

## Postcard From the Rishis: “We wish you were here!”

Hello All,

We just moved to the coastal Ireland and even few weeks later we still marvel about the place, the people and how lucky we are to have discovered it! Yes, we did send many photos of it to all our friends and yes, we invited them all to visit us here. 😊

Then, I went back to my favored translation of Upanishads by Eknath Easwaran where he considers the writings of Upanishads as a result of a similar excitement the Rishis must have felt when they discovered the place within us, the place we do not need to travel to experience, the place we need to uncover ourselves, the changeless, the immortal part of us, the Self.

So, they wrote the Upanishads to tell us all about it and to invite us to explore it! Now when I re-read the Upanishads, I can feel their excitement when they described in detail what this place is and their invitation to meet them there. They are also urging us to realize it, as there is no other place to be at.

That realization of Rishis’ excitement prompted me to offer the exploration of the Upanishads again. We will go further, from the description of the ‘place’, we will continue to read the ‘roadmap’ of how to get there, 'Bhagavad Gita' and will get more assistance on the way there from the excerpts of 'Dhammapada'.

So, here is the program I’d like to invite you all to:

### “The Rishis’ Postcard and the Arjuna’s Yoga”

We will explore selected Upanishads, Bhagavad Gita and Dhammapada in a bit different light.

We will be gathering once week for 7 weeks, or so.

Donation: \$125

(This program is a part of our 200, 300 and 500-Hour YTCP)

Find the light within you!