

Oracle Sound & Yoga Liability Waiver

Participant Waiver & Release of Liability

I, the undersigned, understand that yoga includes physical movement, breathwork, and relaxation techniques. As with any physical activity, there is a risk of injury, including but not limited to muscle strains, sprains, or other physical conditions. I acknowledge these risks and voluntarily choose to participate.

I agree to:

- Assumption of Risk: Participate at my own risk, acknowledging that my health and physical condition are my responsibility.
- Medical Disclosure: Inform the instructor of any injuries, health conditions, or limitations that may affect my practice.
- Release of Liability: Waive, release, and discharge [Markeysha Evans/Oracle Sound & Yoga] from any claims, demands, or liability for injuries or damages that may arise from participation.
- Voluntary Participation: Confirm that my participation is entirely voluntary and that I may stop at any time.
- Photo/Media Release (Optional): Grant permission for photos or videos taken during class to be used for educational or promotional purposes.

I have read and understood this waiver and release. I voluntarily agree to the terms and conditions stated above.

Name (Print): _____

Signature: _____

Date: _____