



January 2021

QUARTERLY NEWSLETTER

MISSION

To bridge the gaps between the behavioral health system and emergency medical care by engaging first responders in identification, treatment, and referral for substance use disorders

First Responder Mental Health First Aid

Free virtual MHFA classes for Fire and EMS are beginning February 23. This is a training that focuses on the unique experiences and needs of firefighters and EMS personnel. It's a valuable resource that can make a difference in their lives, their families' lives and the communities in which they live.

Approximately 85 percent of first responders have experienced symptoms related to mental health issues. Around 75 percent of rescue workers report mild symptoms of psychological trauma following a disaster.

MHFA EMS/Fire Covers:

- A discussion of first responder culture, stigma and relevance to mental health
- Outreach tactics to respond to individuals experiencing a mental health crisis
- Specific risk factors faced by first responders
- Mental health resources for first responders

Register @ www.greatlakesrecovery.org/mhfa/



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Consortium & Partners



Updates

Survey for New R-CORP Project

Another HRSA planning grant has been awarded in the UP to address opioid misuse. FACE, or Facing Addiction through Community Engagement, is hosting a survey to help identify community needs around substance misuse in the UP. Give your feedback by visiting www.SUDfaceUP.org/surveys.

Coming Soon -- Commercial Campaign

Beginning in February, watch for monthly commercials raising awareness about addiction. Tune in to TV6 or keep an eye on our social media (bottom of page).

Resources

Monthly Provider Newsletter

Information, resources, wellness tips, and giveaways for UP doctors, counselors, EMS, etc. Sign up today @ <https://lp.constantcontactpages.com/su/YhU6yw9/BtS>

Impacts of COVID-19 on Rural Mental Health

Find the document online @ www.rcorp-ta.org/sites/default/files/2021-01/Impacts_of_COVID-19_on_Rural_Mental_Health_1.6.21.pdf



Facebook & Website

[@BeyondtheSave](https://www.facebook.com/BeyondtheSave)

www.BeyondtheSave.org

Contact Consortium Members



Crisis center serving the Upper Peninsula

www.dialhelp.org

BtS Contact Person: Ginny Machiela

Phone: 906-281-6061

Email: vmachiela@dialhelp.org

24/7 Crisis Line

Call 482-HELP

Text 35NEEDS



Substance abuse and mental health treatment for youth, families, and adults in 11 UP communities

www.greatlakesrecovery.org

BtS Contact Person: Ellen Lindblom

Phone: 906-228-9699, ext: 1002

Email: elindblom@greatlakesrecovery.org

MARQUETTE /
ALGER

**Medical
Control
Authority**

Supervises & coordinating EMS by geographic region

https://www.michigan.gov/mdhhs/0,5885,7-339-73970_5093_28508-132260--,00.html

BtS Contact Person: Katrina Rushford

Phone: 906-449-1561

Email: katrina.rushford@mghs.org



Supporting EMS professionals and EMS agencies that provide prehospital care in rural Michigan

www.mirems.org

BtS Contact Person: Shelly Hamilton

Phone: 989-272-3290

Email: info@mirems.org



Prepaid Inpatient Health Plan for the Upper Peninsula

www.northcarenetwork.org

BtS Contact Person: Gery Shelafoe

Phone: 906-225-7323

Email: gshelafoe@northcarenetwork.org