Bdote Safe Return to In-Person Learning Plan
2021-22

Decision-making overview:
To ensure the safety of staff, students and the community, Bdote Learning Center will be following the COVID-19 recommendations made by the Center for Disease Control and Minnesota department of Health -CDC/MDH.

MN Department of Health Decision Tree can be found here. This document addresses questions regarding specific symptoms that could indicate COVID-19 illness. Testing, quarantine and isolation recommendations are also included. Bdote follows MDH guidelines regarding testing and quarantine, outlined below.

COVID 19 Community Testing Sites

COVID 19 Vaccination
As of the time of publication of these guidelines, all Minnesotans 12 years of age and older are eligible to receive a COVID-19 vaccine. Minnesotans age 12 to 17 years old are eligible only for the Pfizer vaccine. Insurance is not required to receive the vaccine. To find a location visit https://vaccineconnector.mn.gov/.

Testing Positive for COVID-19 at Bdote
These guidelines are created in consultation with the Minneapolis Department of Health

The MDH guidelines state that a vaccinated person in close contact (within 6 feet for 15 minutes or more) to a COVID positive person does not need to quarantine but should monitor for symptoms. An unvaccinated person (children) who is directly exposed like this, does need to quarantine.

People who clinically test positive for COVID-19 should stay at home until these are true:
• They feel better. Their cough, shortness of breath, or other symptoms are better; and,
• It has been at least 10 days since they first felt sick or tested positive: and,
• They have had no fever for at least 24 hours, without using medicine that lowers fever
• They have a negative test result for COVID

Close contacts of COVID-19 cases

- To identify close contacts, Bdote Learning Center will gather and review the participant’s or staff member’s activity during the time they were infectious at the facility. Close contacts include anyone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more throughout the course of the day (24 hours).
- Unvaccinated participants (children) and staff who recently had close contact with a person with COVID-19 should stay home (quarantine) from school and all other activities until they meet criteria to return. Quarantine criteria are discussed below.

Recommendations for quarantine of close contacts

- Fully vaccinated people and those who have a clinically confirmed current positive SARS-COV-2 antibody test, and those who have had clinically-confirmed COVID-19 within the past 90-days are not recommended to quarantine, in most situations. This individual should monitor for symptoms.

- A 14-day quarantine is the safest recommendation for people who have been exposed to COVID-19. Programs are encouraged to determine when it is appropriate to use a shortened quarantine period of 7 or 10 days, and to consider vaccination and previous COVID-19 infection in developing quarantine policies. At Bdote, students in close contact may return after 7 days of quarantine with a negative COVID test if the test occurred on day 5 after exposure or later. (The COVID test is a PCR test, not an antigen test.) A link to sites with this test is here: https://mn.gov/covid19/get-tested/testing-locations/community-testing.jsp

Shortened Quarantine Period

Check the following that apply to your child (ALL must be checked to qualify):

- My child has been clinically tested for COVID-19 at least five full days after quarantining and the test results are negative. Negative results with an appropriate date (5+ days after exposure) must be provided to the school with this form. *Please note: day one of your quarantine starts the day after the exposure to the COVID positive case.
- My child has no symptoms.
- No one in my child’s household has tested positive for COVID-19 or has symptoms of COVID-19.
After the 7-day quarantine, I agree to monitor my child for symptoms through day 14 and keep them home if any symptoms appear.

COVID FAQs at Bdote Learning Center:

Will I need to wear a face covering in the school building?

- Yes, Face coverings are required by ALL persons inside the school building, regardless of vaccination status. Face coverings are also required to be worn outside during times of sustained close contact.

Does my student need to wear a face covering on the school bus?

- Yes, this is a federal requirement. Face coverings must be worn on all types of public transportation.

Will staff and volunteers in the school building need to be vaccinated?

- This needs Board direction

Will students in the school building need to be vaccinated?

- This needs Board direction

Will Bdote offer COVID screening testing for staff and/or students during the school year?

- Bdote is currently investigating screening options.

Will staff and students be required to quarantine or isolate if they test positive or are exposed to someone who tests positive?

- The most current MDH guidelines defining whether someone is considered a close contact will be used to determine if quarantine is recommended. Quarantine time frames and testing recommendations do vary some depending on whether the individual has been vaccinated or not, and the specifics of the situation. Notifications will be sent to those who are identified as close contacts. If someone has a positive COVID test, they will need to isolate for the time period recommended by MDH.

Will persons inside the school building need to maintain physical distancing?

- To the extent possible, we will aim for at least 3 feet of physical distancing between students in the classroom. CDC has recommended that schools provide in-person learning for all students. However, if physical distancing cannot be maintained at all times, it is important to layer other prevention strategies. Other measures that Bdote will take to
prevent the spread of COVID-19 are universal face coverings, individuals staying home when sick and getting tested, cleaning and disinfection, ventilation, contact tracing along with quarantine or isolation, vaccination of eligible persons, hand hygiene and screening testing.

Do staff and families need to inform the school if they are sick or have a child who is sick, has a positive COVID-19 test, or has been exposed to someone with COVID-19?

- Yes, please use the following email to report anything related to COVID-19 to the school info@bdote.org, or call the school office.
- If you or your child has symptoms that could be consistent with COVID, please stay home and get tested for COVID. You must wait for negative results and show proof of these lab-confirmed negative results before returning to school. Communication about results must clearly indicate the person’s name/DOB, date the test was performed, and the test results. Results cannot be accepted without the previous indicators.
- If a staff member or student has received a positive test result, the School Nurse will work with you to determine the date on which you can return to school.
- If a staff member or student has been exposed to someone who has tested positive, the School Nurse will work with you to determine recommended dates for testing and the date on which you can return to school.

Are these guidelines subject to change?

- Yes, Bdote will follow the most current recommendations made by the CDC/MDH. If the COVID-19 situation changes and the guidelines are updated by CDC or MDH, these same updates will apply to operations at Bdote.

What about other applications of the CDC/MDH guidelines that aren’t listed here?

- As situations arise during the school year, the guidelines recommended by the CDC and MDH will be consulted for the most up-to-date information. Recommendations will be made to school staff and families based on the specific situation and how it fits in with the current guidelines.