

The Way of Wei Wu Wei

Exploration of Lao-tzu's '*Tao Te Ching*'

An over 2500-year-old manual on the art of living, art of teaching, and the art of being in harmony with each other, and with the nature.

After the exploration of *Upanishads*, *Bhagavad Gita* and *Dhammapada*, let's continue the spiritual journey that we Yoga teachers have embarked on, with exploration of '*Tao Te Ching*', the essence of all the previous teachings put in a simple but often bold, and profound way to awake us to a true nature of our existence and to a meaningful way of life.

*To master the nature,
One must become the nature.*

*To master the teachings,
one must become the teachings.*

Let's continue becoming!

The program will consist of 5-7 one-hour weekly sessions to explore and experience all 81 verses of *Tao Te Ching*. We will begin on September 25, Sunday at 17:15 GMT.

Contribution: \$ 85 (\$40 to graduates of our 300-Hour YTCP)

Free to the members of the Wind of Prana's *Community of Spirit*. Annual membership contribution is \$675 in full or \$75 a month, and includes all courses, programs, Yoga classes, newsletters (morning revelations), sharing of relevant teachings by others, and consultations. All 300-Hour YTCP related courses are included.

