



House Rules

To ensure a safe, clean, and respectful living environment for everyone, all residents are expected to always follow these house rules:

General Rules

1. **No Unapproved Guests** – Visitors are only allowed with prior approval from management.
2. **No Drugs or Alcohol** – Absolutely no use or possession on the property.
3. **Do Not Tamper with Cameras** – Security cameras must not be unplugged, covered, or moved.
4. **Maintain Cleanliness** – Keep both personal and shared spaces clean at all times.
5. **No Medication Sharing** – Sharing or exchanging medications is strictly prohibited.
6. **No Pets** – Pets are not allowed unless approved by management.
7. **Respect Others** – Be kind, courteous, and respectful to everyone always.
8. **Noise Control** – No loud music or disruptive noise before 10 AM or after 7 PM.
9. **No Sleeping on Couches** – Overnight sleeping in common areas is not permitted.
10. **Parking** – Only park in designated areas. Do not block driveways or access points.

Cleaning Expectations

11. **Clean As You Go** – Always clean up immediately after using the kitchen, bathroom, or any shared space.
12. **Dishes** – Wash dishes right after use; do not leave them in the sink.



13. **Shared Areas** – Wipe down countertops, tables, and surfaces after use.
 14. **Trash Disposal** – Take out trash and recycling regularly. Replace liners after removing bags.
 15. **Refrigerator** – Clean spills immediately and throw out expired food.
 16. **Clutter-Free** – Keep shared spaces free of personal belongings.
 17. **Bathroom Etiquette** – Keep shared bathrooms clean, hang towels, wipe sinks, flush, and limit time during peak hours.
 18. **Vacuuming & Sweeping** – Sweep/vacuum high-traffic areas regularly to reduce dust buildup.
 19. **Laundry Area** – Clean the lint trap after every use. Wipe down machines after spills.
 20. **Chores Schedule** – Follow any posted cleaning/chore schedule to keep shared areas tidy.
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Curfews

21. **Kitchen Curfew** – No cooking after 9:00 PM.
 22. **Laundry Curfew** – No laundry after 8:00 PM.
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Food & Kitchen Rules

23. **No Stovetop Cooking** – Stovetop use is not permitted.
 24. **Respect Food Boundaries** – Only eat your own food. Do not take anything that isn't yours.
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☒ **Acknowledgment of Rules**

By signing below, I confirm that I have read, understand, and agree to follow all the house rules listed above while residing at **United Living Solutions**. I understand that failure to follow these rules may result in disciplinary action, including possible removal from the program.

Resident Name (Print): _____

Resident Signature: _____

Date: _____