January 2022



# QUARTERLY NEWSLETTER

### Mission:

To bridge the gaps between the behavioral health system and emergency medical care by engaging first responders in identification, treatment, and referral for substance use disorders

### 2021 Overview

- 680 toolkits distributed
- 1,000 drug deactivation kits provided to local CTC coalitions
- 12 TV commercials produced
- Four quarterly newsletters distributed
- 12 provider newsletters distributed
- 99 EMS trained in addicted brain science
- 19 billing professionals received training on documentation, coding, and billing prescribed
- 14 families attended How to Help Family Members and Friends with Substance Use Disorder events
- 44 trained in MHFA

### First Responder & MBH Provider Conference

Coming summer 2022 -- see page 3 for details

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### **Consortium & Partners**













### Resources

#### **Communities That Care**

Help prevent youth substance use before it starts by joining your local Communities That Care (CTC) coalition. CTC is evidence-based to help lower rates of youth substance use and other risky behaviors, and only one to three hours of your time per month can make a difference. Learn more at www.upctc.com

### **Upper Peninsula Resources Website**

Find helpful tools, information, and resources in the Upper Peninsula. Visit the site at www.upcommunityresources.com.

### **Affected Others (Support for Loved Ones of People with Addiction)**

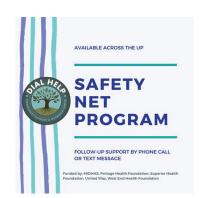
We are now offering community presentations at businesses, agencies, and other groups in Houghton. The goal is to educate friends and family of people with addiction so they better know how to both support their loved one and take care of themselves.

More information can be found here: dialhelp.org/affected-others

### **Safety Net Program**

This program offers follow-up support by phone call or text message for people dealing with suicide risk or loss, addiction, or complex crisis. Follow up includes:

- Emotional support
- On-going assessment of mood and potential suicide risk or relapse
- Assistance with safety planning
- Connection to resources to overcome barriers
   For more information please visit: https://dialhelp.org/programs



### **Provider Support Group**

Support group for providers in the Substance Use Disorder, mental health, and primary care fields. Register at: www.surveymonkey.com/r/MDBZB5X.





## **Events and Trainings of Interest**

### **GLRC Parent Support Group**





PARENTS HELPING PARENTS in the Upper Peninsula of Michigan

Join us for free, confidential and informal parent support meetings!

For parents\*
concerned about their
kids who struggle with
anxiety, depression
and/or emotional
dysregulation.\*\*

#### **MEETING DATES FOR WINTER 2022**

Wednesday, January 19th Wednesday, February 16th Wednesday, March 16th

Time: 6:30 - 8:00pm EST

Register at: <a href="http://www.supportgroupscentral.com/ymhp">http://www.supportgroupscentral.com/ymhp</a>

For more information: upperpeninsulamipsn@ymhproject.org

NEW MEMBERS ALWAYS WELCOME!

### **Webinars**

Find pre-recorded webinars at www.beyondthesave.org/events, including Medication-Assisted Treatment (MAT) Training, Plans of Safe Care for Infants Exposed to Opioids, and a variety of first responder options.

### First Responder & Mental/Behavioral Health Provider Conference

June 13 - 14, 8am - 5pm at the Island Resort & Casino in Escanaba (lunch included). Special topics will include neurobiology of the addicted brain, resiliency, and post-traumatic growth. Featuring speakers Jeff Dill, David Woods Bartley, Dr. Kirk Klemme, Dan Sundahl, Andrea Abbas, Anthony Pantaleo, and Sean Riley. CEUs available.

Registration will open closer to the event date; watch our Facebook page for announcements.

## **Contact Consortium Members**



### Crisis center serving the Upper Peninsula

www.dialhelp.org

BtS Contact Person: Ginny Machiela

Phone: 906-281-6061

Email: vmachiela@dialhelp.org

24/7 Crisis Line Call 482-HELP **Text 35NEEDS** 



### Substance abuse and mental health treatment for youth, families, and adults in 11 UP communities

www.greatlakesrecovery.org

BtS Contact Person: Brooke Tharp Phone: 906-228-9699, ext: 1002

Email: btharp@greatlakesrecovery.org



## Supervises & coordinating EMS by geographic region https://www.michigan.gov/mdhhs/0,5885,7-339-73970\_5093\_28508-132260--,00.html

BtS Contact Person: Katrina Rushford

Phone: 906-449-1561

Email: katrina.rushford@mghs.org



### Supporting EMS professionals and EMS agencies that provide prehospital care in rural Michigan

www.mirems.org

BtS Contact Person: Shelly Hamilton

Phone: 989-272-3290 Email: info@mirems.org



### Prepaid Inpatient Health Plan for the Upper Peninsula

www.northcarenetwork.org **BtS Contact Person: Pending** 

Phone: N/A Email: N/A

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