



July 2021

# QUARTERLY NEWSLETTER

## MISSION

To bridge the gaps between the behavioral health system and emergency medical care by engaging first responders in identification, treatment, and referral for substance use disorders

## Mental Health First Aid EMS/Fire

Mental Health First Aid for first responders focuses on the unique experiences and needs of firefighters and EMS personnel. It's a valuable resource that can make a difference in their lives, their coworkers' and families' lives, and the communities they serve.

The next class will be held August 19, from 11am - 3pm EST. Free for EMS/first responders from the Upper Peninsula and northern half of downstate Michigan.

The virtual class consists of a two-hour self-guided portion and a four-hour virtual class. Contact Brooke Tharp for more information at [btharp@glrc.org](mailto:btharp@glrc.org) or 906-228-9699, ext 1002. Register online at <https://glrc.org/mhfa/>.



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## Consortium & Partners



# Resources

## Provider Support Group

Support group for providers in the Substance Use Disorder, mental health, and primary care fields. Register at: [www.surveymonkey.com/r/MDBZB5X](http://www.surveymonkey.com/r/MDBZB5X).

## Upper Peninsula Resources Website

Find helpful tools, information, and resources in the Upper Peninsula. Visit the site at [www.upcommunityresources.com](http://www.upcommunityresources.com).

## EMS Leadership Academy

The EMS Leadership Academy is for new and current leaders, as well as anyone with an interest in the leadership and management of EMS. It is designed to give participants the basic tools and information needed to quickly and successfully assume the role of a leader. Since 2009, more than 2,000 leaders across the nation have participated in the Academy. Learn more & register at: [mcrh.msu.edu/programs/EMS%20Leadership%20Academy%20Workshops%20.html](http://mcrh.msu.edu/programs/EMS%20Leadership%20Academy%20Workshops%20.html).

## Syringe Services Programs Live Map

Syringe Service Programs (SSPs) are community-based prevention programs that seek to reduce harm to people using drugs and their communities. They provide a range of services, including linkage to substance use disorder treatment; access to and disposal of sterile syringes and injection equipment; and vaccination, testing, and linkage to care and treatment for infectious diseases. Find your local SSP with the Live Map at: [michigan.gov/mdhhs/0,5885,7-339-71550\\_2941\\_4871\\_93142\\_93144-498269--,00.html](http://michigan.gov/mdhhs/0,5885,7-339-71550_2941_4871_93142_93144-498269--,00.html)

## Commercials to Lower Stigma

In partnership with the FACE consortium ([www.906face.com](http://www.906face.com)), we have produced a number of commercials about topics related to substance Use Disorder. Learn more at [www.beyondthesave.org/commercials](http://www.beyondthesave.org/commercials).

## Beyond the Save on Instagram

We're now on Instagram! Check us out at [www.Instagram.com/beyondthesave](http://www.Instagram.com/beyondthesave).

# Coming Soon

## Free Narcan Distribution

Communities That Care (CTC) coalitions in 10 counties will be distributing free Narcan, funded by MI DHHS. Learn more at [www.UPCTC.com](http://www.UPCTC.com). Narcan is a medication designed to rapidly reverse opioid overdose.

## Services for Affected Others

Support for loved ones of those with addiction will soon be available UP-wide. Watch our [Facebook page](#) to learn more!

# Events of Interest

## July 27 @ 12pm EST: Grief and Managing an Overdose Death

How alcohol and drugs, such as heroin, effects thought processes and behaviors, particularly those living with HIV. Register at [https://us02web.zoom.us/webinar/register/WN\\_zNHBa6VnQpGcZQ-j\\_6FTHg](https://us02web.zoom.us/webinar/register/WN_zNHBa6VnQpGcZQ-j_6FTHg)

## July 28 @ 2pm EST: Substance Use and the Brain

Each death from the opioid epidemic results in many bereaved family members and friends. Healthcare providers are also impacted by these deaths. In this webinar, you will learn about grief and loss, grief reactions resulting from an overdose death and approaches in working with these grieving families. Managing cumulative grief will also be reviewed. Register at [pcssnow.org/event/grief-and-managing-an-overdose-death/](http://pcssnow.org/event/grief-and-managing-an-overdose-death/)

## August 5 @ 8pm EST: MAT Advocacy Meeting

National U.S. MAT Advocacy Meetings with the National Alliance for Medication Assisted (NAMA) Recovery. Learn more: [www.facebook.com/events/224126178703002/](http://www.facebook.com/events/224126178703002/).

