a peak of about 13.5 local sidereal time (LST). In 1997, he published his results which has become known as Spottiswoode's Peak.

Why 13.5 LST? At 13.5 LST, earth is oriented with the Milky Way so that the galactic center (a supermassive black hole known as Sagittarius A) is located directly on the horizon. Geomagnetic activity is lowest at this peak but psychic abilities are highest suggesting a significant link between the two. The lower the geomagnetic activity, the higher psychic abilities.

Conversely, when the center of the Milky Way is directly overhead, psychic cognition drops to its lowest point between 17.5 and 20 LST.