# First Responder Trainings

All trainings on this page are free, online, and accredited by Commission on Accreditation for Pre-Hospital Continuing Education (CAPCE).

## Working on the Front Lines of the Opioid Crisis

Addresses the mental and physical stressors faced by firefighters, emergency medical services personnel, and police when responding to opioid overdose calls. Provides evidence-based coping strategies, resources, and exercises to help mitigate the impacts of these stressful events: [www.samhsa.gov/dtac/first-responders-training](http://www.samhsa.gov/dtac/first-responders-training)

## Creating Safe Scenes

Helps first responders—police, fire, and emergency medical services—work with individuals experiencing a mental health and/or substance use crisis: [www.samhsa.gov/dtac/creating-safe-scenes-training-course](http://www.samhsa.gov/dtac/creating-safe-scenes-training-course)

## Service to Self Training Course

Informs fire and emergency medical services (EMS) personnel about their increased risk of experiencing mental health and substance use issues and conditions. It also equips them with information and resources to address these issues in themselves or their peers: [www.samhsa.gov/dtac/service-to-self-training-course](http://www.samhsa.gov/dtac/service-to-self-training-course)

## Shield of Resilience Training Course

Provides law enforcement officers with a foundational skill set to better understand and address the behavioral health stressors that are unique to law enforcement. Learn ways to develop and build resiliency, and offer tips on where and how to seek help, if it is needed: [www.samhsa.gov/dtac/shield-resilience-training-course](http://www.samhsa.gov/dtac/shield-resilience-training-course)



**Facebook & Website**

[@BeyondtheSave](https://www.facebook.com/BeyondtheSave)

[www.BeyondtheSave.org](http://www.BeyondtheSave.org)

# Contact Consortium Members



**Crisis center serving the Upper Peninsula**

[www.dialhelp.org](http://www.dialhelp.org)

BtS Contact Person: Ginny Machiela

Phone: 906-281-6061

Email: [vmachiela@dialhelp.org](mailto:vmachiela@dialhelp.org)

**24/7 Crisis Line**

**Call 482-HELP**

**Text 35NEEDS**



**Substance abuse and mental health treatment for youth, families, and adults in 11 UP communities**

[www.greatlakesrecovery.org](http://www.greatlakesrecovery.org)

BtS Contact Person: Brooke Tharp

Phone: 906-228-9699, ext: 1002

Email: [btharp@greatlakesrecovery.org](mailto:btharp@greatlakesrecovery.org)

MARQUETTE /  
ALGER

**Medical  
Control  
Authority**

**Supervises & coordinating EMS by geographic region**

[https://www.michigan.gov/mdhhs/0,5885,7-339-73970\\_5093\\_28508-132260--,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-73970_5093_28508-132260--,00.html)

BtS Contact Person: Katrina Rushford

Phone: 906-449-1561

Email: [katrina.rushford@mghs.org](mailto:katrina.rushford@mghs.org)



**Supporting EMS professionals and EMS agencies that provide prehospital care in rural Michigan**

[www.mirems.org](http://www.mirems.org)

BtS Contact Person: Shelly Hamilton

Phone: 989-272-3290

Email: [info@mirems.org](mailto:info@mirems.org)



**Prepaid Inpatient Health Plan for the Upper Peninsula**

[www.northcarenetwork.org](http://www.northcarenetwork.org)

BtS Contact Person: Gery Shelafoe

Phone: 906-225-7323

Email: [gshelafoe@northcarenetwork.org](mailto:gshelafoe@northcarenetwork.org)